

RECORDS SUDAMERICANOS EQUIPPED- NOVIEMBRE 2021

DAMAS OPEN

SQUAT	NOMBRE	NACION	MARCA	FECHA	LUGAR
47	Saavedra Tania/79	Ecuador	167,5	11-sep-13	Quito
52	Vilma Ochoa/80	Ecuador	220,0	18-nov-19	Dubai
57	Vilma Ochoa/80	Ecuador	222,5	14-nov-16	Orlando
63	Tavares Cicera/76	Brazil	240,0	1-ago-14	Guayaquil
69	Castellain Ana Rosa/85	Brazil	247,5	8-nov-21	Norway
76	Castellain Ana Rosa/85	Brazil	255,5	18-sep-19	Piriapolis-Uru
84	Mariana Contino/88	Brazil	227,5	5-nov-18	Sweden
84 +	Manzaba Mariuxi/97	Guyana	240,0	30-mar-12	Caribbean Isl

BENCH PRESS

47	Cedeño Xiomara/91	Venezuela	112,5	18-sep-15	Ribeirao Preto
52	Dominguez Maria/95	Venezuela	120,0	18-sep-15	Ribeirao Preto
57	Erica Bueno/80	Brazil	156,0	8-nov-21	Norway
63	Aguinaga Johanna/93	Ecuador	167,5	18-sep-19	Piriapolis-Uru
69	Castellain Ana Rosa/85	Brazil	167,5	8-nov-21	Norway
76	Castellain Ana Rosa/85	Brazil	180,5	18-sep-19	Piriapolis-Uru
84	Liendo Nairu/82	Venezuela	138,0	18-sep-15	Ribeirao Preto
84 +	Kellen L. de Souza/93	Brazil	157,5	18-sep-15	Ribeirao Preto

DEADLIFT

47	Saavedra Tania/79	Ecuador	162,5	1-jul-13	Usa
52	Vilma Ochoa/80	Ecuador	182,5	18-sep-19	Piriapolis-Uru
57	Adriana Cuta/86	Venezuela	202,5	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	222,5	17-nov-19	Dubai
69	Castellain Ana Rosa/85	Brazil	215,0	8-nov-21	Norway
76	Castellain Ana Rosa/85	Brazil	225,0	18-sep-19	Piriapolis-Uru
84	Viteri Samanta/90	Ecuador	225,0	1-sep-13	Killen-Usa
84 +	Viteri Samanta/90	Ecuador	215,0	1-jul-13	Usa

TOTAL

47	Cedeño Xiomara/91	Venezuela	412,5	18-sep-15	Ribeirao Preto
52	Vilma Ochoa/80	Ecuador	495,0	4-nov-14	Denver-Usa
57	Erica Bueno/80	Brazil	548,5	8-nov-21	Norway
63	Tavares Cicera/76	Brazil	575,0	14-nov-16	Orlando-Usa
69	Castellain Ana Rosa/85	Brazil	630,0	8-nov-21	Norway
76	Castellain Ana Rosa/85	Brazil	661,0	18-sep-19	Piriapolis-Uru
84	Viteri Samanta/90	Ecuador	580,0	1-sep-14	Killen-Usa
84 +	Zita Páez/79	Venezuela	575,0	18-ago-11	Argentina

BENCH PRESS SINGLE LIFT

47	Cedeño Xiomara/91	Venezuela	112,5	18-sep-15	Ribeirao Preto
52	Dominguez Maria/95	Venezuela	120,0	18-sep-15	Ribeirao Preto
57	Erica Bueno/80	Brazil	156,0	8-nov-21	Norway
63	Aguinaga Johanna/93	Ecuador	167,5	18-sep-19	Piriapolis-Uru
69	Castellain Ana Rosa/85	Brazil	167,5	8-nov-21	Norway
76	Castellain Ana Rosa /85	Brazil	178,0	14-nov-16	Orlando-Usa
84	Liendo Nairu/82	Venezuela	138,0	18-sep-15	Ribeirao Preto
84 +	Kellen L. de Souza/93	Brazil	157,5	18-sep-15	Ribeirao Preto

DAMAS JUNIOR**SQUAT**

43			140,0		
47	Malagon Yuri/94	Colombia	145,0	6-jul-17	Orlando-Usa
52			172,5		
57	Monserate Kenia/91	Ecuador	195,0	5-nov-14	Denver-Usa
63	Aguinaga Johanna/93	Ecuador	200,0	16-ago-12	Cali
69					
76	Jativa Mery/92	Ecuador	192,5	6-nov-14	Denver-Usa
84			202,5		
84 +	Viteri Samanta/90	Ecuador	225,0	1-sep-13	Killen-Usa

BENCH PRESS

43	Lopez Erika/93	Ecuador	62,5	1-ago-14	Guayaquil
47			75,0		
52	Varela Laura/98	Colombia	85,0	23-ago-21	Oradera-Romania
57	Monserate Kenia/91	Ecuador	95,0	11-sep-13	Quito
63	Aguinaga Johanna/93	Ecuador	145,5	2-sep-13	Praga
69					
76	Zambrano Paula/97	Ecuador	110,0	18-sep-19	Piriapolis-Uru
84	Salome Armas/98	Ecuador	130,0	18-sep-19	Piriapolis-Uru
84 +	Kellen L. de Souza/93	Brazil	157,5	18-sep-15	Ribeirao Preto

DEADLIFT

43			130,0		
47			150,0		
52			165,0		
57	Monserate Kenia/91	Ecuador	178,0	1-ago-14	Guayaquil
63	Aguinaga Johanna/93	Ecuador	182,5	6-nov-14	Denver-Usa
69					
76			185,0		
84			187,5		
84 +	Viteri Samanta/90	Ecuador	225,0	1-sep-13	Killen-Usa

TOTAL

43	Lopez Erika/93	Ecuador	315,0	1-ago-14	Guayaquil
47			360,0		
52			400,0		
57	Monserate Kenia/91	Ecuador	460,0	5-nov-14	Denver-Usa
63	Aguinaga Johanna/93	Ecuador	510,0	3-sep-14	Oroshasa-Hungria
69					
76	Zambrano Paula/97	Ecuador	457,5	18-sep-19	Piriapolis-Uru
84	Salome Armas/98	Ecuador	482,5	18-sep-19	Piriapolis-Uru
84 +	Viteri Samanta/90	Ecuador	580,0	1-sep-13	Killen-Usa

BENCH PRESS SINGLE LIFT

43	Lopez Erika/93	Ecuador	62,5	1-ago-14	Guayaquil
47			75,0		
52	Michele Munol/91	Brazil	90,0	21-may-14	Dinamarca
57	Camila Barbatano/94	Brazil	95,5	23-nov-13	Uruguay
63	Aguinaga Johanna/93	Ecuador	145,5	2-sep-15	Praga
69					
76	Zambrano Paula/97	Ecuador	110,0	18-sep-19	Piriapolis-Uru
84	Salome Armas/98	Ecuador	130,0	18-sep-19	Piriapolis-Uru
84 +	Kellen L. de Souza/93	Brazil	157,5	18-sep-15	Ribeirao Preto

DAMAS SUBJUNIOR**SQUAT**

43	Gonzalez Jeniffer/95	Ecuador	110,0	29-ago-12	Szczyrk-Polonia
47	Gonzalez Jeniffer/95	Ecuador	135,0	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	150,0	2-sep-14	Oroshasa-Hungria
57	Zapata Isabel/95		117,5	16-ago-12	Cali
63	Manzaba Mariuxi/97	Ecuador	130,0	1-ago-14	Guayaquil
69					
76	Aguinaga Johanna/93	Ecuador	190,0	1-sep-12	Moosejaw-Canada
84			130,0		
84 +	Kellen L. de Souza/93	Brazil	215,0	18-ago-11	Argentina

BENCH PRESS

43	Gonzalez Jeniffer/95	Ecuador	47,5	16-ago-12	Cali
47	Gonzalez Jeniffer/95	Ecuador	62,5	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	72,5	2-sep-14	Oroshasa-Hungria
57			57,5		
63			60,0		
69					
76	Aguinaga Johanna/93	Ecuador	102,5	1-sep-12	Moosejaw-Canada
84			65,0		
84 +	Kellen L. de Souza/93	Brazil	122,5	18-ago-11	Argentina

DEADLIFT

43	Gonzalez Jeniffer/95	Ecuador	115,0	29-ago-12	Szczyrk-Polonia
47	Gonzalez Jeniffer/95	Ecuador	137,5	11-sep-13	Quito
52			130,0		
57			140,0		
63			142,5		
69					
76	Mendoza Ailen/03	Argentina	175,0	21-ago-21	Oradera-Romania
84			147,5		
84 +	Kellen L. de Souza/93	Brazil	150,0	18-ago-11	Argentina

TOTAL

43	Gonzalez Jeniffer/95	Ecuador	267,5	29-ago-12	Szczyrk-Polonia
47	Gonzalez Jeniffer/95	Ecuador	335,0	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	350,0	2-sep-14	Oroshasa-Hungria
57			300,0		
63			310,0		
69					
76	Mendoza Ailen/03	Argentina	455,0	21-ago-21	Oradera-Romania
84			340,0		
84 +	Kellen L. de Souza/93	Brazil	487,5	18-ago-11	Argentina

BENCH PRESS SINGLE LIFT

43	Gonzalez Jeniffer/95	Ecuador	47,5	16-ago-12	Cali
47	Gonzalez Jeniffer/95	Ecuador	62,5	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	72,5	2-sep-14	Oroshasa-Hungria
57			57,5		
63	Camila Barbatano	Brazil	87,5	25-nov-11	Brasil
69					
76	Aguinaga Johanna/93	Ecuador	102,5	1-sep-12	Moosejaw-Canada
84			65,0		
84 +	Kellen L. de Souza/93	Brazil	122,5	18-ago-11	Argentina

DAMAS MASTER 1**SQUAT**

47			100,0		
52			132,5		
57	Vilma Ochoa/80	Ecuador	217,5	8-nov-21	Norway
63	Tavares Cicera/76	Brazil	230,0	18-nov-17	Pilsen (Czechia)
69	Tavares Cicera/76	Brazil	225,0	8-nov-21	Norway
76	Tavares Cicera/76	Brazil	217,5	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uru	210,0	16-ago-12	Cali
84 +	Judith Reitmann/67	Uru	222,5	2-nov-12	Aguadilla

BENCH PRESS

47			52,5		
52			72,5		
57	Erica Bueno/80	Brazil	156,0	8-nov-21	Norway
63	Tavares Cicera/76	Brazil	130,0	14-nov-16	Orlando-Usa
69	Tavares Cicera/76	Brazil	122,5	8-nov-21	Norway
76	Tavares Cicera/76	Brazil	125,0	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	120,0	16-ago-12	Cali
84 +	Isiner Neolanis/73	Peru	127,5	3-jul-18	Guayaquil

DEADLIFT

47			110,0		
52	Gandara Maria/64	Ecuador	140,0	1-ago-14	Guayaquil
57	Lisett Buriel/71	Venezuela	192,5	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	222,5	17-nov-19	Dubai
69	Tavares Cicera/76	Brazil	225,0	8-nov-21	Norway
76	Tavares Cicera/76	Brazil	220,0	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	172,5	16-ago-12	Cali
84 +	Judith Reitmann/67	Uruguay	180,0	2-nov-12	Aguadilla

TOTAL

47			255,0		
52			332,5		
57	Erica Bueno/80	Brazil	548,5	8-nov-21	Norway
63	Tavares Cicera/76	Brazil	575,0	14-nov-16	Orlando-Usa
69	Tavares Cicera/76	Brazil	572,5	8-nov-21	Norway
76	Tavares Cicera/76	Brazil	562,5	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	502,5	16-ago-12	Cali
84 +	Judith Reitmann/67	Uruguay	527,5	2-nov-15	Aguadilla

BENCH PRESS SINGLE LIFT

47			52,5		
52			72,5		
57	Erica Bueno/80	Brazil	156,0	8-nov-21	Norway
63	Tavares Cicera/76	Brazil	130,0	14-nov-16	Orlando-Usa
69	Tavares Cicera/76	Brazil	122,5	8-nov-21	Norway
76	Tavares Cicera/76	Brazil	125,0	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	120,0	16-ago-12	Cali
84 +	Judith Reitmann/67	Uruguay	149,0	11-dic-14	Lima-Peru

DAMAS MASTER 2**SQUAT**

47			80,0		
52	Gandara Maria/64	Ecuador	122,5	1-ago-14	Guayaquil
57	Wender Christine/55	Brazil	150,0	16-ago-12	Cali
63	Portilho Catia/66	Brazil	130,0	14-jul-16	San Pablo-Brasil
69					
76	Susana Rodriguez/55	Uruguay	137,5	16-ago-12	Cali
84			135,0		
84 +			137,5		

BENCH PRESS

47			45,0		
52	Gandara Maria/64	Ecuador	70,0	18-sep-15	Ribeirao Preto
57	Wender Christine/55	Brazil	77,5	24-sep-13	Usa/Orlando
63	Portilho Catia/66	Brazil	72,5	14-jul-16	San Pablo-Brasil
69					
76	Susana Rodriguez/55	Uruguay	80,0	18-ago-11	Argentina
84			70,0		
84 +			72,5		

DEADLIFT

47			95,0		
52	Gandara Maria/64	Ecuador	140,0	1-ago-14	Guayaquil
57	Wender Christine/55	Brazil	150,0	16-ago-12	Cali
63	Portilho Catia/66	Brazil	170,0	14-jul-16	San Pablo-Brasil
69					
76	Susana Rodriguez/55	Uruguay	150,0	18-ago-11	Argentina
84			135,0		
84 +			150,0		

TOTAL

47			220,0		
52	Gandara Maria/64	Ecuador	330,0	1-ago-14	Guayaquil
57	Wender Christine/55	Brazil	375,0	16-ago-12	Cali
63	Portilho Catia/66	Brazil	372,5	14-jul-16	San Pablo-Brasil
69					
76	Susana Rodriguez/55	Uruguay	365,0	18-ago-11	Argentina
84			322,5		
84 +			345,0		

BENCH PRESS SINGLE LIFT

47			45,0		
52	Gandara Maria/64	Ecuador	70,0	18-sep-15	Ribeirao Preto
57	Christine Suzan W./55	Brazil	80,0	25-nov-11	Brasil
63	Portilho Catia/66	Brazil	72,5	14-jul-16	San Pablo-Brasil
69					
76	Susana Rodriguez/55	Uruguay	80,0	18-ago-11	Argentina
84			70,0		
84 +			72,5		

DAMAS MASTER 3

SQUAT

47

52

57

63

69

76	Martins Marilene/55	Brazil	130,5	14-jul-16	San Pablo-Brasil
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84

84 +

BENCH PRESS

47

52

57

63

69

76	Martins Marilene/55	Brazil	55,0	18-sep-15	Ribeirao Preto
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84

84 +

DEADLIFT

47

52

57

63

69

76	Martins Marilene/55	Brazil	122,5	18-sep-15	Ribeirao Preto
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84

84 +

TOTAL

47

52

57

63

69

76	Martins Marilene/55	Brazil	307,5	18-sep-15	Ribeirao Preto
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84

84 +

BENCH PRESS SINGLE LIFT

47

52

57

63

69

76	Martins Marilene/55	Brazil	55,0	18-sep-15	Ribeirao Preto
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84	Gatina Ana Maria/52	Brazil	90,0	23-nov-13	Uruguay
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84 +