



# FEDERACCION SUDAMERICANA DE POTENCIA

Filiada a I.P.F. International Powerlifting Federation



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## 1 DEFINITION

### 1.1 Name

SOUTH AMERICAN POWERLIFTING FEDERATION, also known by the abbreviation FESUPO

It is an organization founded in 1977. The South American Powerlifting Federation is composed of affiliated Confederations and National Federations, which run the powerlifting modality in their respective Countries, within the South American Continent.

### 1.2 Objectives

1.2.1 Join powerlifting associations throughout South America.

1.2.2 Contribute to the development of the rules of sport.

1.2.3 Maintain a system for recording data and information.

1.2.4 Establish administrative and technical committees.

1.2.6 Promote and encourage the practice of powerlifting without the use of drugs.

1.2.7 Promote, sanction and supervise international powerlifting programs and competitions, including continental championships.

1.2.8 Establish and maintain a congress.



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## 2. EMBLEMS AND FLAGS

### 2.1 Emblem

The map of the South American continent, in white background and lilac outline, and inside the map, the figure, also in lilac, of an athlete performing the squatting movement.

### 2.2 Flag

2.2.1 The flag of FESOU is the emblem on a white background.

### 2.3 Authorization

2.3.1 The emblem should not be used without the authorization of FESUPO.

2.3.2 Only FESUPO can authorize the manufacture of its emblems, medals etc.

## 3 GENERAL PROVISIONS

3.1 In its activities, FESUPO follows the ideal and the Olympic principles.

3.2 No distinction is made between continents, countries or individuals on the basis of race, color, religion or politics.



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## 4 OFFICIAL LANGUAGE OF THE FOOD

4.1 The official language of FESUPO is Spanish.

4.2 All FESUPO publications and reports will be written in Spanish.

## 5 MEMBERS

### 5.1 Society

The FESUPO consists of the meeting of Confederations and National Federations active powerlifting, in their respective Countries, and only one organization will be recognized for each nation. And, only those who effectively integrate their respective Federation, Association or National Organization will be eligible to join the FESUPO staff.

5.2 The FESUPO shall be governed by a Congress composed of a maximum of two delegates from each nation, by a vote of each country, and by the members, with one vote each, of the Executive Committee. The members of the Executive Committee are restricted one vote, since the officials can not represent their nation and the Executive Committee of FESUPO.

## 6 OF THE BODIES OF THE FESUS

FESUPO is composed of the Congress, the Executive Committee and other Committees specific to each area.

## 7 CONGRESS

### 7.1 General Provisions



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7.1.1 Congress is the supreme power of FESUPO.

7.1.2 The Congress shall meet annually on the day preceding the start of the continental championship.

7.2 It shall be the responsibility of Congress to decide on:

7.2.1 The admission of a country, by means of two thirds of the votes of those present.

7.2.2 The Amendment and / or amendment of the Constitution, by an absolute majority of two-thirds of the votes.

7.2.3 The imposition, increase or cancellation of penalties for any violation of the Constitution or Rule.

7.2.6 Possible debts to FESUPO.

7.2.7 The control of FESUPO's revenue and expenses, as well as approve the accounts presented by the treasurer, by two-thirds of the votes, and approve the budget for the subsequent year.

7.2.8 The date and venue designation for special meetings of the Congress.

7.2.9 The possibility of considering and accepting proposed changes in the Constitution.

7.2.10 The election of the executive officers of FESUPO, which will run every two years.



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7.2.11 Election of other Committees. The specific Committees of FESUPO will include Medical, Technical, Disciplinary and Appeal.

## 8 THE EXECUTIVE COMMITTEE OF THE FESUPO

8.1 The Executive Committee of FESUPO is composed of President, Vice-President and Secretary, indicated by each Affiliated Country.

### 8.2 Powers

8.2.1 The Executive Committee shall:

8.2.1.1 To request, through the President, FESUPO meetings, which will preside over them, as well as the Congress.

8.2.1.2 Take all necessary measures for the improvement and well-being of the sport, including in the administrative sphere, always in accordance with the Constitution.

8.2.1.3 You are an ex-officio member of all committees.

8.2.1.4 The President exercises leadership in day-to-day activities, and in the long run, delegating responsibility for the completion of tasks, and making necessary contact with outside agencies to carry out FESUPO's interests.

8.2.2 The Secretary shall:



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8.2.2.1 Promote appropriate arrangements to maintain FESUPO and Congress records.

8.2.2.2 Issue all official observations of all meetings.

8.2.2.3 Maintain complete registration of competitions under the auspices of FESUPO. These records will include the results of the Championships, Newsletters and News.

8.2.2.4 To organize the meetings of the Congress, as well as the others.

8.2.2.5. Delegate some of the above-mentioned duties "to an assistant secretary", appointed by the executive, or the assistants, to execute him.

8.2.3. It will be u8.2.3.1 Receive all amounts due to FESUPO and deposit them into a bank account in the name of FESUPO.

8.2.3.2 Sign all checks, bills and receipts.

8.2.3.3 Pay all bills approved by the Presidency or Congress.

8.2.3.4 Deliver, when requested, the excess to the Secretary of Finance for the examination or other purposes, all values, clients, books, papers, vouchers and records relating to your office.

8.2.3.5 Collect all fees due to FESUPO.

## 9. ELECTION

### 9.1 Officials of FESUPO



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9.1.2 Elections for all officers shall take place every two years and shall be eligible for re-election for an unlimited number of terms.

9.2 The Doping Controller is responsible for:

9.2.1 Coordinate all procedures related to anti-doping examinations, carried out in the FEUSPO championships.

9.2.2 Provide the collection of material to carry out the respective examinations.

9.2.3. Inform the Secretary of the completion of the collection of material and the results of the examinations, and it is also necessary to communicate to the Disciplinary Committee any positive tests and to the official of the Internet for publication on the FESUPO website.

9.3. It is the responsibility of the Internet Officer:

9.3.1 Keep the FESUPO website updated with information and newsletters from the entity.

## 10. THE COMMITTEES

10.1 Each committee \* shall consist of a President elected by Congress and a maximum of six (6) members from the various nations to be appointed by the Executive Committee.

10.2 The Technical Committee shall:

10.2.1 Decide on issues relating to technical problems of rules.



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10.2.2 To appoint the head and side referees for FESUPO events, informing the Congress of the names of the referees indicated to act in the competitions.

10.2.3 Organize courses for referees before important competitions, such as the Continental Championship, and the expenses for the seminar for this purpose will be the responsibility of the organizer of the event.

10.2.4 Propose in Congress the withdrawal of an international arbitrator's credential from an arbitrator if he deems such action necessary.

10.2.5 Publish technical material dealing with training methods.

10.2.6 Establish conduct procedures for the officers' performance in competitions and prepare the summary of the work for the use of the appointed officers, specifying the specific duties during a competition.

10.2.7 Ensure that equipment used at Continental Championships complies with the requirements detailed and specified by IPF.

10.3 The Medical Committee shall:

10.3.1 Protect athletes' health.

13.3.2 Supervise the application of bandages and patches according to IPF rules, and notify the jury of this treatment.

13.3.3 Establish liaison with local physicians for the provision of medical treatment, transportation and ambulance service, if necessary, in the emergency.

13.3.4. Participate in all procedures related to anti-doping control.





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13.3.5 Conduct research and collect material relating to the field of sports medicine. Such material when approved to be distributed to affiliated nations.

13.3.6 Conduct specific studies regarding the treatment and prevention of sports injuries.

13.4 It is the responsibility of the Disciplinary Committee:

13.4.1 Investigate the Federations, athletes, officers and officials, by means of a complaint or fact that has actually occurred, concerning the following conduct:

- I) The \* action or omission that disrespect the sport.
- II) The action or omission that contradicts the best interests of FESUPO.
- III) The action or omission contrary to the provision set forth in this Constitution.
- IV) The action or omission that contravenes any rule accepted by IPF members.

13.4.1 After due process has been provided and the investigation completed, an appropriate penalty may be imposed for the offense committed.

13.5 The Appeal Committee shall:

13.5.1 Receiving, processing and adjudicating all appeals.

13.5.2 Such appeals shall be sent to the President of the Appeal Committee within one month of the written notification of the decision on which the appeal is based. A copy of the appeal must be sent to the Secretary.

13.5.3 The Appeal Committee shall, within one month of receipt of the documentation relating to the appeal, examine and investigate the matter, deciding on the appropriate penalty.



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13.5.4 The reasons for the appeal shall be in the hands of the members of the appeal committee and the Secretary General within one month before the date of the congress.

13.5.5 The appeal shall be with the Secretary General, who shall include it on the agenda of the Congress. Within a period of one month following the decision of the Congress, there will be the final appeal right to the arbitration court for the sport in Lausanne / Switzerland. The appeal committee may, in its absolute decision, waive or vary these time limits.

13.5.6 The Appeal Committee is composed of the President of Congress and four members. Members should not be the same as to the Treasurer:

13.5.7 After having examined all the facts and documents, the members of the committee shall render their decision and forward it to the Executive Committee, as well as to the National Federation concerned. The trials will be published in the FESUPO News Bulletin.

### 14 Regional Federations (refers to the South American)

14.1 The following federations are recognized: Argentina, Brazil, Ecuador, Peru, Venezuela and Uruguay.

14.1.1 Each Regional Federation shall be headed by a member of FESUPO for the purpose of promoting competitions within their own Country.

14.1.2 Regional Federations must be affiliated to FESUPO.

14.1.3 The rules must be in accordance with all IPF Statutes.

14.1.4 Competitions must comply with IPF technical rules.



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14.1.5 Regional Federations may issue licenses for their own competitions.

14.1.6 At regional championships, Regional Federations have authority to suspend athletes and coaches, as well as to examine disciplinary conduct. They should report these facts to FESUPO, who in turn can extend these decisions to the entire South American continent.

14.1.7 In the regional championships, the Regional Federations should reinforce the IPF anti-doping policy and a doping control should be carried out.

14.1.8 The Regional Federation shall recognize and accept the suspensions of all nations and members of FESUPO and IPF. The Regional Federations affiliated to FESUPO must submit the doping reports before March 31 of each year. This report should include the name of the athlete, the passport number, the start and end date of the suspension, and the substances detected.

### 15 Registration and Fees

15.1 The Congress will determine the value of registration at FESUPO events.

15.1.2. It will be up to the entities to pay the annual subscription to FESUPO. Registration must be paid on the day of the Congress. After payment, a receipt will be issued by the Treasurer. The country that does not effect its annual registration will not be able to participate or vote in the various FESUPO meetings. Its members can not participate in competitions or meetings organized by FESUPO, under the rules of IPF. Nor will they obtain ratification of their records. A notice will be issued to each Regional Federation that has not paid their registration by the end of January.