

RECORDS NACIONALES - SEPTIEMBRE 2017

DAMAS ABSOLUTA

SENTADILLA

47,0			117,5	
52,0			130,0	
57,0			142,5	
63,0			155,0	
72,0	Coronel Monica/70	Toro Comp.	172,5	21-jun-14
84,0			182,5	
84 +			190,0	

FUERZA EN BANCO

47,0			67,5	
52,0			77,5	
57,0			90,0	
63,0			97,5	
72,0	Coronel Monica/70	Toro Comp.	110,0	6-sep-14
84,0	Hernandez Alicia/76	2 T Gym	116,0	4-jun-11
84 +			120,0	

DESPEGUE

47,0	Vallinoto Diana/86	3 de Febrero	122,5	16-sep-15
52,0			130,0	
57,0			142,5	
63,0			155,0	
72,0			172,5	
84,0			182,5	
84 +			190,0	

TOTAL

47,0	Vallinoto Diana/86	3 de Febrero	287,5	6-sep-14
52,0			305,0	
57,0			340,0	
63,0			367,5	
72,0	Coronel Monica/70	Toro Comp.	433,0	21-jun-14
84,0	Hernandez Alicia/76	2 T Gym	448,5	4-jun-11
84 +			450,0	

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0			67,5	
52,0			77,5	
57,0			90,0	
63,0			97,5	
72,0	Coronel Monica/70	Toro Comp.	110,0	6-sep-14
84,0	Hernandez Alicia/76	2 T Gym	116,0	4-jun-11
84 +			120,0	

DAMAS JUNIOR

SENTADILLA

43,0			95,0	
47,0			105,0	
52,0			117,5	
57,0	Vaccaro Gabriela/88	Ultamar	132,5	18-sep-11
63,0			140,0	
72,0			152,5	
84,0			160,0	
84 +			165,0	

FUERZA EN BANCO

43,0			50,0	
47,0			55,0	
52,0			62,5	
57,0	Vaccaro Gabriela/88	Ultamar	72,5	18-sep-11
63,0			72,5	
72,0			82,5	
84,0			87,5	
84 +			92,5	

DESPEGUE

43,0			95,0	
47,0			105,0	
52,0			117,5	
57,0			127,5	
63,0			140,0	
72,0			152,5	
84,0			160,0	
84 +			165,0	

TOTAL

43,0			220,0	
47,0			240,0	
52,0			267,5	
57,0	Vaccaro Gabriela/88	Ultamar	322,5	18-sep-11
63,0			317,5	
72,0			347,5	
84,0			367,5	
84 +			380,0	

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

43,0			50,0	
47,0			55,0	
52,0			62,5	
57,0	Vaccaro Gabriela/88	Ultamar	72,5	18-sep-11
63,0			72,5	
72,0			82,5	
84,0			87,5	
84 +			92,5	

DAMAS SUBJUNIOR

SENTADILLA

43,0	80,0
47,0	87,5
52,0	95,0
57,0	105,0
63,0	110,0
72,0	115,0
84,0	120,0
84 +	125,0

FUERZA EN BANCO

43,0	40,0
47,0	45,0
52,0	50,0
57,0	55,0
63,0	60,0
72,0	67,5
84,0	75,0
84 +	77,5

DESPEGUE

43,0	80,0
47,0	87,5
52,0	95,0
57,0	105,0
63,0	110,0
72,0	115,0
84,0	120,0
84 +	125,0

TOTAL

43,0	190,0
47,0	200,0
52,0	215,0
57,0	240,0
63,0	252,5
72,0	270,0
84,0	285,0
84 +	300,0

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

43,0	40,0
47,0	45,0
52,0	50,0
57,0	55,0
63,0	60,0
72,0	67,5
84,0	75,0
84 +	77,5

DAMAS MASTER 1

SENTADILLA

47,0			105,0	
52,0			117,5	
57,0			127,5	
63,0			140,0	
72,0	Coronel Monica/70	Toro Comp.	172,5	21-jun-14
84,0	Coronel Monica/70	Toro Comp.	160,5	11-oct-15
84 +			165,0	

FUERZA EN BANCO

47,0			55,0	
52,0			62,5	
57,0	Zeballos Ines	Soria	80,0	4-jun-11
63,0			72,5	
72,0	Coronel Monica/70	Toro Comp.	110,0	6-sep-14
84,0			87,5	
84 +			92,5	

DESPEGUE

47,0			105,0	
52,0			117,5	
57,0	Zeballos Ines	Soria	150,0	4-jun-11
63,0			140,0	
72,0	Coronel Monica/70	Toro Comp.	160,0	6-sep-14
84,0			160,0	
84 +			165,0	

TOTAL

47,0			240,0	
52,0			267,5	
57,0	Zeballos Ines	Soria	390,0	4-jun-11
63,0			317,5	
72,0	Coronel Monica/70	Toro Comp.	433,0	21-jun-14
84,0	Coronel Monica/70	Toro Comp.	373,5	11-oct-15
84 +			380,0	

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0			55,0	
52,0			62,5	
57,0	Zeballos Ines	Soria	80,0	4-jun-11
63,0			72,5	
72,0	Coronel Monica/70	Toro Comp.	110,0	6-sep-14
84,0	Coronel Monica/70	Toro Comp.	90,0	20-ago-16
84 +			92,5	

DAMAS MASTER 2

SENTADILLA

47,0			60,0	
52,0			75,0	
57,0			82,5	
63,0			95,0	
72,0			100,0	
84,0			110,0	
84 +			117,5	

FUERZA EN BANCO

47,0			40,0	
52,0			45,0	
57,0	Sanz Sandra/64	Ab-irato	55,0	17-dic-16
63,0	Sanz Sandra/64	Ab-irato	70,0	6-sep-14
72,0			60,0	
84,0			65,0	
84 +			70,0	

DESPEGUE

47,0			60,0	
52,0			75,0	
57,0	Sanz Sandra/64	Ab-irato	85,0	17-dic-16
63,0	Sanz Sandra/64	Ab-irato	95,0	6-sep-14
72,0			100,0	
84,0			110,0	
84 +			117,5	

TOTAL

47,0			160,0	
52,0			180,0	
57,0	Sanz Sandra/64	Ab-irato	200,0	17-dic-16
63,0	Sanz Sandra/64	Ab-irato	250,0	6-sep-14
72,0			235,0	
84,0			255,0	
84 +			275,0	

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0			40,0	
52,0			45,0	
57,0			50,0	
63,0	Sanz Sandra/64	Ab-irato	70,0	6-sep-14
72,0	Cruz Gladis/	Ab-irato	90,0	7-dic-13
84,0	Chavez Graciela/59	Maxi Gim	80,0	8-oct-12
84 +			70,0	

DAMAS MASTER 3

SENTADILLA

47,0	47,5
52,0	52,5
57,0	57,5
63,0	62,5
72,0	72,5
84,0	82,5
84 +	85,0

FUERZA EN BANCO

47,0	30,0
52,0	35,0
57,0	40,0
63,0	45,0
72,0	50,0
84,0	55,0
84 +	60,0

DESPEGUE

47,0	47,5
52,0	52,5
57,0	57,5
63,0	62,5
72,0	72,5
84,0	82,5
84 +	85,0

TOTAL

47,0	115,0
52,0	125,0
57,0	140,0
63,0	155,0
72,0	175,0
84,0	195,0
84 +	215,0

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0	30,0
52,0	35,0
57,0	40,0
63,0	45,0
72,0	50,0
84,0	55,0
84 +	60,0