

RECORDS SUDAMERICANOS CLASSIC- Diciembre 2024

DAMAS OPEN

SQUAT	NOMBRE	NACION	MARCA	FECHA	LUGAR
47	Malagon Alejandra/94	Colombia	130.0	08-dic-16	Lima-Peru
52	Ochoa Vilma/80	Ecuador	147.5	03-jun-14	Potchefstroom
57	La Bella Daiana/93	Argentina	167.5	12-jun-23	Malta
63	Arias Yassmin/93	Chile	183.5	17-sep-24	Bs As - Arg
69	Tavares Cicera/76	Brazil	190.5	07-sep-22	Cacador-Brasil
76	Castellain Ana Rosa /85	Brazil	196.5	18-sep-19	Piriapolis-Uru
84	Zapata Karen/94	Colombia	198.0	03-jul-18	Guayaquil
84 +	Bernadote Maria Vitoria/01	Brasil	215.0	07-sep-22	Cacador-Brasil

BENCH PRESS

47	Canto Madelein/89	Argentina	70.5	17-sep-24	Bs As - Arg
52	Bueno Carmen/85	Ecuador	92.5	18-sep-19	Piriapolis-Uru
57	Kenia Monserrate/91	Ecuador	97.5	07-dic-17	Argentina
63	Gamez Jenny/72	Ecuador	110.0	08-dic-21	Guayaquil
69	Castellain Ana Rosa /85	Brazil	130.0	23-sep-21	Halmstad
76	Castellain Ana Rosa /85	Brazil	132.5	07-dic-17	Argentina
84	Castellain Ana Rosa /85	Brazil	125.0	16-jun-16	Killen-Usa
84 +	Collazo Carmen/84	Uruguay	111.0	17-sep-24	Bs As - Arg

DEADLIFT

47	Ana Lucia Ruiz/86	Peru	150.0	12-jun-23	Malta
52	Fernandez Carmen/76	Peru	177.5	01-dic-24	Bolivarianos
57	Kenia Monserrate/91	Ecuador	185.0	07-dic-17	Argentina
63	Ferreira Mikaela/91	Uruguay	203.0	17-sep-24	Bs As - Arg
69	Tavares Cicera/76	Brazil	220.0	07-sep-22	Cacador-Brasil
76	Castellain Ana Rosa /85	Brazil	214.0	18-sep-19	Piriapolis-Uru
84	Almeida Marina/90	Brazil	220.0	06-jun-22	Sun City
84 +	Gedeao Bianca/82	Brazil	235.0	17-sep-24	Bs As - Arg

TOTAL

47	Giulia Carvalho/99	Brasil	347.5	31-ago-22	Istambul
52	Ochoa Vilma/80	Ecuador	407.5	07-dic-17	Argentina
57	Kenia Monserrate/91	Ecuador	442.5	07-dic-17	Argentina
63	Castro Rosa/79	Ecuador	462.5	08-dic-16	Lima-Peru
69	Castellain Ana Rosa /85	Brazil	515.0	23-sep-21	Halmstad
76	Castellain Ana Rosa /85	Brazil	540.5	18-sep-19	Piriapolis-Uru
84	Castellain Ana Rosa /85	Brazil	527.5	16-jun-16	Killen-Usa
84 +	Gedeao Bianca/82	Brazil	530.5	17-sep-24	Bs As - Arg

BENCH PRESS SINGLE LIFT

47	Canto Madelein/89	Argentina	70.5	17-sep-24	Bs As - Arg
52	Bueno Carmen/85	Ecuador	92.5	18-sep-19	Piriapolis-Uru
57	Kenia Monserrate/91	Ecuador	97.5	07-dic-17	Argentina
63	Gamez Jenny/72	Ecuador	110.0	08-dic-21	Guayaquil
69	Castellain Ana Rosa /85	Brazil	130.0	23-sep-21	Halmstad
76	Castellain Ana Rosa /85	Brazil	132.5	07-dic-17	Argentina
84	Castellain Ana Rosa /85	Brazil	125.0	16-jun-16	Killen-Usa
84 +	Reitmann Judith/67	Uruguay	112.5	14-abr-23	Arnold-Brasil

DAMAS JUNIOR**SQUAT**

43	Castillejo Claris/08	Colombia	100.0	17-sep-24	Bs As - Arg
47	Malagon Alejandra/94	Colombia	130.0	08-dic-16	Lima-Peru
52	Romero Lady/01	Peru	133.0	17-sep-24	Lima-Peru
57	Soto Arcos Josefa/04	Chile	150.0	06-sep-23	Lima-Peru
63	Campos Ana/01	Colombia	160.0	17-sep-24	Bs As - Arg
69	Pulecio Giron Karen/02	Chile	165.5	06-sep-23	Lima-Peru
76	Ferreira Lurdes/03	Argentina	163.0	17-sep-24	Bs As - Arg
84	Garcia Joselyn/02	Ecuador	182.5	07-sep-22	Cacador-Brasil
84 +	Bernadote Maria Vitoria/01	Brasil	215.0	07-sep-22	Cacador-Brasil

BENCH PRESS

43	Bolivar Isabella/07	Colombia	43.0	17-sep-24	Bs As - Arg
47	Giulia Carvalho/99	Brasil	70.0	31-ago-22	Istambul
52	Romero Lady/98	Peru	80.5	08-dic-21	Guayaquil
57	Gabriela Nicole Galvez/02	Peru	93.5	06-sep-23	Lima-Peru
63	Aguinaga Johanna/93	Ecuador	90.0	04-jun-14	Potchefstroom
69	Madrid Antonia/01	Chile	87.5	17-sep-24	Bs As - Arg
76	Aguinaga Johanna/93	Ecuador	107.5	08-dic-16	Lima-Peru
84	Mendoza Ailen/03	Argentina	86.0	17-sep-24	Bs As - Arg
84 +	Bernadote Maria Vitoria/01	Brasil	102.5	01-sep-24	Malta

DEADLIFT

43	Castillejo Claris/08	Colombia	110.0	17-sep-24	Bs As - Arg
47	Giulia Carvalho/99	Brasil	147.5	31-ago-22	Istambul
52	Romero Lady/01	Peru	160.5	17-sep-24	Bs As - Arg
57	Ramos Frias Nayeli/02	Bolivia	170.0	06-sep-23	Lima-Peru
63	Vega Angela/01	Chile	171.0	07-sep-22	Cacador-Brasil
69	Madrid Antonia/01	Chile	180.0	17-sep-24	Bs As - Arg
76	Javiera Orellana/99	Chile	205.0	07-sep-22	Cacador-Brasil
84	Mendoza Ailen/03	Argentina	185.5	17-sep-24	Bs As - Arg
84 +	Poblete Lurdes/02	Argentina	182.5	17-sep-24	Bs As - Arg

TOTAL

43	Castillejo Claris/08	Colombia	250.0	17-sep-24	Bs As - Arg
47	Giulia Carvalho/99	Brasil	347.5	31-ago-22	Istambul
52	Romero Lady/01	Peru	368.5	17-sep-24	Bs As - Arg
57	Gabriela Nicole Galvez/02	Peru	383.5	06-sep-23	Lima-Peru
63	Vega Angela/01	Chile	406.5	07-sep-22	Cacador-Brasil
69	Madrid Antonia/01	Chile	427.5	17-sep-24	Bs As - Arg
76	Javiera Orellana/99	Chile	452.5	07-sep-22	Cacador-Brasil
84	Garcia Joselyn/02	Ecuador	447.5	07-sep-22	Cacador-Brasil
84 +	Bernadote Maria Vitoria/01	Brasil	495.0	07-sep-22	Cacador-Brasil

BENCH PRESS SINGLE LIFT

43	Bolivar Isabella/07	Colombia	43.0	17-sep-24	Bs As - Arg
47	Giulia Carvalho/99	Brasil	70.0	31-ago-22	Istambul
52	Romero Lady/98	Peru	80.5	08-dic-21	Guayaquil
57	Gabriela Nicole Galvez/02	Peru	93.5	06-sep-23	Lima-Peru
63	Aguinaga Johanna/93	Ecuador	90.0	04-jun-14	Potchefstroom
69	Madrid Antonia/01	Chile	87.5	17-sep-24	Bs As - Arg
76	Aguinaga Johanna/93	Ecuador	107.5	08-dic-16	Lima-Peru
84	Mendoza Ailen/03	Argentina	86.0	17-sep-24	Bs As - Arg
84 +	Bernadote Maria Vitoria/01	Brasil	102.5	01-sep-24	Malta

DAMAS SUBJUNIOR**SQUAT**

43	Castillejo Claris/08	Colombia	100.0	17-sep-24	Bs As - Arg
47	Perez Antonella/04	Chile	103.0	07-sep-22	Cacador-Brasil
52	Segovia Tarifa Andrea/06	Bolivia	125.0	06-sep-23	Lima-Peru
57	Josefa Soto/04	Chile	122.5	07-sep-22	Cacador-Brasil
63	Prada Angelina Arlet/06	Peru	140.0	17-sep-24	Bs As - Arg
69	Rivas Martina/07	Uruguay	160.0	17-sep-24	Bs As - Arg
76	Muñoz Barbara/08	Chile	150.0	07-sep-22	Cacador-Brasil
84	Navas Romina/04	Ecuador	125.0	08-dic-21	Guayaquil
84 +	Mantilla Lizbeth/02	Ecuador	130.0	03-jul-18	Guayaquil

BENCH PRESS

43	Bolivar Isabella/07	Colombia	43.0	17-sep-24	Bs As - Arg
47	Perez Antonella/04	Chile	50.0	07-sep-22	Cacador-Brasil
52	Quishpe Nathaly/06	Ecuador	67.5	28-ago-24	Malta
57	Josefa Soto/04	Chile	66.0	07-sep-22	Cacador-Brasil
63	Oviedo Leticia/99	Chile	80.0	07-dic-17	Argentina
69	Gallardo Ema/07	Chile	84.0	17-sep-24	Bs As - Arg
76	Cely Jireh Bejares/05	Peru	80.0	06-sep-23	Lima-Peru
84	Armas Salome/98	Ecuador	75.0	08-dic-16	Lima-Peru
84 +	Mantilla Lizbeth/02	Ecuador	55.0	03-jul-18	Guayaquil

DEADLIFT

43	Castillejo Claris/08	Colombia	110.0	17-sep-24	Bs As - Arg
47	Perez Antonella/04	Chile	120.0	07-sep-22	Cacador-Brasil
52	Segovia Tarifa Andrea/06	Bolivia	140.0	06-sep-23	Lima-Peru
57	Coloma Naomi/07	Ecuador	150.0	17-sep-24	Bs As - Arg
63	Nunez Francisca/06	Chile	168.5	17-sep-24	Bs As - Arg
69	Rodriguez Leysi/06	Peru	155.5	17-sep-24	Bs As - Arg
76	Lopez Claudia/07	Peru	157.5	17-sep-24	Bs As - Arg
84	Puppi Guilia/03	Brazil	140.5	03-jul-18	Guayaquil
84 +	Mantilla Lizbeth/02	Ecuador	130.0	03-jul-18	Guayaquil

TOTAL

43	Castillejo Claris/08	Colombia	250.0	17-sep-24	Bs As - Arg
47	Perez Antonella/04	Chile	272.5	07-sep-22	Cacador-Brasil
52	Quishpe Nathaly/06	Ecuador	322.5	28-ago-24	Malta
57	Jativa Mery/92	Ecuador	320.0	16-sep-15	Ribeirao Preto
63	Nunez Francisca/06	Chile	368.5	17-sep-24	Bs As - Arg
69	Rivas Martina/07	Uruguay	385.0	17-sep-24	Bs As - Arg
76	Lopez Claudia/07	Peru	357.5	17-sep-24	Bs As - Arg
84	Armas Salome/98	Ecuador	330.0	08-dic-16	Lima-Peru
84 +	Mantilla Lizbeth/02	Ecuador	315.0	03-jul-18	Guayaquil

BENCH PRESS SINGLE LIFT

43	Bolivar Isabella/07	Colombia	43.0	17-sep-24	Bs As - Arg
47	Perez Antonella/04	Chile	50.0	07-sep-22	Cacador-Brasil
52	Quishpe Nathaly/	Ecuador	67.5	28-ago-24	Malta
57	Josefa Soto/04	Chile	66.0	07-sep-22	Cacador-Brasil
63	Oviedo Leticia/99	Chile	80.0	07-dic-17	Argentina
69	Gallardo Ema/07	Chile	84.0	17-sep-24	Bs As - Arg
76	Cely Jireh Bejares/05	Peru	80.0	06-sep-23	Lima-Peru
84	Armas Salome/98	Ecuador	75.0	08-dic-16	Lima-Peru
84 +	Mantilla Lizbeth/02	Ecuador	55.0	03-jul-18	Guayaquil

DAMAS MASTER 1**SQUAT**

47	Luciano Maribel/78	Peru	102.5	06-sep-23	Lima-Peru
52	Fernandez Carmen/76	Peru	140.0	06-sep-23	Lima-Peru
57	Alvarez Vanessa/78	Brazil	152.5	17-jun-18	Canada-Calgary
63	Tavares Cicera/76	Brazil	175.0	17-jun-18	Canada-Calgary
69	Tavares Cicera/76	Brazil	190.5	07-sep-22	Cacador-Brasil
76	Zolyome Iolanda/77	Brazil	180.0	07-sep-22	Cacador-Brasil
84	Sandra Teixeira/78	Brazil	163.0	07-sep-22	Cacador-Brasil
84 +	Reitmann Judith/67	Uruguay	202.5	07-dic-17	Argentina

BENCH PRESS

47	Mina Liliana/70	Peru	55.0	08-dic-21	Guayaquil
52	Segade Shanny/76	Brazil	77.5	17-jun-18	Canada-Calgary
57	Morales Vanesa/76	Uruguay	80.0	06-sep-23	Lima-Peru
63	Gamez Jenny/72	Ecuador	110.0	08-dic-21	Guayaquil
69	Tavares Cicera/76	Brazil	102.5	23-sep-21	Arnold-Brasil
76	Zolyome Iolanda/77	Brazil	117.5	29-abr-22	Arnold-Brasil
84	Sandra Teixeira/78	Brazil	80.0	29-abr-22	Arnold-Brasil
84 +	Gedeao Bianca Soares/82	Brazil	110.5	17-sep-24	Bs As - Arg

DEADLIFT

47	Luciano Maribel/78	Peru	120.5	06-sep-23	Lima-Peru
52	Fernandez Carmen/76	Peru	162.5	08-dic-16	Lima-Peru
57	Alvarez Vanessa/78	Brazil	172.5	17-jun-18	Canada-Calgary
63	Tavares Cicera/76	Brazil	192.5	17-jun-18	Canada-Calgary
69	Tavares Cicera/76	Brazil	220.0	07-sep-22	Cacador-Brasil
76	Zolyome Iolanda/77	Brazil	208.0	07-sep-22	Cacador-Brasil
84	Sandra Teixeira/78	Brazil	196.0	07-sep-22	Cacador-Brasil
84 +	Gedeao Bianca/82	Brazil	235.0	17-sep-24	Bs As - Arg

TOTAL

47	Luciano Maribel/78	Peru	273.0	06-sep-23	Lima-Peru
52	Fernandez Carmen/76	Peru	367.5	06-sep-23	Lima-Peru
57	Alvarez Vanessa/78	Brazil	385.0	17-jun-18	Canada-Calgary
63	Tavares Cicera/76	Brazil	462.5	17-jun-18	Canada-Calgary
69	Tavares Cicera/76	Brazil	508.0	07-sep-22	Cacador-Brasil
76	Zolyome Iolanda/77	Brazil	502.5	29-abr-22	Arnold-Brasil
84	Sandra Teixeira/78	Brazil	437.5	29-abr-22	Arnold-Brasil
84 +	Gedeao Bianca/82	Brazil	530.5	17-sep-24	Bs As - Arg

BENCH PRESS SINGLE LIFT

47	Ferreira Daniela/78	Brazil	50.0	18-sep-19	Piriapolis-Uru
52	Segade Shanny/75	Brazil	72.5	07-dic-17	Argentina
57	Morales Vanesa/76	Uruguay	80.0	06-sep-23	Lima-Peru
63	Gamez Jenny/72	Ecuador	110.0	08-dic-21	Guayaquil
69	Tavares Cicera/76	Brazil	102.5	23-sep-21	Arnold-Brasil
76	Zolyome Iolanda/77	Brazil	117.5	22-sep-22	Arnold-Brasil
84	Sandra Teixeira/78	Brazil	80.0	29-abr-22	Arnold-Brasil
84 +	Reitmann Judith/67	Uruguay	112.5	14-abr-23	Arnold-Brasil

DAMAS MASTER 2**SQUAT**

47	Mina Liliana/70	Peru	87.5	08-dic-21	Guayaquil
52	Mariela Navarrete/72	Peru	82.5	06-sep-23	Lima-Peru
57					
63	Gamez Jenny/72	Ecuador	150.0	07-sep-22	Cacador-Brasil
69	Gamboa Marta/66	Ecuador	120.0	08-dic-21	Guayaquil
76	Maria Elena Del Pilar/70	Peru	145.0	06-sep-23	Lima-Peru
84	Arregues Veronica/73	Argentina	135.0	17-sep-24	Bs As - Arg
84 +	Reitmann Judith/68	Uruguay	202.5	07-dic-17	Argentina

BENCH PRESS

47	Mina Liliana/70	Peru	55.0	08-dic-21	Guayaquil
52	Gandara Maria/64	Ecuador	50.0	31-jul-14	Guayaquil
57					
63	Gamez Jenny/72	Ecuador	102.5	07-sep-22	Cacador-Brasil
69	Gamboa Marta/66	Ecuador	60.0	08-dic-21	Guayaquil
76	Couto Ana/66	Brazil	80.0	17-jun-18	Canada-Calgary
84	Rivero Hurtado Desiree/73	Chile	67.5	06-sep-23	Lima-Peru
84 +	Reitmann Judith/67	Uruguay	108.5	03-jul-18	Guayaquil

DEADLIFT

47	Mina Liliana/70	Peru	102.5	06-sep-23	Lima-Peru
52	Mariela Navarrete/72	Peru	130.5	06-sep-23	Lima-Peru
57					
63	Seas Marin Ferminia/71	Bolivia	170.0	06-sep-23	Lima-Peru
69	Schwab Adriane/70	Brazil	132.5	17-sep-24	Bs As - Arg
76	Maria Elena Del Pilar/70	Peru	175.0	06-sep-23	Lima-Peru
84	Arregues Veronica/73	Argentina	165.0	17-sep-24	Bs As - Arg
84 +	Reitmann Judith/67	Uruguay	188.0	07-dic-17	Argentina

TOTAL

47	Mina Liliana/70	Peru	242.5	08-dic-21	Guayaquil
52	Mariela Navarrete/72	Peru	255.5	06-sep-23	Lima-Peru
57					
63	Gamez Jenny/72	Ecuador	387.5	07-sep-22	Cacador-Brasil
69	Gamboa Marta/66	Ecuador	310.0	08-dic-21	Guayaquil
76	Maria Elena Del Pilar/70	Peru	397.5	06-sep-23	Lima-Peru
84	Arregues Veronica/73	Argentina	360.0	17-sep-24	Bs As - Arg
84 +	Reitmann Judith/67	Uruguay	498.5	07-dic-17	Argentina

BENCH PRESS SINGLE LIFT

47	Mina Liliana/70	Peru	55.0	08-dic-21	Guayaquil
52	Gandara Maria/64	Ecuador	50.0	31-jul-14	Guayaquil
57					
63	Gamez Jenny/72	Ecuador	135.0	07-sep-22	Cacador-Brasil
69	Gamboa Marta/66	Ecuador	60.0	08-dic-21	Guayaquil
76	Couto Ana/66	Brazil	80.0	17-jun-18	Canada-Calgary
84	Rivero Hurtado Desiree/73	Chile	67.5	06-sep-23	Lima-Peru
84 +	Reitmann Judith/67	Uruguay	112.5	14-abr-23	Arnold-Brasil

DAMAS MASTER 3**SQUAT**

47

52

57

63

69

76	Martins Marilene/55	Brazil	115.5	08-dic-16	Lima-Peru
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84

84 +

BENCH PRESS

47

52

57

63

69

76	Rodriguez Susana/55	Uruguay	60.0	16-sep-15	Ribeirao Preto
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84

84 +

DEADLIFT

47

52

57

63

69

76	Rodriguez Susana/55	Uruguay	140.0	16-sep-15	Ribeirao Preto
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84

84 +

TOTAL

47

52

57

63

69

76	Rodriguez Susana/55	Uruguay	315.0	16-sep-15	Ribeirao Preto
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84

84 +

BENCH PRESS SINGLE LIFT

47

52

57

63

69

76	Rodriguez Susana/55	Uruguay	60.0	16-sep-15	Ribeirao Preto
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84

84 +

DAMAS MASTER 4

SQUAT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 55.0 17-sep-24 Bs As - Arg

84

84 +

BENCH PRESS

47

52

57

63

69

76 Wamba Graciela/53 Argentina 45.0 17-sep-24 Bs As - Arg

84

84 +

DEADLIFT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 105.0 17-sep-24 Bs As - Arg

84

84 +

TOTAL

47

52

57

63

69

76 Wamba Graciela/53 Argentina 205.0 17-sep-24 Bs As - Arg

84

84 +

BENCH PRESS SINGLE LIFT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 45.0 17-sep-24 Bs As - Arg

84

84 +