

# CAMPEONATO NACIONAL DE POWERLIFTING EQUIPADO

20 de Agosto de 2016 - Bs As

PESAJE : 09,30 hs

Referee: Federico Ayala - Jose Puente - Jesus Torres

Jurado: Jose Inguanti

## WOMEN

Categoría	LIFTER 'S NAMES	Gimnasio	weight	Squats			Bench			Deadlift			TOTAL	Coef
	<b><u>47 kg</u></b>													
Open	Vallinoto, Diana/86	Bushido	45,9	90,0	100,0	110,0	50,0	57,5	60,0	110,0	120,0	123,0	293,0	400,77
	<b><u>72 kg</u></b>													
Open	Maldonado Irene/89	Grecos	67,8	100,0	115,0	125,0	60,0	65,0	-70,0	135,0	145,0	-160,0	335,0	340,83
	<b><u>84 kg</u></b>													
M1/Open	Monica Coronel/70	Toro Comp	72,2	145,0	-150,0	150,0	60,0	-90,0	90,0	135,0	145,0	-152,5	385,0	375,07

## MEN

	<b><u>59,0</u></b>													
M4	Sardinez Oscar/40	Grecos	57,3	-140,0	140,0	-155,0	30,0	x	x	140,0	-155,0	155,0	325,0	289,38
	<b><u>66 kg</u></b>													
M2/Open	Avolio Alberto/64	Bs As Formas	62,3	-165,0	-165,0	-165,0	x	x	x	x	x	x	Desc	
M1	Pascual Ricardo/73	Bushido	62,9	-160,0	160,0	170,0	130,0	140,0	-150,0	180,0	190,0	200,0	510,0	417,08
	<b><u>74 Kg</u></b>													
Open	Vazquez Patricio/82	Grecos	73,5	-185,0	185,0	200,0	140,0	-150,0	-150,0	190,0	200,0	-210,0	540,0	390,31
Open	Sampinni, Dario	X Treme	73,6	130,0	140,0	150,0	70,0	77,5	85,0	140,0	150,0	-170,0	385,0	278,01
M1	Arias Ariel/75	Grecos	73,5	210,0	220,0	-235,0	152,5	157,5	-162,5	215,0	225,5	-235,0	603,0	435,85
	<b><u>83 Kg</u></b>													
Open	Baez Emanuel/93	Ab Irato	77,7	170,0	180,0	190,0	90,0	100,0	-110,0	220,0	230,0	240,0	530,0	368,72
M1	Palomas Miguel/67	Grecos	82,5	225,0	235,0	250,0	150,0	-155,0	x	230,0	240,0	252,5	652,5	437,11
M4	Hernandez Oscar/46	Bushido	78,6	140,0	150,0	165,0	70,0	75,0	80,0	175,0	195,0	210,0	455,0	314,18
Junior	Jonhy Cardozo/97	Ab Irato	82,1	220,0	230,0	-240,0	110,0	120,0	-130,0	220,0	230,0	-240,0	580,0	389,70

**CAMPEONATO NACIONAL DE POWERLIFTING EQUIPADO**

**20 de Agosto de 2016 - Bs As**

**PESAJE : 09,30 hs**

**Referee: Norberto Carrizo - Jose Puente - Alberto Sanz**

**Jurado: Jose Inguanti**

Categoría	LIFTER 'S NAMES	Gimnasio	weigth	Squats			Bench			Deadlift			TOTAL	
	<b><u>93 Kg</u></b>													
Open	Olivera Alejandro/91	Iron Word	87,0	230,0	-245,0	245,0	160,0	170,0	-180,0	260,0	270,0	280,0	695,0	451,68
M1	Rivera Pablo/71	Orion	83,1	170,0	180,0	-185,0	130,0	-140,0	140,0	-200,0	210,0	220,0	540,0	360,18
M2/Open	Alessio Roberto/58	Toro Comp	91,9	-250,0	x	x	x	x	x	x	x	x	Desc	
M2/Open	Telis Leonardo/63	Bs As Formas	91,5	-237,5	-237,5	-237,5	x	x	x	x	x	x	Desc	
Junior	Gallardo Federico/95	Grecos	91,2	230,0	240,0	250,5	120,0	155,0	-167,5	100,0	x	x	505,5	320,59
	<b><u>105 Kg</u></b>													
M1	Juan Jose Pasarello/67	Regatas Corr	102,8	240,0	260,0	270,0	-170,0	170,0	180,0	220,0	240,0	250,0	700,0	421,47
	<b><u>120 kg</u></b>													
M1/Open	Fontana Marcelo/71	Bs As Formas	113,0	250,0	-260,0	260,0	150,0	155,0	-160,0	220,0	230,0	-240,0	645,0	376,62
M2	Gomez Horacio/63	Regatas Corr	119,0	250,0	280,0	310,0	140,0	150,0	-160,0	230,0	250,0	270,0	730,0	420,55
	<b><u>120+ kg</u></b>													
M1/Open	Fasano Miguel /68	Bs As Formas	137,5	-140,0	140,0	x	130,0	-150,0	150,0	180,0	200,0	-230,0	490,0	274,55

**CAMPEONATO NACIONAL DE BENCH PRESS EQUIPADO**

20 de Agosto de 2016 - Bs As

PESAJE : 09,30 hs

Referee: Federico Ayala - Jose Puente - Jesus Torres

Jurado: Jose Inguanti

**WOMEN**

	<b><u>47 kg</u></b>											
Open	Vallinoto, Diana/86	Bushido				50,0	57,5	60,0				60,0
	<b><u>84 kg</u></b>											
M1	Monica Coronel/70	Toro Comp				60,0	-90,0	90,0				90,0
	<b><u>Men</u></b>											
	<b><u>74 kg</u></b>											
Open	Vazquez Patricio/82	Grecos				140,0	-150,0	-150,0				140,0
M1	Arias Ariel/75	Grecos				152,5	157,5	-162,5				157,5
	<b><u>83 kg</u></b>											
Open	Fontana, Ariel/71	NewLife				-160,0	160,0	-170,0				160,0
M1	Palomas Miguel/67	Grecos				150,0	-155,0	x				150,0

Referee: Norberto Carrizo - Jose Puente - Alberto Sanz

Jurado: Jose Inguanti

	<b><u>93 kg</u></b>											
Open	Penedo Martín/81	Bs As Formas				140,0	155,0	x				155,0
Junior	Gallardo Federico/95	Grecos				120,0	155,0	-167,5				155,0
M2	Pagano Claudio/61	Dimaro				150,0	170,0	-175,0				170,0
M3	Rodriguez José María/52	Oxido				77,0	82,5	85,0				85,0
	<b><u>105 kg</u></b>											
M2	Encina Ricardo/64	Toro Comp				160,0	170,0	180,0				180,0

# CAMPEONATO NACIONAL DE POWERLIFTING CLASSIC

**RONDA 1**

Sabado 8 de Octubre de 2016 - Bs As

PESAJE : 09,00 hs

Referee: Jesus Torres - Federico Ayala - Alberto Sanz - Alberto Avolio

## WOMEN

Categoría	LIFTER 'S NAMES	Gimnasio	weigth	Squats			Bench			Deadlift			TOTAL	Coef
	<b><u>47 kg</u></b>												0,0	
Open	Diana Vallinoto/86	Bushido	46,1	60,0	70,0	80,0	40,0	47,5	52,5	105,0	110,0	115,0	247,5	337,49
	<b><u>52 kg</u></b>												0,0	
Subjunior	Rocio Tonez/98	Lisfter Gym	Out	50,0	65,0	75,0	30,0	45,0	-50,0	100,0	110,0	x	230,0	
	<b><u>57 kg</u></b>												0,0	
Open	Carolina Gugliermo/80	Bs As Formas	56,4	-80,0	80,0	85,0	40,0	-45,0	-45,0	110,0	120,0	-132,5	245,0	286,67
Open	Veronica Moreno/81	Sport Life	54,7	60,0	75,0	87,5	35,0	42,5	-47,5	90,0	105,0	-110,0	235,0	281,65
Junior	Noelia Tavalla/95	Grecos	55,9	95,0	-105,0	105,0	45,0	50,0	-55,5	105,0	115,0	120,5	275,5	324,62
Open	Vanina Vergara/87	Lifter Gym	Out	60,0	70,0	x	40,0	45,0	-50,0	80,0	100,0	x	215,0	
	<b><u>63 kg</u></b>													
M1	Ines Zeballos/70	Toro Comp	59,0	100,0	110,0	-120,0	60,0	65,0	-70,0	110,0	130,0	150,0	325,0	367,09
	<b><u>72 kg</u></b>													
M1/Open	Monica Coronel/70	Toro Comp	71,2	110,0	120,0	131,0	70,0	77,5	80,0	135,0	145,5	150,0	361,0	355,01
Open	Irene Maldonado/89	Grecos	67,9	100,0	110,0	120,0	-60,0	60,0	-70,0	135,0	145,0	-150,0	325,0	330,30
M1/Open	Lovaiza Esdras/76	Bs As Formas	Out	110,0	-120,0	-120,0	50,0	-55,0	55,0	110,0	120,0	-130,0	285,0	
	<b><u>84+ kg</u></b>													
Open	Maria Billanueva/88	Stylo	96,3	150,0	-160,0	-160,0	60,0	70,0	82,5	170,0	180,0	187,5	420,0	353,85
Open	Flavia Torres/89	Olympic Gym	104,3	140,0	153,0	160,5	70,5	76,0	80,0	-166,0	-170,5	172,5	413,0	339,94
	<b><u>MEN</u></b>													
	<b><u>53 kg</u></b>													
Junior	Guan Zhiyong/94	Celta	48,4	100,0	112,5	-117,5	67,5	75,0	80,0	130,0	-140,0	145,0	337,5	357,89
	<b><u>59,0</u></b>													
Open	Lucas Medina/86	Toro Comp	58,2	125,0	132,5	-137,5	87,5	93,0	97,5	135,0	145,0	152,5	382,5	335,57
Junior	Gianluca Machio/96	Bs As Formas	56,4	100,0	-110,0	-110,0	70,0	80,0	85,0	120,0	135,0	145,0	330,0	298,35

# CAMPEONATO NACIONAL DE POWERLIFTING CLASSIC RONDA 2

Sabado 8 de Octubre de 2016 - Bs As

PESAJE : 09,00 hs

Referee: Norberto Carrizo - Jose Puentes - Irene Maldonado - Monica Coronel

## MEN

Categoría	LIFTER 'S NAMES	Gimnasio	weigth	Squats			Bench			Deadlift			TOTAL	
													0,0	
	<b>66 kg</b>												0,0	
Sub/Invit.	Gustavo Fernandez/98	Stylo Gym	58,4	120,0	130,0	-140,0	-70,0	-80,0	80,0	140,0	155,0	165,0	375,0	327,94
	<b>74 Kg</b>												0,0	
Open	Sebastian Villagra/86	Ultramar	72,7	175,0	190,0	205,0	80,0	90,0	100,0	215,0	230,0	-245,0	535,0	389,75
Open	Bruno Sofiato/78	Toro Comp	70,6	160,0	180,0	190,5	110,0	120,0	127,5	180,0	195,0	207,5	525,5	391,23
Open	Patricio Distefano/82	Grecos	73,4	170,0	175,0	177,5	130,0	135,0	137,5	190,0	205,0	-212,5	520,0	376,22
Open	David Ayala/90	Sport Life	73,9	-150,0	-160,0	165,0	105,0	115,0	-122,0	190,0	210,0	215,0	495,0	356,40
Open	Casanova Cristian/90	Dimaro	72,8	-142,5	142,5	147,5	105,0	-110,0	110,0	-172,5	172,5	-190,0	430,0	312,95
Open	Pablo Barbara/84	Stylo	72,8	-125,0	125,0	-140,0	85,0	92,5	-97,5	190,0	200,0	-205,0	417,5	303,86
Subjunior	Ezequiel Aquino/99	Stylo Gym	71,8	130,0	140,0	150,0	75,0	82,5	-87,5	160,0	175,0	185,0	417,5	306,95
Subjunior	Nicolas Riquelme/98	Eben-ezer	72,3	120,0	127,5	135,0	85,0	95,0	-100,0	140,0	150,0	-160,0	380,0	277,97

## RONDA 3

Categoría	LIFTER 'S NAMES	Gimnasio	weigth	Squats			Bench			Deadlift			TOTAL	
	<b>74 kg</b>												0,0	
Junior	Nicolas Perez/95	Grecos	73,9	150,5	-162,5	-162,5	105,0	110,0	-116,5	210,0	-220,0	-220,0	470,5	338,76
M2	Manuel Villanueva/64	Bs As Formas	72,5	-165,0	-165,0	-165,0	x	x	x	x	x	x	Desc	
	<b>83 Kg</b>												0,0	
Open	Pedro Gomez/85	Regatas Corr	81,5	235,0	247,5	x	120,0	x	x	237,5	250,0	-257,5	617,5	416,75
Open	Marcelo Mendoza/77	Olympic Gym	82,0	170,0	-180,0	x	130,0	142,5	-160,0	180,0	x	x	492,5	331,16
M1	Miguel Palomas/67	Grecos	81,6	180,0	190,0	200,0	115,0	125,0	-135,0	220,0	230,0	-240,0	555,0	374,29
M2/Open	Hugo Agostino/64	Toro Comp	81,7	180,0	195,0	202,5	120,0	130,0	-135,0	200,0	215,0	230,0	562,5	379,07
M3	Pablo Copa/56	Bs As Formas	80,8	60,0	-100,0	x	60,0	-80,0	x	100,0	120,0	x	240,0	162,84
Junior	Silvio Gutierrez/94	Stylo Gym	76,5	100,0	-110,0	-110,0	80,0	90,0	-100,0	160,0	172,5	-180,0	362,5	254,80

# CAMPEONATO NACIONAL DE POWERLIFTING CLASSIC

**RONDA 1**

**Domingo 9 de Octubre de 2016 - Bs As**

**PESAJE : 09,00 hs**

**Referee:** Norberto Carrizo - Irene Maldonado - Monica Coronel - Jesus Torres

## MEN

Categoría	LIFTER 'S NAMES	Gimnasio	weigth	Squats			Bench			Deadlift			TOTAL	
	<b><u>93 Kg</u></b>													
Open	Magnifico Luciano/92	Bs As Formas	92,1	220,0	230,0	235,0	140,0	150,0	160,0	261,0	280,0	-300,0	675,0	425,99
Open	Facundo Romero/85	Celta	92,2	237,5	247,5	-255,0	130,0	140,0	-145,0	220,0	240,0	247,5	635,0	400,56
Open	Edgard Sisi/91	Ultramar	90,2	190,0	200,0	210,0	130,0	142,5	147,5	220,0	235,0	247,5	605,0	385,81
Junior	Federico Gallardo/95	Greco	89,9	170,0	185,0	195,0	125,0	132,5	-141,0	210,0	215,0	220,0	547,5	349,74
Junior	Nicolas Quinteros/	Stylo Gym	91,9	145,0	157,5	-165,0	70,0	80,0	90,0	175,0	185,0	200,0	447,5	282,73
Subjunior	Leonel Nacif/98	Stylo Gym	91,7	-150,0	155,0	-160,0	90,0	100,0	105,0	185,0	195,0	205,0	465,0	294,11
Subjunior	Daniel Villanueva/98	Bs As Formas	91,5	145,0	-150,5	155,0	95,0	-107,5	-107,5	130,0	150,0	170,0	420,0	265,90
	<b><u>105 Kg</u></b>													
M1/Open	Virtuoso Diego/76	Bs As Formas	101,8	230,0	242,5	-255,0	180,0	190,0	200,0	240,0	255,0	x	697,5	421,57
M1	Juan Passarello/67	Regatas Corr	102,9	200,0	215,0	220,0	140,0	150,0	155,0	200,0	215,0	230,0	605,0	364,15
M2	Daniel Guidi/65	Iron Word	100,5	-170,0	-170,0	170,0	-130,0	-130,0	130,0	215,0	-217,5	x	515,0	312,81
	<b><u>120 kg</u></b>													
M2	Horacio Gomez/63	Regatas Corr	119,3	200,0	220,0	232,5	120,0	130,0	135,0	220,0	240,0	260,0	627,5	361,25
M2	Nestor Rios/62	Celta	113,7	150,0	-170,0	180,0	150,0	162,5	167,5	190,0	210,0	230,0	577,5	336,57
Junior	Agustin Villafaña/93	Celta	114,4	150,0	170,0	182,5	100,0	105,0	-110,0	215,0	225,0	-231,0	512,5	298,22
Subjunior	Mikel Sanchez/98	Stylo Gym	106,2	130,0	-150,0	150,0	90,0	105,0	115,0	-180,0	180,0	-195,0	445,0	264,86

# CAMPEONATO NACIONAL DE BENCH PRESS CLASSIC

Categoría	LIFTER 'S NAMES	Gimnasio	weigth	Squats			Bench			Deadlift			TOTAL	
	<b><u>Women</u></b>													
	<b><u>47 kg</u></b>												0,0	
Open	Diana Vallinoto/86	Bushido	46,1				40,0	47,5	52,5				52,5	71,59
	<b><u>63 kg</u></b>													
M1	Ines Zeballos/70	Toro Comp	59,0				60,0	65,0	-70,0				65,0	73,42
	<b><u>72 kg</u></b>													
M1/Open	Monica Coronel/70	Toro Comp	71,2				70,0	77,5	80,0				80,0	78,67
	<b><u>84+ kg</u></b>													
Open	Flavia Torres/89	Olympic Gym	104,3				70,5	76,0	80,0				80,0	65,85

<b><u>MEN</u></b>												
	<b><u>59,0</u></b>											
Open	Lucas Medina/86	Toro Comp	58,2			87,5	93,0	97,5			97,5	85,54
	<b><u>74 kg</u></b>											
Open	Patricio Distefano/82	Grecos	73,4			130,0	135,0	137,5			137,5	99,48
Open	Oscar Oviedo/84	Stylo Gym	70,5			85,0	95,0	105,0			105,0	78,26
Open	Pablo Barbara/84	Stylo	72,8			85,0	92,5	-97,5			92,5	67,32
Junior	Nicolas Perez/95	Grecos	73,9			105,0	110,0	-116,5			110,0	79,20
	<b><u>83 Kg</u></b>											
Open	Marcelo Mendoza/77	Olympic Gym	82,0			130,0	142,5	-160,0			142,5	95,82
Junior	Genaro Comparatore/97	Comca	79,6			120,0	127,5	-132,5			112,5	77,05
M1	Roman Vizca/67	Iron Word	82,8			140,0	150,0	160,5			160,5	107,29
M1	Dante Zeballos	Est La Plata	80,0			120,0	127,5	-135,0			127,5	87,04
M1	Miguel Palomas/67	Grecos	81,6			115,0	125,0	-135,0			125,0	84,30
M2	Hector Guttmann/66	New Life	75,4			100,0	110,0	112,5			112,5	79,86

### **CAMPEONATO NACIONAL DE BENCH PRESS CLASSIC**

Categoría	LIFTER 'S NAMES	Gimnasio	weigth	Squats	Bench	Deadlift	TOTAL
	<b><u>93 kg</u></b>						
M1	Claudio Palermo/70	Toro Comp	89,5		120,0	140,0	147,5
M2	Oscar Aristi/66	Fierros Viejos	91,5		132,5	142,5	147,5
Junior	Federico Gallardo/95	Grecos	89,9		125,0	132,5	-141,0
Subjunior	Ezequiel Candido	Comca	91,2		100,0	105,5	-107,5
	<b><u>105 kg</u></b>						
Open	Diego Carrizo/79	Est La Plata	98,6		150,0	165,0	175,0
Open	Romero Facundo/83	Eben-ezer	99,2		130,0	137,5	142,5
M1	Jose Pereira/72	Sport Life	101,8		150,0	160,0	172,5
M2	Ricardo Encina/64	Toro Comp	100,3		120,0	140,0	155,0
	<b><u>120 kg</u></b>						
Open	Gaston Aguirre/80	Grecos	117,6		145,0	155,0	-162,5
Open	Ivan Juarez/86	Stylo Gym	120,0		130,0	157,5	-165,0
M3	Norberto Carrizo/48	Est La Plata	110,0		-60,0	60,0	x