

### Campeonato Nacional de Powerlifting Classic Damas

Name	Team	Div	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	IPF Points	Age & Points
<b>47 kg</b>																
Madelein Canto	S/C	F-O-U	46,10	1989	107,5	112,5	-115,0	62,5	65,0	67,5	132,5	137,5	-143,0	317,5	645,57	645,57
Gonzalez Nara	Vital	F-SJ-U	46,90	2007	90,0	95,0	-100,0	40,0	-45,0	-45,0	80,0	-85,0	-85,0	215,0	416,29	512,04
<b>52 kg</b>																
Guadalupe Cabral	S/C	F-O-U	51,10	1997	115,0	117,5	-120,0	75,0	77,5	80,0	150,0	155,0	-162,5	352,5	680,15	680,15
Maria Giraldez	Celta	F-SJ-U	51,80	2005	80,0	85,0	-90,0	55,0	-60,0	-60,0	85,0	90,0	95,0	235,0	437,39	494,25
Ana Paula Peralta	UltraM	F-SJ-U	48,00	2003	70,0	-75,0	75,0	30,0	35,0	-40,0	85,0	92,5	97,5	207,5	395,51	419,24
<b>57 kg</b>																
Daiana La Bella	S/C	F-O-U	56,30	1993	150,0	-155,0	-155,0	77,5	80,0	-82,5	147,5	152,5	160,0	390,0	717,12	717,12
Ludmila Lencinas	Fit Z	F-SJ-U	56,40	2004	75,0	-95,0	-95,0	25,0	30,0	-40,0	100,0	-122,5	-122,5	205,0	363,32	392,38
Veron Rita	Vital	F-J-U	54,60	2000	90,0	95,0	-100,0	-40,0	45,0	-50,0	105,0	115,0	-121,0	255,0	465,77	475,09
<b>63 kg</b>																
Perez Valeria	Vital	F-O-U	61,20	1996	120,0	130,0	-135,0	45,0	50,0	55,0	145,0	151,0	155,0	340,0	596,31	596,31
Cecilia Franco	Vital	F-O-U	61,70	1992	115,0	-122,5	122,5	65,0	70,5	73,0	115,0	120,0	125,0	320,5	558,84	558,84
Gonzalez Wanda	Vital	F-SJ-U	60,60	2007	110,0	115,0	-120,0	50,0	55,0	57,5	110,0	-120,0	-120,0	282,5	494,36	608,06
Frias Sofia	Vital	F-J-U	60,20	2000	105,0	-115,0	-115,0	42,5	47,5	-52,5	100,0	-105,0	-105,0	252,5	440,95	449,77
<b>69 kg</b>																
Benitez Gisela	Vital	F-O-U	66,00	1994	100,0	107,5	110,0	45,0	52,5	-55,5	115,0	125,0	132,5	295,0	497,79	497,79
Carolina Galarza	Fit Z	F-O-U	66,80	1995	-100,0	100,0	-107,5	45,0	-47,5	-50,0	100,0	-110,0	117,5	262,5	439,40	439,40
Zapata Rocio	Pante	F-O-U	63,40	1995	-75,0	75,0	80,0	45,0	-52,5	52,5	110,0	125,0	-137,5	257,5	440,19	440,19
Pruyas Victoria	Vital	F-SJ-U	66,60	2004	100,0	110,0	-115,0	47,5	52,5	55,0	115,0	130,0	135,0	300,0	504,45	544,81
Tello Edith Elizabeth	Pante	F-M1-U	65,30	1975	75,0	80,0	-90,0	40,0	47,5	52,5	105,0	115,0	122,5	255,0	430,47	459,74

<b>76 kg</b>																
Flavia Torres	Pw team	F-O-U	75,70	1989	143,0	153,0	-161,0	60,0	67,5	73,0	150,0	163,0	174,0	400,0	638,39	638,39
Lopez Antonia	Vital	F-O-U	71,50	1995	110,0	120,0	-125,0	50,0	-55,0	-55,0	140,0	150,0	160,0	330,0	539,13	539,13
Tello Cinthya Valeria	Pante	F-O-U	70,50	1990	100,0	-120,0	-125,0	45,0	52,5	-60,0	115,0	122,5	130,0	282,5	463,34	463,34
<b>84 kg</b>																
Haug Cristina	Corpo	F-J-U	79,90	1999	135,0	140,0	142,5	67,5	72,5	77,5	142,5	152,5	160,0	380,0	592,84	598,77
<b>84+ kg</b>																
Eliana Lopez	S/C	F-O-U	125,10	1987	120,0	130,0	140,0	80,0	85,0	86,5	130,0	145,0	-160,0	371,5	493,99	493,99
Imas, Pilar/95	Centro Vi	F-O-U	85,60	1995	90,0	100,0	-110,0	40,0	45,0	50,0	110,0	122,5	132,5	282,5	430,65	430,65
Rivera, Aitana/02	Orions	F-SJ-U	92,60	2002	50,0	60,0	70,0	25,0	35,0	-45,0	90,0	-105,0	-112,5	195,0	293,32	305,06

**Campeonato Nacional de bench press Classic Damas**

Name	Team	Div	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	IPF Points	Age & Points
<b>84+ kg</b>																
Rengelman, Veronica/77	Orions	F-M1-U	98,70	1977				65,0	-70,0	-70,0				65,0	463,44	483,37

**Campeonato Nacional de Powerlifting Classic - caballeros - 20 de noviembre de 2021**

Name	Team	Div	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	IPF Points	Age & Points
<b>53 kg</b>																
Rafael Navarro	Atlas	M-SJ-U	49,00	2003	95,0	105,0	113,0	55,0	-60,0	-60,0	140,0	151,0	-155,0	319,0	446,21	472,98
<b>59 kg</b>																
Aballay Mayco	Infiniti	M-SJ-U	57,30	2003	100,0	105,0	110,0	45,0	55,0	60,0	140,0	145,0	-150,0	315,0	375,79	398,33
Barros Jonatan	Apotdf	M-J-U	58,80	1999	-200,0	200,0	-205,0	105,0	113,5	118,0	230,0	238,0		556,0	712,36	719,49
Matias Alarcon	Fit Z	M-J-U	58,60	2000	140,0	145,0	150,0	70,0	75,0	-85,0	160,0	-170,0	-170,0	385,0	468,55	477,92
<b>66 kg</b>																
Villagra Sebastián	UltraM	M-O-U	65,30	1986	205,0	215,0	225,0	120,0	130,0	137,5	205,0	220,0	225,0	587,5	695,20	695,20
Darío Ahrens	Saiya	M-O-U	64,50	1989	180,0	-190,0	-190,0	110,0	115,0	-120,0	190,0	-200,0	-200,0	485,0	564,74	564,74
Sofiatto Bruno	Toro	M-O-U	64,40	1978	155,0	170,5	175,5	105,0	115,0	-117,5	170,0	185,0		475,5	552,72	569,85
Primo Alan	S/C	M-O-U	64,40	1991	135,0	145,0	155,0	70,0	75,0	80,0	140,0	150,0	160,0	395,0	444,76	444,76
Jose Villorodo	Fit Z	M-O-U	60,60	1996	100,0	110,0	120,0	80,0	85,0	-95,0	150,0	155,0	160,0	365,0	426,68	426,68
Sena Francisco	Vital	M-J-U	61,70	1999	155,0	165,0	-170,5	97,5	-102,5	-102,5	170,0	180,0	-190,0	442,5	527,13	532,41
Valenzuela Yamil	Vital	M-J-U	63,00	2001	-150,0	150,0	-160,0	90,0	-95,0	-95,0	185,0	195,0	-205,0	435,0	507,68	522,91
Nahuel Baez	Fit Z	M-J-U	65,00	1999	140,0	150,0	-160,0	85,0	-97,5	-97,5	170,0	180,0	-190,0	405,0	454,61	459,15
Fernández Gustavo	Estilo	M-J-U	63,30	1998	120,0	130,0	135,0	80,0	85,0	90,0	160,0	172,5	-180,0	397,5	454,73	454,73
Natan Rodriguez	Atlas	M-SJ-U	63,60	2005	120,0	-130,0	-130,0	60,0	-70,0	-70,0	150,0	-160,0	160,0	340,0	375,09	423,86

<b>74 kg</b>																	
Nahuel Omar Terzano	Panther	M-O-U	72,90	1994	190,0	<del>-200,0</del>	200,0	110,0	120,0	130,0	210,0	225,0	241,0	571,0	618,64	618,64	
Rumi Francisco	Toro	M-O-U	71,70	1996	177,5	182,5	<del>-185,0</del>	137,5	142,5	150,5	200,0	205,0	<del>-210,0</del>	538,0	585,26	585,26	
Ramirez Lucas	Vital	M-O-U	72,60	1995	175,0	<del>-182,5</del>	<del>-182,5</del>	100,0	<del>-105,0</del>	105,0	220,0	<del>-230,0</del>	<del>-240,5</del>	500,0	532,83	532,83	
Paileman, Eluney/96	Centro Vi	M-O-U	72,60	1996	<del>-150,0</del>	<del>-150,0</del>	<del>-150,0</del>	110,0	117,5	<del>-125,0</del>	0,0			0,0	0,00	0,00	
Nehuen Kosaruk	S/C	M-J-U	72,10	2001	150,0	<del>-160,0</del>	160,0	87,5	92,5	95,0	180,0	190,0	<del>-200,0</del>	445,0	467,39	481,41	
Alexis Ojeda	Atlas	M-J-U	73,60	1998	130,0	140,0	150,0	90,0	<del>-100,0</del>	100,0	170,0	<del>-185,0</del>	0,0	420,0	429,38	429,38	
Nicolas Vargas	Atlas	M-SJ-U	72,60	2003	<del>-151,0</del>	151,5	<del>-165,0</del>	85,0	90,0	<del>-95,0</del>	<del>-200,0</del>	215,0	217,5	459,0	482,18	511,11	
Rojas Nahuel	Toro	M-SJ-U	74,00	2004	145,0	151,0	157,5	100,0	107,5	111,5	175,0	180,0	190,0	459,0	475,16	513,17	
Ruben Pablo Serfaty	Regatas	M-M1-U	73,10	1975	120,0	135,0	<del>-145,0</del>	100,0	110,0	<del>-120,0</del>	140,0	160,0	180,0	425,0	437,82	467,59	
Carlos Burgos	Regatas	M-M2-U	73,40	1964	130,0	140,0	150,0	100,0	112,5	117,5	180,0	210,0	222,5	490,0	516,15	649,32	
<b>83 kg</b>																	
Hornos Matías	S/C	M-O-U	81,50	1992	175,0	185,0	195,0	110,0	120,0	125,0	220,0	230,0	240,0	560,0	558,15	558,15	
Ezequiel Aguirre	Vital	M-O-U	76,30	1995	185,0	<del>-190,0</del>	190,0	120,0	125,0	<del>-127,5</del>	200,0	210,0	220,0	535,0	555,19	555,19	
Cesan Hernan	Toro	M-O-U	81,90	1983	170,0	180,0	190,0	110,0	117,5	120,0	180,0	200,0	205,0	515,0	504,73	504,73	
Rauch Gustavo	Black	M-O-U	82,50	1991	170,0	177,5	185,0	105,0	112,5	120,0	190,0	<del>-205,0</del>	<del>-205,0</del>	495,0	479,33	479,33	
Gomez Dario	Vital	M-O-U	78,00	1996	170,0	<del>-180,0</del>	<del>-180,0</del>	110,0	115,0	120,0	190,0	200,0	<del>-210,0</del>	490,0	493,26	493,26	
Gino Leoni	UltraM	M-J-U	82,30	1998	195,0	201,0	210,0	125,0	130,0	137,5	232,5	241,0	252,5	600,0	600,00	600,00	
Lezcano Melgarejo M	Vital	M-J-U	82,90	2002	<del>-185,0</del>	185,0	190,0	95,0	100,0	<del>-102,5</del>	225,0	<del>-240,5</del>	<del>-241,5</del>	515,0	500,41	520,42	
Almaras Juan	Apotdf	M-J-U	81,70	2002	180,0	190,0	195,0	90,0	110,0	115,0	190,0	<del>-200,0</del>	<del>-200,0</del>	500,0	488,41	507,94	
Lucas Villa	Celta	M-SJ-U	80,70	2003	150,0	170,0	<del>-200,5</del>	85,0	100,0	<del>-105,0</del>	150,0	175,0	190,0	460,0	446,54	473,33	
Camargo, Raul/58	Centro Vi	M-M3-U	77,10	1958	145,0	155,0	<del>-160,0</del>	80,0	83,0	85,0	145,0	155,0	160,0	400,0	390,54	554,95	
Sergio Vega	Pw team	M-M2-U	75,30	1963	85,0	95,0	102,5	70,0	80,0	82,5	145,0	155,0	165,0	350,0	337,41	435,93	
Agüero David	Toro	M-M1-U	80,60		160,0	172,5	177,5	110,0	117,5	120,0	165,0	175,0	182,5	480,0	470,06	1198,18	
Arteaga Yefirson	S/C	Invitado	83,00	1989	205,0	215,0	<del>-225,0</del>	140,0	150,0	<del>-155,0</del>	235,0	250,0	265,0	630,0	630,56	630,56	

<b>93 kg</b>																
Castillo Luis Alberto	Saiya	M-O-U	90,20	1994	230,0	-240,0	-240,0	150,0	155,0	-160,0	270,0	280,0	-295,5	665,0	634,21	634,21
Rivadera Adrian	Pante	M-O-U	91,70	2002	210,0	225,0	240,5	132,5	140,0	147,5	250,0	270,0	-280,0	658,0	619,96	644,76
Luciano Bracco	S/C	M-O-U	91,30	1994	210,0	230,0	240,0	135,0	142,5	0,0	260,0	272,5	-285,0	655,0	618,50	618,50
Suarez Matias	S/C	M-O-U	92,00	1997	225,0	-235,0	245,0	157,5	165,0	0,0	232,5	242,5	-255,0	652,5	612,78	612,78
Marcelo Mendoza	Pw team	M-O-U	89,70	1977	200,0	217,5	0,0	160,0	171,5	175,0	180,0	200,0	220,0	612,5	579,57	604,49
Nicolas Nehuen Guarnieri	Panther	M-O-U	89,20	1994	180,0	190,0	200,0	125,0	135,0	-142,5	220,0	232,5	245,0	580,0	546,36	546,36
Maximiliano Ramirez	Fit Z	M-O-U	86,20	1994	200,0	210,0	-220,0	120,0	130,0	-142,5	75,0	150,0	200,0	540,0	514,69	514,69
Rivadera Adrian	Pante	M-J-U	91,70	2002	210,0	225,0	240,5	132,5	140,0	147,5	250,0	270,0	-280,0	658,0	619,96	644,76
Romero Enzo	Vital	M-J-U	91,70	1999	185,0	200,0	-205,0	112,5	117,5	-122,5	175,0	190,0	-200,0	507,5	458,78	463,37
Llancapan, Claudio/73	Centro Vi	M-M1-U	87,20	1973	145,0	150,0	-160,0	-105,0	107,5	110,0	170,0	180,0	185,0	445,0	405,89	445,26
<b>105 kg</b>																
Facundo Cataldo Rogala	Panther	M-O-U	97,40	1991	220,0	225,0	-232,5	120,0	130,0	-140,0	240,0	250,0	-260,0	605,0	541,71	541,71
Luciano Cassará	S/C	M-J-U	104,00	1998	220,0	225,0	230,0	153,0	160,0	165,0	25,0	0,0		420,0	335,03	335,03
Nestor Rios	Celta	M-M2-U	102,20	1962	60,0	0,0		135,0	145,0	150,0	100,0	160,0	180,0	390,0	308,70	405,94
<b>120 kg</b>																
Horacio Gomez	Regatas	M-M2-U	118,00	1963	200,0	215,0	225,0	100,0	0,0	0,0	190,0	210,0	230,0	555,0	435,09	562,13
Días George	UltraM	M-O-U	117,00	1987	210,0	220,0	232,5	150,0	160,0	170,0	270,0	285,0	-295,0	687,5	561,90	561,90
<b>120+ kg</b>																
Maidana Hector	Pw Fit	M-O-U	125,00	1985	251,0	265,0	280,0	120,0	0,0	0,0	200,0	0,0		600,0	461,56	461,56

### Campeonato Nacional de bench press classic caballeros

Name	Team	Div	Bwt - kg	Birth Year				BP-1	BP-2	BP-3				Best BP	IPF Points	Age & Points
<b>66 kg</b>																
Luna Maximiliano	Elite	M-M1-U	63,90	1972				75,0	80,0	-87,5				80,0	398,05	443,03
Romasanda Enrique	Toro	M-M3-U	64,20	1956				-72,5	72,5	-77,5				72,5	359,02	531,35
<b>74 kg</b>																
Paileman, Eluney/96	Centro Vi	M-O-U	72,60	1996				110,0	117,5	-125,0				117,5	527,54	527,54
Ruben Pablo Serfaty	Regatas	M-M1-U	73,10	1975				100,0	110,0	-120,0				110,0	491,14	524,53
Jose Luis Centanaro	Regatas	M-M4-U	72,90	1951				75,0	85,0	95,0				95,0	424,84	698,86
<b>83 kg</b>																
Facundo Collova	S/C	M-O-U	82,00	1996				140,0	150,0	-155,0				150,0	615,38	615,38
<b>93 kg</b>																
Almada Gustavo	Dimaro	M-O-U	88,70	1991				157,5	165,0	-173,0				165,0	641,10	641,10
Carriqueo Diego/80	Universo	M-O-U	90,00	1980				-150,0	155,0	160,0				160,0	615,62	621,78
Pagano Claudio	Dimaro	M-M3-U	88,90	1961				110,0	120,0	-125,0				120,0	465,45	623,70
<b>105 kg</b>																
Vigliante Sebastian	Elite	M-O-U	99,30	1988				165,0	175,0	180,0				180,0	649,90	649,90
Diego Carrizo	Pw team	M-M1-U	99,80	1979				155,0	170,0	175,0				175,0	629,87	642,47
Ruben Oscar Grañas	Pw team	M-M2-U	93,50	1970				125,0	135,0	142,5				142,5	534,66	613,26
<b>120 kg</b>																
Ayala Federico	Dimaro	M-O-U	111,50	1985				160,0	170,0	175,0				175,0	589,14	589,14
Calvo, Cebastian/83	Centro Vi	M-O-U	110,40	1983				150,0	-162,5	-162,5				150,0	508,01	508,01
Darío Montoro	Pw team	M-M1-U	106,70	1978				107,5	117,5	127,5				127,5	440,69	454,35
Huenelaf, Victor/73	Centro Vi	M-M1-U	105,40	1973				105,0	115,0	125,0				125,0	435,24	477,45
<b>120+kg</b>																
Aszykwisz Martin	Toro	M-O-U	124,70	1976				140,0	150,0	-152,5				150,0	474,26	500,34
Pelozo Juan Domingo	Toro	M-M3-U	119,00					-70,0	70,0	75,0				75,0	395,11	430,12

### Campeonato Nacional de powerlifting Equipado damas

Name	Team	Div	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	IPF Points	Age & Points
<b>76 kg</b>																
Mendoza Ailen	UltraM	F-SJ	75,90	2003	150,0	165,0	175,0	80,0	87,5	90,0	160,0	170,0	176,0	441,0	549,94	549,94

### Campeonato Nacional de powerlifting Equipado caballeros

Name	Team	Div	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	IPF Points	Age & Points
<b>59 kg</b>																
Avolio Alberto	Toro	M-M2-U	59,00	1963	-130,0	-130,0	-130,0	-85,0			-171,0			0,0	0,00	0,00
<b>66 kg</b>																
Santiago Romero	Pw Fit	M-JR	64,50	2002	150,0	160,0	-165,0	65,0	75,0	77,5	200,0	215,0	-225,0	452,5	464,91	483,50
Agustin Silva	Atlas	M-JR	60,50	2002	-170,0	170,0	-185,0	70,0	77,5	-82,5	170,0	180,0	-190,0	427,5	463,04	481,57
Pascual, Ricardo/73	Orions	M-M1	59,70	1973	165,0	170,0	-180,0	-135,0	-135,0	135,0	190,0	200,0	205,0	510,0	544,41	597,22
<b>74 kg</b>																
Agustin Villordo	Pw Fit	M-JR	73,00	2000	130,0	-145,0	-150,0	75,0	85,0	92,5	140,0	-170,0	170,0	392,5	380,31	387,92
Ruben Serfaty	Regatas	M-M1	72,50	1975	-160,0	160,0	-180,0	110,0	120,0	130,0	160,0	180,0	200,0	490,0	461,27	492,64
Carlos Burgos	Regatas	M-M2	72,70	1964	-170,0	170,0	180,0	110,0	120,0	130,0	200,0	220,0	232,5	542,5	503,11	632,91
<b>83 kg</b>																
Cesan Hernan	Toro	M-O	81,00	1983	175,0	200,0	220,0	115,0	125,0	130,0	190,0	210,0	-225,0	560,0	484,42	484,42
Facundo Ojeda	Pw Fit	M-JR	78,90	1999	190,0	-200,0	-200,0	100,0	105,0	-110,0	210,0	-230,0	-230,0	505,0	449,61	454,11
Hernandez Oscar/46	3 de feb	M-M4	75,90	1946	130,0	140,0	-150,0	55,0	0,0		150,0	170,0	-190,0	365,0	349,65	641,60
<b>93 kg</b>																
Alejandro Daniel Olivera	IronW	M-O	85,30	1991	230,0	240,0	250,0	150,0	160,0	-183,0	250,0	-260,0	260,0	670,0	551,05	551,05
Lopez Juan Gabriel	Atlas	M-JR	86,50	1998	160,0	180,0	190,0	95,0	105,0	0,0	180,0	190,0	-200,0	485,0	411,79	411,79
Rivera Pablo/71	Orions	M-M2	86,70	1971	-170,0	-180,0	180,0	120,0	130,0	135,0	200,0	210,0	215,0	530,0	444,02	501,75





S/C	S/C
ULTRA GYM	UltraM
Celta	Celta
VITAL CLUB	Vital
Guillote Gym	Guillote
FIT ZONE	Fit Z
Pantera	Pante
Powerlifting team	Pw team
Centro Dep. Viedma	Centro Vi
Orions	Orions
Toro	Toro
Corpo Sao	Corpo
Apotdf	Apotdf
Infiniti Power	Infiniti
Saiya Gym	Saiya
Estilo Gym	Estilo
Club Regatas Corrientes	Regatas
Black	Black
Power Fit	Pw Fit
Elite gym	Elite
Dimaro	Dimaro
3 de Febrero	3-feb
Iron Word	IronW
Atlas	Atlas
Panther TC	Panther
Universo	Universo