

## Campeonato Nacional de Powerlifting Classic Damas 2019 - Corrientes

**Horario: Pesaje: Viernes 1 de Nov - 09,00 hs Comienzo de la Competencia 11,00 hs**

Categoría	Apellido y Nombre	Peso	Gimnasio	Asociacion	Squat			Bench			Deadlift			Total	PL	BP
	47 kg															
Open	Madelein Canto/89	46,5	syc	Amelpo	90,0	95,0	100,0	52,5	-58,5		120,0	125,0	130,0	282,5	PL	
M1	Arosio Carina/75	47,0	Team Grasso gym	Asdtm	-75,0	-75,0	75,0	30,0	35,0	47,5	80,0	100,0	110,0	232,5	PL	
	52 kg															
Open	Ventrice Daniela/91	51,6	Grecos	Asalp	-100,0	-100,0	100,0	47,5	50,0	-52,5	130,0	140,0	146,0	296,0	PL	
Open	Escalante Natalia/92	50,8	Team Grasso gym	Asdtm	80,0	92,5	-100,0	40,0	-45,0	-45,0	95,0	105,0	115,0	247,5	PL	
Open	Gonzalez Maria/80	51,9	Team Grasso gym	Asdtm	70,0	80,0	-90,0	35,0	40,0	45,0	80,0	90,0	-102,5	215,0	PL	
Junior	Guadalupe Cabral/97	51,3	Celta	Amelpo	107,5	112,5		70,0	75,0	-80,0	130,0	135,0	-145,0	322,5	PL	
Sub	Vallejos Iara/01	50,5	Ultramar	Asdtm	75,0	82,5	87,5	35,0	40,0	42,5	80,0	92,5	100,0	230,0	PL	
M 1	Mariela Di Napoli/78	51,0	syc	Amelpo	75,0	80,0	87,5	42,5	47,5	-50,0	90,0	97,5	105,0	240,0	PL	
	57 kg															
Open	Daiana Labella/93	55,5	syc	Amelpo	140,0	147,5	-150,0	70,0	77,5	-80,0	140,0	150,0	-155,0	375,0	PL	
Open	Porcel Silvina/91	56,2	Team Grasso gym	Asdtm	105,0	-120,0	-120,0	40,0	50,0	57,5	110,0	125,0	-130,0	287,5	PL	
Open	Lopez Analia/90	56,6	C.R.C.	Asdtm	90,0	-100,0	105,0	-40,0	50,0	55,0	90,0	110,0	-130,0	270,0	PL	
	63 kg															
Open	Prette, Jesica A./86	60,4	Aros Sport	A.B.P.	100,0	107,5	-115,5	52,5	57,5	62,5	135,0	145,0	150,5	320,5	PL	
Open	Sarmiento Mercedes/83	62,2	C.R.C.	Asdtm	95,0	105,0	107,5	-55,0	-55,0	55,0	100,0	110,0	125,0	287,5	PL	
Open	Tamara Divita/88	62,1	syc	Amelpo	95,0	102,5	110,0	45,0	47,5	-50,0	110,0	120,0	-127,5	277,5	PL	
Open	López Giselle /86	61,9	Pampa Gym	Alepecha	85,0	92,5	-97,5	50,0	55,0	57,5	100,0	110,0	-130,0	260,0	PL	
Junior	Cabrera Fatima/99	60,0	Norte	ASALP	-110,0	110,0	120,0	52,5	60,0	-65,0	-100,0	100,0	110,5	290,5	PL	
M 2	Schapsis Mónica /64	58,5	Pampa Gym	Alepecha	65,0	70,0	-75,0	35,0	40,0	45,0	85,0	90,0	110,0	225,0	PL	
M 1	Bueno Zulma/76	59,8	C.R.C.	Asdtm	60,0	70,0	-72,5	-30,0	30,0	35,0	70,0	82,5	85,0	190,0	PL	
Open	Ruth Benítez/86	61,8	syc	Amelpo	100,0	105,0	-110,0	-50,0	-50,0	-50,0	-120,0			Desc	PL	
	72 kg															
Open	Sequeira Andrea/80	67,9	ClubdeFuerza de F	Alepecha	120,0	135,0	150,0	55,0	65,0	-75,0	145,0	165,0	-172,5	380,0	PL	
Open	Flavia Torres/89	72,0	Powerlifting TEAN	Amelpo	138,0	148,0	151,0	60,0	65,0	-75,0	147,0	158,0	-165,5	374,0	PL	
Sub	Poblete Lourdes/02	70,9	Grecos	Asalp	130,0	140,0	150,0	65,0	72,5	-80,0	140,0	150,0	155,0	377,5	PL	
Sub	Mendoza Fatima/03	71,4	Ultramar	Asdtm	120,0	142,5	-150,0	55,0	60,0	-65,0	135,0	147,5	160,0	362,5	PL	
	84 kg															
junior	Maria Cristina Haug/99	78,8	gym I.T.B.A	Apab	105,0	115,0	125,0	52,5	-60,0	-60,0	120,0	125,0	135,0	312,5	PL	
	84+ kg															
Open	Billanueva Eugenia/88	101,8	Atlas Gym	A.B.P.	180,0	190,0	200,0	70,0	80,0	-87,5	180,0	190,0	200,0	480,0	PL	
Open	Eliana Lopez/87	113,9	syc	Amelpo	115,0	125,0	185,0	77,5	-82,5	-82,5	115,0	150,0	140,0	412,5	PL	BP
M 1	Rengelman Veronica/77	98,8	Orions	A.B.P.				65,0	70,0	72,5						BP

## Campeonato Nacional de Powerlifting Classic Caballeros 2019 - Corrientes

**Horario: Pesaje: Viernes 1 Nov - 13,00 hs Comienzo de la Competencia 15,00 hs**

Categoría	Apellido y Nombre		Gimnasio	Asociacion	Squat			Bench			Deadlift			Total	PL	BP
	<u>59 kg</u>															
Open	Lucas Medina/86	58,4	Toro	Amelpo	135,0	142,5	150,0	90,0	97,5	-100,5	160,0	172,5	180,0	427,5	PL	BP
Open	Emilio Villegas/88	58,7	Powerlifting Team	Amelpo	-120,0	-127,5	-127,5	90,0	97,5	-100,5	150,0	160,0	165,0	142,5	PL	BP
	<u>66 kg</u>															
M1/Open	Bruno Sofiatto/78	63,3	Toro	Amelpo	140,0	160,0	170,0	100,0	110,0	-115,0	160,0	180,0	190,0	470,0	PL	
Sub	Grasso Facundo /01	65,9	Team Grasso gym	Asdtm	150,0	165,0	172,5	90,0			150,0	165,0	171,0	433,5	PL	
	<u>74 kg</u>															
M1/Open	Mendoza Marcelo/77	73,6	Powerlifting Team	Amelpo	160,0	175,0	-186,0	135,0	141,0	-146,0	175,0	190,0	-202,5	506,0	PL	BP
Open	Barbara Pablo/84	72,2	Atlas Gym	A.B.P.	130,0	140,0	-150,0	80,0	-90,0	90,0	180,0	198,0	-205,0	428,0	PL	BP
Open	Aquino Gullermo/93	72,8	Ultramar	Asdtm	110,0	117,5	125,0	65,0	72,5	77,5	115,0	120,0	130,0	332,5	PL	
M 1	Mauricio Ciorda/74	71,9	Toro	Amelpo	175,0	185,5	190,0	135,0	-142,5		185,0	192,5	200,0	525,0	PL	
M 1	Serfati Ruben/75	69,8	C.R.C.	Asdtm	80,0	100,0	-120,0	100,0	110,0	-115,0	130,0	150,0	170,0	380,0	PL	BP
M 2	Burgos Carlos/63	72,2	C.R.C.	Asdtm	140,0	-150,0	162,5	80,0			160,0			402,5	PL	

## Campeonato Nacional de Powerlifting Classic Caballeros 2019 - Corrientes

**Horario: Pesaje: Sabado 2 Nov - 09,00 hs Comienzo de la Competencia 10,00 hs**

Categoría	Apellido y Nombre		Gimnasio	Asociacion	Squat			Bench			Deadlift			Total	PL	BP
	<u>83 kg</u>															
Open	Gomez Pedro/85	80,7	C.R.C.	Asdtm	235,0	245,0	255,0	105,0	115,0	-122,5	240,0	252,5	-260,0	622,5	PL	
Open	Hernan Cesan/83	82,9	Toro	Amelpo	150,0	165,0	-175,0	90,0	100,0		205,0			470,0	PL	BP
Sub	Coria Santiago/01	81,7	Grecos	Asalp	185,0	196,0	200,0	90,0	100,0		205,0			505,0	PL	
Sub	Luna Alexis /01	81,9	Norte	ASALP	-130,0	-130,0	130,0	90,0	100,0	-102,5	-190,0	-190,0	-190,0	Desc	PL	
Junior	Collova Facundo/96	81,1	Grecos	Asalp	170,0	185,0	196,5	130,0	140,5	-143,0	210,0	230,0	-241,0	567,0	PL	
Junior	Mayol Nicolas/96	78,9	Celta	Amelpo	-180,0	190,0	197,5	120,0	130,0	-132,5	200,0	220,0	-240,5	547,5	PL	
Junior	Gino Leoni Visttoletti/98	80,9	Ultramar	Asdtm	168,5	176,0	185,0	110,0	117,5	-132,5	205,0	215,0	220,0	522,5	PL	
M 1	Soliz Victor/75	81,9	C.R.C.	Asdtm	70,0	100,0	110,0	95,0	105,0	110,0	130,0	150,0	165,0	385,0	PL	
M 2	Hugo Agostino/64	81,8	Toro	Amelpo	170,0	185,0	195,0	120,0	127,5	-132,5	200,0	215,0	225,0	547,5	PL	BP
M 2	Palomas Miguel/67	81,8	Grecos	Asalp	170,0	185,0	195,0	120,0	127,5	122,5	200,0	-215,0	-217,5	522,5	PL	
Open	Nicolas Vazquez/82	77,8	Toro	Amelpo				137,5	142,5	147,5				147,5		BP
Open	Mauricio Casanovas/85	81,4	Powerlifting Team	Amelpo				142,5	145,0	-152,5				145,0		BP
Open	Lucas Pappalardo/93	78,7	Oeste Fitness	Amelpo				-130,0	-130,0	-130,0				Desc		BP
M 1	Dante Zeballos	81,4	Powerlifting Team	Amelpo				110,0	117,5	122,5				122,5		BP
M 3	Centanaro Jose Luis/51	82,4	Hindu Club	Asdtm				75,0	-85,0	95,0				95,0		BP
	<u>93 kg</u>															
Open	Casanova Cristian/90	84,5	Dimaro	Amelpo	170,0	-182,5	182,5	120,0	125,0	-127,5	200,0	215,0	-220,0	522,5	PL	
Open/M3	Roberto Alessio/58	92,7	Toro	Amelpo	165,0	175,5	180,0	80,0	87,5	-92,5	220,0	235,0	-246,5	502,5	PL	BP
Open	Vazquez Nicolas/85	87,4	Aros Sport	A.B.P.	115,0	130,0	135,0	85,0	92,5	97,5	190,0	205,0	210,0	442,5	PL	
Open	Nahuel Lemos/91	87,7	Powerlifting Team	Amelpo	110,0	120,0	130,0	110,0	-115,0	115,0	120,0	130,0	140,0	385,0	PL	BP
Junior	Matías Suarez/97	90,4	syc	Amelpo	210,0	220,0	230,0	145,0	150,0	155,0	210,0	220,0	230,0	615,0	PL	BP
Junior	Millanao Samuel/98	91,3	SUM Margen Sur	Apotdf	180,0	190,0	200,0	97,5	105,0	-110,0	-237,5	245,0	-252,5	550,0	PL	
Junior	Requena Emanuel/96	91,8	Celta	Amelpo	170,0	180,0	190,0	105,0	115,0	120,0	210,0	225,0	235,0	545,0	PL	
M 2	Oscar Aristi/66	91,0	Toro	Amelpo	185,0	-195,0	195,0	125,0	135,0	-137,5	180,0	195,0	205,0	535,0	PL	BP
Open	Almada Gustavo	87,5	Dimaro	Amelpo				150,0	165,0	172,5				172,5		BP
M 1	Claudio Palermo/70	87,2	Toro	Amelpo				130,0	140,0	-145,0				140,0		BP
M 3	Ramirez Enrique/59	87,7	Toro	Amelpo				90,0	100,0	-110,0				100,0		BP

## Campeonato Nacional de Powerlifting Classic Caballeros 2019 - Corrientes

**Horario: Pesaje: Sabado 2 Nov - 13,00 hs Comienzo de la Competencia 15,00 hs**

105 kg															
Open	Diego Pavan/86	102,0	syc	Amelpo	220,0	230,0	-240,0	120,0	125,0	-130,0	210,0	220,0	230,0	585,0	PL
Open	Gomez Dario/85	98,2	Dimaro	Amelpo	160,0	170,0	175,0	130,0	135,0	137,5	220,0	232,5	237,5	550,0	PL
Open	Juan Tapia/94	105,0	Toro	Amelpo	200,0	210,0	-215,0	105,0	110,0	-115,0	215,0	230,0	-232,5	550,0	PL BP
Open	Garcia Pablo/91	103,4	Greco	Asalp	185,0	-195,0	-200,0	120,0	127,5	-132,5	210,0	220,0	232,5	545,0	PL
Sub	Bazzi Valentino/03	102,9	Ultramar	Asdtm	120,0	-135,0	135,0	80,0	85,0	-87,5	115,0	135,0	150,0	370,0	PL
Junior	Luciano Cassará/98	103,0	Celta	Amelpo	217,5	227,5	235,0	142,5	150,0	-155,0	262,5	272,5	-275,0	657,5	PL
Junior	Franke Mariano/99	100,6	Bio Deport Gim	Asdtm	200,0	215,0	22,5	135,0	140,0	152,5	250,0	270,0	-282,5	637,5	PL
M1/Open	Carrizo Diego	99,8	Powerlifting Team	Amelpo				157,5	170,0	180,0				180,0	BP
120 kg															
Open	Diaz Jorge/87	114,2	Ultramar	Asdtm	210,0	220,0	-230,0	145,0	155,0	-162,5	275,0	287,5	-295,0	662,5	PL
M 1	Catena Pablo/70	113,9	U.N.N.E.	Asdtm	200,0	210,0	215,0	110,0	120,0	130,0	-210,0	210,0	220,0	565,0	PL
M 2	Gomez Horacio/63	119,5	C.R.C.	Asdtm	200,0	220,0	235,0	60,0			220,0	240,0	-261,0	535,0	PL
M 2	Poletti Lionel/68	108,5	Dimaro	Amelpo				-155,0	-155,0	-155,0				Desc	BP
120+ kg															
Open	Gonzalez Martín/87	131,7	Fun Box	Alepecha	225,0	235,0	250,0	140,0	150,0	-162,5	250,0	267,5	-177,5	667,5	PL
Open	Ayala Federico/85	120,2	Dimaro	Amelpo				171,5	180,0	-182,5				180,0	BP

## Campeonato Nacional de Powerlifting Equipado 2019 - Corrientes

**Horario: Pesaje: Domingo 3 Nov - 09,00 hs Comienzo de la Competencia 10,00 hs**

Categoría	Apellido y Nombre		Gimnasio	Asociacion	Squat			Bench			Deadlift			Total	PL	BP
	<u>57 kg</u>															
Open	Sanchez Johana/95	56,1	Fitness Gym	Asdtm	110,0	115,0	120,0	35,0	40,0	45,0	127,5	135,0	143,0	308,0	PL	
	<u>72 kg</u>															
M 1	Moreno Laura/76	68,1	Fitness Gym	Asdtm	60,0	75,0	-85,0	35,0	-40,0	-40,0	95,0	110,0	120,0	230,0	PL	
	<u>66 kg</u>															
Open	Villagra Sebastian/86	65,4	Ultramar	Asdtm	260,0	280,0	290,0	170,0	-180,0		100,0	140,0	180,0	640,0	PL	
Junior	Castillo Guillermo /98	69,2	Norte	ASALP	180,0	190,5	210,0	140,0	150,0	157,5	215,0	235,0	-255,0	602,5	PL	
	<u>74 kg</u>															
Open	Gonzalez Rodrigo/93	67,5	Grecos	Asalp	150,0	160,0	170,0	90,0	-115,0	115,0	200,0	-220,0	-220,0	485,0	PL	
M 1	Rosas Mario/78	69,6	Rodeo	Acefis	-100,0	-100,0	120,0	75,0	85,0	95,0	140,0	150,0	160,0	375,0	PL	BP
M 2	Burgos Carlos/63	72,6	C.R.C.	Asdtm	160,0	180,0	-190,0	80,0			100,0			360,0	PL	
	<u>83 kg</u>															
Open	Hernan Cesan83	82,5	Toro	Amelpo	175,0	185,0	-195,0	90,0	117,5	125,0	180,0	200,0	210,0	520,0	PL	BP
M 2	Palomas Miguel/67	82,8	Grecos	Asalp	200,0	220,0	240,0	140,0	150,0	-155,0	200,0	220,0	245,0	635,0	PL	
	<u>93 kg</u>															
Open	Sisi Edgard/91	91,5	Ultramar	Asdtm	225,0	240,0	250,0	160,0	175,0	182,5	220,0	255,0	270,0	702,5	PL	
M 1	Rivera Pablo/71	86,3	Orions	A.B.P.	180,0	190,0	200,0	-120,0	130,0	140,0	200,0	215,0	-230,0	555,0	PL	
Open	Diaz Patricio/94	88,5	Comca	Amelpo				-160,0	-160,0	160,0				160,0		BP
Junior	Candido Ezequiel/99	86,9	Comca	Amelpo				-140,0	-140,0	140,0				140,0		BP
M 2	Osikowky Daniel/62	83,5	Comca	Amelpo				115,0	-117,5	117,5				117,5		BP
	<u>105 kg</u>															
Open	Tornatore Fabian/93	94,5	Comca	Amelpo				150,0	-152,5	152,5				152,5		BP
M 1	Gomez Jorge/75	100,1	Dimaro	Amelpo				-140,0	140,0	160,0				160,0		BP
	<u>120 kg</u>															
M 2	Goemz Horacio/63	120,0	C.R.C.	Asdtm	270,0	290,0	310,0	60,0	80,0		220,0	235,0		625,0	PL	
M 3	Juan Domingo Pelozo/54	116,2	Bs As Formas	Apab				100,0	-105,0	105,0				105,0		BP
	<u>120+ kg</u>															
M 1	Ramírez Eduardo/70	129,2	Pampa Gym	Alepecha	220,0	240,0	260,0	130,0	150,0	160,0	230,0	-150,0	250,0	670,0	PL	
M 1	Candido Cristian/77		Comca	Amelpo				175,0	185,0	-195,0				185,0		BP