

## RECORDS NACIONALES EQUIPADO - JULIO 2018

CABALLEROS OPEN		Equipado		
SENTADILLA				
59,0			200,0	
66,0	Villagra Sebastian/86	Ultramar	275,0	3-jul-18
74,0	Villagra Sebastian/86	Ultramar	285,0	10-sep-17
83,0	Guaquin Adrian/90	Bs As Formas	325,0	10-sep-17
93,0			290,0	
105,0	Lucero Martin/78	CRD	320,0	4-jun-11
120,0	Lucero Martin/78	CRD	340,0	16-ago-12
120+			350,0	
FUERZA EN BANCO				
59,0			117,5	
66,0	Villagra Sebastian/86	Ultramar	200,0	12-oct-13
74,0	Jimenez Diego/89	Bs As Formas	212,5	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	250,0	17-ago-11
93,0	Ayala Federico/85	Dimaro	182,5	17-dic-16
105,0	Lucero Martin/78	CRD	230,0	4-jun-11
120,0	Lucero Martin/78	CRD	240,0	16-ago-12
120+			210,0	
DESPEGUE				
59,0			200,0	
66,0	Villagra Sebastian/86	Ultramar	252,5	16-ago-12
74,0	Jimenez Diego/89	Bs As Formas	282,5	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	302,5	17-ago-11
93,0			290,0	
105,0	Lucero Martin/78	CRD	325,0	4-jun-11
120,0			340,0	
120+			350,0	
TOTAL				
59,0			470,0	
66,0	Villagra Sebastian/86	Ultramar	707,5	12-oct-13
74,0	Jimenez Diego/89	Bs As Formas	775,0	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	847,5	17-ago-11
93,0	Olivera Alejandro/91	Iron World	695,0	20-sep-16
105,0	Lucero Martin/78	CRD	875,0	4-jun-11
120,0	Lucero Martin/78	CRD	895,0	16-ago-12
120+			880,0	
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
59,0			117,5	
66,0	Villagra Sebastian/86	Ultramar	200,0	12-oct-13
74,0	Jimenez Diego/89	Bs As Formas	212,5	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	250,0	17-ago-11
93,0	Flego Branko	Alfa	211,0	8-oct-11
105,0	Lucero Martin/78	CRD	230,0	4-jun-11
120,0	Lucero Martin/78	CRD	240,0	16-ago-12
120+	Ayala Federico/85	Dimaro	230,0	7-oct-18

CABALLEROS JUNIOR		Equipado	
SENTADILLA			
53			165,0
59			180,0
66			190,0
74	Jimenez Diego/89	El Solar	265,0 4-jun-11
83	Miranda Nicolas/91	M.E.F	270,0 17-ago-11
93	Gallardo Federico/95	Grecos	251,0 10-sep-17
105	Soria Facundo/91	Soria	290,0 17-ago-11
120			275,0
120+			280,0
FUERZA EN BANCO			
53			95,0
59	Anfora Rodrigo A/88	Estilo gym	110,0 17-ago-11
66			125,0
74	Jimenez Diego/89	El Solar	202,5 13-oct-12
83	Miranda Nicolas/91	M.E.F	152,5 17-ago-11
93	Gallardo Federico/95	Grecos	170,0 10-sep-17
105	Soria Facundo/91	Soria	210,0 17-sep-11
120			190,0
120+			195,0
DESPEGUE			
53			165,0
59	Anfora Rodrigo A/88	Estilo gym	195,0 4-jun-11
66	Anfora Rodrigo A/88	Estilo gym	200,0 18-sep-11
74	Jimenez Diego/89	El Solar	260,0 14-oct-12
83	Miranda Nicolas/91	M.E.F	300,0 17-ago-11
93			250,0
105	Soria Facundo/91	Soria	272,5 17-ago-11
120			275,0
120+			280,0
TOTAL			
53			385,0
59	Anfora Rodrigo A/88	Estilo gym	465,0 17-ago-11
66	Anfora Rodrigo A/88	Estilo gym	470,0 18-sep-11
74	Jimenez Diego/89	El Solar	715,0 14-oct-12
83	Miranda Nicolas/91	M.E.F	772,5 17-ago-11
93	Gallardo Federico/95	Grecos	656,0 10-sep-17
105	Soria Facundo/91	Soria	772,5 17-ago-11
120			705,0
120+			720,0
FUERZA EN BANCO SIMPLE LEVANTAMIENTO			
53			95,0
59	Ezequiel San Vitale/	Fierros Viejos	115,0 8-oct-11
66			125,0
74	Jimenez Diego/89	El Solar	202,5 14-oct-12
83	Miranda Nicolas/91	M.E.F	152,5 17-ago-11
93	Barrionuevo, Emiliano	Vulcano	190,0 8-oct-11
105	Soria Facundo/91	Soria	210,0 17-sep-11
120			190,0
120+			195,0

CABALLEROS SUBJUNIOR		Equipado		
SENTADILLA				
53			145,0	
59			160,0	
66			170,0	
74			185,0	
83	Cardozo Jony	Ab-Irato	220,0	15-nov-15
93			220,0	
105			230,0	
120			235,0	
120+			240,0	
FUERZA EN BANCO				
53			82,5	
59			95,0	
66			110,0	
74			115,0	
83			130,0	
93			140,0	
105			155,0	
120			165,0	
120+			170,0	
DESPEGUE				
53			145,0	
59			160,0	
66			170,0	
74	Bentancur Alejandro/93	Vulcano	187,5	18-sep-11
83	Cardozo Jony	Ab-Irato	212,5	15-nov-15
93			220,0	
105			230,0	
120			235,0	
120+			240,0	
TOTAL				
53			335,0	
59			370,0	
66			405,0	
74	Bentancur Alejandro/93		457,5	18-sep-11
83	Cardozo Jony	Ab-Irato	542,5	15-nov-15
93			530,0	
105			590,0	
120			605,0	
120+			620,0	
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
53			82,5	
59			95,0	
66			110,0	
74			115,0	
83			130,0	
93			140,0	
105			155,0	
120			165,0	
120+			170,0	

CABALLEROS MASTER 1		Equipado		
SENTADILLA				
59			180,0	
66	Gimenez Pablino/60	C.Reg.Corr	195,5	14-oct-12
74	Arias Ariel/75	Grecos	220,0	20-ago-16
83	Palomas Miguel/67	Grecos	255,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	270,0	14-oct-12
105	Alessio Roberto/58	Toro Competicion	305,5	8-nov-14
120	Gomez Horacio/63	C.Reg.Corr	345,0	18-sep-15
120+	Gomez Horacio/63	Fitness 2000	320,0	21-jun-14
FUERZA EN BANCO				
59			110,0	
66	Inguanti Jose/63	Dimaro	160,0	4-jun-11
74	Inguanti Jose/63	Dimaro	205,0	14-oct-12
83	Palomas Miguel/67	Grecos	170,5	15-nov-15
93			160,0	
105	Pagano Claudio/61	Dimaro	185,5	7-dic-13
120			190,0	
120+			195,0	
DESPEGUE				
59			180,0	
66	Neiman Roberto	Fierros Viejos	210,0	14-oct-12
74	Burgos Carlos/64	Regatas Corr	230,0	7-oct-18
83	Palomas Miguel/67	Grecos	260,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	265,0	17-nov-12
105	Alessio Roberto/58	Toro Competicion	271,0	24-nov-13
120	Gomez Horacio/63	C.Reg.Corr	280,0	6-sep-14
120+			280,0	
TOTAL				
59			430,0	
66	Neiman Roberto	Fierros Viejos	520,0	14-oct-12
74	Arias Ariel/75	Grecos	603,5	20-ago-16
83	Palomas Miguel/67	Grecos	655,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	655,5	14-oct-12
105	Alessio Roberto/58	Toro Competicion	731,0	24-nov-13
120	Gomez Horacio/63	C.Reg.Corr	800,0	6-sep-14
120+	Gomez Horacio/63	Fitness 2000	755,0	21-jun-14
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
59			110,0	
66	Inguanti Jose/63	Dimaro	175,0	8-oct-11
74	Inguanti Jose/63	Dimaro	205,0	14-oct-12
83	Mendoza Marcelo/77	Olimpic Gym	185,0	10-sep-17
93	Mendoza Marcelo/77	Olimpic Gym	197,5	9-dic-17
105	Heiland Nestor/70	New Life	200,0	11-oct-15
120	Szczygol, Marcelo/67	New Life	240,0	11-dic-14
120+			195,0	

CABALLEROS MASTER 2		Equipado		
SENTADILLA				
59	Sardinez Oscar/42	Grecos	160,0	12-sep-13
66	Gimenez Pablino/60	C.Reg.Corr	195,5	14-oct-12
74	Inguanti Jose/63	Dimaro	200,0	12-sep-13
83	Palomas Miguel/67	Grecos	255,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	270,0	14-oct-12
105	Alessio Roberto/58	Toro Competicion	305,5	8-nov-14
120	Gomez Horacio/63	CRC	345,0	18-sep-15
120+	Gomez Horacio/63	Fitness 2000	320,0	21-jun-14
FUERZA EN BANCO				
59			80,0	
66	Gimenez Pablino/60	C.Reg.Corr	111,0	12-oct-13
74	Inguanti Jose/63	Dimaro	190,0	12-sep-13
83	Palomas Miguel/67	Grecos	155,0	7-oct-18
93	Pagano Claudio/61	Dimaro	170,0	6-nov-16
105	Pagano Claudio/61	Dimaro	185,5	7-dic-13
120	Gomez Horacio/63	CRC	180,0	6-sep-14
120+	Gomez Horacio/63	Fitness 2000	175,0	21-jun-14
DESPEGUE				
59	Sardinez Oscar/42	Grecos	170,5	12-sep-13
66	Avolio Alberto/64	Bs As Formas	195,0	10-oct-17
74	Burgos Carlos/64	Regatas Corr	230,0	7-oct-18
83	Palomas Miguel/67	Grecos	260,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	265,0	17-nov-12
105	Alessio Roberto/58	Toro Competicion	271,0	24-nov-13
120	Gomez Horacio/63	CRC	280,0	6-sep-14
120+	Gomez Horacio/63	Fitness 2000	260,0	21-jun-14
TOTAL				
59	Sardinez Oscar/42	Grecos	370,5	12-sep-13
66	Gimenez Pablino/60	C.Reg.Corr	481,0	14-oct-12
74	Inguanti Jose/63	Dimaro	560,0	12-sep-13
83	Palomas Miguel/67	Grecos	655,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	655,5	14-oct-12
105	Alessio Roberto/58	Toro Competicion	731,0	24-nov-13
120	Gomez Horacio/63	CRC	800,0	6-sep-14
120+	Gomez Horacio/63	Fitness 2000	755,0	21-jun-14
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
59			80,0	
66	Gimenez Pablino/60	C.Reg.Corr	110,0	17-ago-11
74	Inguanti Jose/63	Dimaro	197,5	23-nov-13
83	Palomas Miguel/67	Grecos	155,0	7-oct-18
93	Pagano Claudio/61	Dimaro	185,0	17-nov-12
105	Encina Ricardo/64	Cepar	196,0	15-nov-15
120	Gomez Horacio/63	CRC	180,0	6-sep-14
120+			160,0	

CABALLEROS MASTER 3		Equipado		
SENTADILLA				
59	Sardinez Oscar/42	Grecos	160,0	12-sep-13
66			150,0	
74	Hernandez Oscar/46	CUBB	170,0	4-jun-11
83	Hernandez Oscar/46	Bushido	182,5	12-oct-13
93			190,0	
105			200,0	
120			210,0	
120+			220,0	
FUERZA EN BANCO				
59			70,0	
66			80,0	
74			105,0	
83			120,0	
93			125,0	
105			130,0	
120			140,0	
120+			150,0	
DESPEGUE				
59	Sardinez Oscar/42	Grecos	170,5	12-sep-13
66			150,0	
74	Hernandez Oscar/46	CUBB	232,5	4-jun-11
83	Hernandez Oscar/46	Bushido	226,0	12-oct-13
93			190,0	
105			200,0	
120			210,0	
120+			220,0	
TOTAL				
59	Sardinez Oscar/42	Grecos	370,5	12-sep-13
66			355,0	
74	Hernandez Oscar/46	CUBB	495,0	4-jun-11
83	Hernandez Oscar/46	Bushido	493,5	12-oct-13
93			475,0	
105			510,0	
120			540,0	
120+			560,0	
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
59			70,0	
66			80,0	
74			105,0	
83			120,0	
93			125,0	
105			130,0	
120			140,0	
120+			150,0	

CABALLEROS MASTER 4		Equipado		
SENTADILLA				
59	Sardinez Oscar/42	Grecos	167,5	21-jun-14
66	Sardinez Oscar/40	Grecos	167,5	6-jul-13
74	Gambeta Jorge	Bs As Formas	150,0	11-oct-15
83	Hernandez Oscar/46	Bushido	165,0	20-ago-16
93			130,0	
105			135,0	
120			140,0	
120+			145,0	
FUERZA EN BANCO				
59			60,0	
66	MATA, JOSE/41	Vulcano	85,0	4-jun-11
74			80,0	
83			100,0	
93			110,0	
105			120,0	
120			130,0	
120+			140,0	
DESPEGUE				
59	Sardinez Oscar/40	Grecos	180,0	21-jun-14
66	Sardinez Oscar/40	Grecos	177,5	6-jul-13
74	Gambeta Jorge	Bs As Formas	160,0	11-oct-15
83	Hernandez Oscar/46	Bushido	210,0	20-ago-16
93			130,0	
105			135,0	
120			140,0	
120+			145,0	
TOTAL				
59	Sardinez Oscar/40	Grecos	387,5	21-jun-14
66	Sardinez Oscar/40	Grecos	385,0	6-jul-13
74	Gambeta Jorge	Bs As Formas	385,0	11-oct-15
83	Hernandez Oscar/46	Bushido	455,0	20-ago-16
93			335,0	
105			360,0	
120			390,0	
120+			410,0	
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
59			60,0	
66	MATA, JOSE/41	Vulcano	85,0	4-jun-11
74			80,0	
83			100,0	
93			110,0	
105			120,0	
120			130,0	
120+			140,0	