

RECORDS SUDAMERICANOS EQUIPPED- NOVIEMBRE 2018

DAMAS OPEN

SQUAT	NOMBRE	NACION	MARCA	FECHA	LUGAR
47	Saavedra Tania/79	Ecuador	167,5	11-sep-13	Quito
52	Vilma Ochoa/80	Ecuador	217,5	30-jul-13	Cali-Colombia
57	Vilma Ochoa/80	Ecuador	222,5	14-nov-16	Orlando
63	Tavares Cicera/76	Brazil	240,0	01-ago-14	Guayaquil
72	Castellain Ana Rosa /85	Brazil	255,0	09-nov-13	Noruega
84	Mariana Contino/88	Brazil	227,5	05-nov-18	Sweden
84 +	Manzaba Mariuxi/97	Guyana	240,0	30-mar-12	Caribbean Isl

BENCH PRESS

47	Cedeño Xiomara/91	Venezuela	112,5	18-sep-15	Ribeirao Preto
52	Dominguez Maria/95	Venezuela	120,0	18-sep-15	Ribeirao Preto
57	Erica Bueno/80	Brazil	153,0	05-nov-18	Sweden
63	Aguinaga Johanna/93	Ecuador	165,0	03-jul-18	Guayaquil
72	Castellain Ana Rosa /85	Brazil	178,0	14-nov-16	Orlando-Usa
84	Liendo Nairu/82	Venezuela	138,0	18-sep-15	Ribeirao Preto
84 +	Kellen L. de Souza/93	Brazil	157,5	18-sep-15	Ribeirao Preto

DEADLIFT

47	Saavedra Tania/79	Ecuador	162,5	01-jul-13	Usa
52	Vilma Ochoa/80	Ecuador	180,0	30-jul-13	Cali-Colombia
57	Adriana Cuta/86	Venezuela	202,5	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	220,0	18-nov-17	Pilsen (Czechia)
72	Tavares Cicera/76	Brazil	220,0	14-jul-16	San Pablo-Brasil
84	Viteri Samanta/90	Ecuador	225,0	01-sep-13	Killen-Usa
84 +	Viteri Samanta/90	Ecuador	215,0	01-jul-13	Usa

TOTAL

47	Cedeño Xiomara/91	Venezuela	412,5	18-sep-15	Ribeirao Preto
52	Vilma Ochoa/80	Ecuador	495,0	04-nov-14	Denver-Usa
57	Erica Bueno/80	Brazil	518,0	05-nov-18	Sweden
63	Tavares Cicera/76	Brazil	575,0	14-nov-16	Orlando-Usa
72	Castellain Ana Rosa /85	Brazil	642,5	09-nov-13	Noruega
84	Viteri Samanta/90	Ecuador	580,0	01-sep-14	Killen-Usa
84 +	Zita Páez/79	Venezuela	575,0	18-ago-11	Argentina

BENCH PRESS SINGLE LIFT

47	Cedeño Xiomara/91	Venezuela	112,5	18-sep-15	Ribeirao Preto
52	Dominguez Maria/95	Venezuela	120,0	18-sep-15	Ribeirao Preto
57	Erica Bueno/80	Brazil	153,0	05-nov-18	Sweden
63	Aguinaga Johanna/93	Ecuador	165,0	03-jul-18	Guayaquil
72	Castellain Ana Rosa /85	Brazil	178,0	14-nov-16	Orlando-Usa
84	Liendo Nairu/82	Venezuela	138,0	18-sep-15	Ribeirao Preto
84 +	Kellen L. de Souza/93	Brazil	157,5	18-sep-15	Ribeirao Preto

DAMAS JUNIOR**SQUAT**

43			140,0		
47	Malagon Yuri/94	Colombia	145,0	06-jul-17	Orlando-Usa
52			172,5		
57	Monserate Kenia/91	Ecuador	195,0	05-nov-14	Denver-Usa
63	Aguinaga Johanna/93	Ecuador	200,0	16-ago-12	Cali
72	Jativa Mery/92	Ecuador	192,5	06-nov-14	Denver-Usa
84			202,5		
84 +	Viteri Samanta/90	Ecuador	225,0	01-sep-13	Killen-Usa

BENCH PRESS

43	Lopez Erika/93	Ecuador	62,5	01-ago-14	Guayaquil
47			75,0		
52	Jativa Mery/92	Ecuador	82,5	01-ago-14	Guayaquil
57	Monserate Kenia/91	Ecuador	95,0	11-sep-13	Quito
63	Aguinaga Johanna/93	Ecuador	145,5	02-sep-13	Praga
72			95,0		
84			100,0		
84 +	Kellen L. de Souza/93	Brazil	157,5	18-sep-15	Ribeirao Preto

DEADLIFT

43			130,0		
47			150,0		
52			165,0		
57	Monserate Kenia/91	Ecuador	178,0	01-ago-14	Guayaquil
63	Aguinaga Johanna/93	Ecuador	182,5	06-nov-14	Denver-Usa
72			185,0		
84			187,5		
84 +	Viteri Samanta/90	Ecuador	225,0	01-sep-13	Killen-Usa

TOTAL

43	Lopez Erika/93	Ecuador	315,0	01-ago-14	Guayaquil
47			360,0		
52			400,0		
57	Monserate Kenia/91	Ecuador	460,0	05-nov-14	Denver-Usa
63	Aguinaga Johanna/93	Ecuador	510,0	03-sep-14	Oroshasa-Hungria
72	Jativa Mery/92	Ecuador	450,0	06-nov-14	Denver-Usa
84			460,0		
84 +	Viteri Samanta/90	Ecuador	580,0	01-sep-13	Killen-Usa

BENCH PRESS SINGLE LIFT

43	Lopez Erika/93	Ecuador	62,5	01-ago-14	Guayaquil
47			75,0		
52	Michele Munol/91	Brazil	90,0	21-may-14	Dinamarca
57	Camila Barbatano/94	Brazil	95,5	23-nov-13	Uruguay
63	Aguinaga Johanna/93	Ecuador	145,5	02-sep-15	Praga
72	Jativa Mery/92	Ecuador	97,5	06-nov-14	Denver-Usa
84			100,0		
84 +	Reitmann Judith/67	Uruguay	149,0	04-dic-15	Lima-Peru

DAMAS SUBJUNIOR**SQUAT**

43	Gonzalez Jeniffer/95	Ecuador	110,0	29-ago-12	Szczyrk-Polonia
47	Gonzalez Jeniffer/95	Ecuador	135,0	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	150,0	02-sep-14	Oroshasa-Hungria
57	Zapata Isabel/95		117,5	16-ago-12	Cali
63	Manzaba Mariuxi/97	Ecuador	130,0	01-ago-14	Guayaquil
72	Aguinaga Johanna/93	Ecuador	190,0	01-sep-12	Moosejaw-Canada
84			130,0		
84 +	Kellen L. de Souza/93	Brazil	215,0	18-ago-11	Argentina

BENCH PRESS

43	Gonzalez Jeniffer/95	Ecuador	47,5	16-ago-12	Cali
47	Gonzalez Jeniffer/95	Ecuador	62,5	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	72,5	02-sep-14	Oroshasa-Hungria
57			57,5		
63			60,0		
72	Aguinaga Johanna/93	Ecuador	102,5	01-sep-12	Moosejaw-Canada
84			65,0		
84 +	Kellen L. de Souza/93	Brazil	122,5	18-ago-11	Argentina

DEADLIFT

43	Gonzalez Jeniffer/95	Ecuador	115,0	29-ago-12	Szczyrk-Polonia
47	Gonzalez Jeniffer/95	Ecuador	137,5	11-sep-13	Quito
52			130,0		
57			140,0		
63			142,5		
72	Aguinaga Johanna/93	Ecuador	145,0	01-sep-12	Moosejaw-Canada
84			147,5		
84 +	Kellen L. de Souza/93	Brazil	150,0	18-ago-11	Argentina

TOTAL

43	Gonzalez Jeniffer/95	Ecuador	267,5	29-ago-12	Szczyrk-Polonia
47	Gonzalez Jeniffer/95	Ecuador	335,0	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	350,0	02-sep-14	Oroshasa-Hungria
57			300,0		
63			310,0		
72	Aguinara Johanna/93	Ecuador	437,5	01-sep-12	Moosejaw-Canada
84			340,0		
84 +	Kellen L. de Souza/93	Brazil	487,5	18-ago-11	Argentina

BENCH PRESS SINGLE LIFT

43	Gonzalez Jeniffer/95	Ecuador	47,5	16-ago-12	Cali
47	Gonzalez Jeniffer/95	Ecuador	62,5	11-sep-13	Quito
52	Lapierre Kelly/96	Ecuador	72,5	02-sep-14	Oroshasa-Hungria
57			57,5		
63	Camila Barbatano	Brazil	87,5	25-nov-11	Brasil
72	Aguinaga Johanna/93	Ecuador	102,5	01-sep-12	Moosejaw-Canada
84			65,0		
84 +	Kellen L. de Souza/93	Brazil	122,5	18-ago-11	Argentina

DAMAS MASTER 1**SQUAT**

47			100,0		
52			132,5		
57	Lisett Buriel/71	Venezuela	190,0	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	230,0	18-nov-17	Pilsen (Czechia)
72	Tavares Cicera/76	Brazil	217,5	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uru	210,0	16-ago-12	Cali
84 +	Judith Reitmann/67	Uru	222,5	02-nov-12	Aguadilla

BENCH PRESS

47			52,5		
52			72,5		
57	Lisett Buriel/71	Venezuela	107,5	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	130,0	14-nov-16	Orlando-Usa
72	Tavares Cicera/76	Brazil	125,0	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	120,0	16-ago-12	Cali
84 +	Isiner Neolanis/73	Peru	127,5	03-jul-18	Guayaquil

DEADLIFT

47			110,0		
52	Gandara Maria/64	Ecuador	140,0	01-ago-14	Guayaquil
57	Lisett Buriel/71	Venezuela	192,5	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	220,0	18-nov-17	Pilsen (Czechia)
72	Tavares Cicera/76	Brazil	220,0	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	172,5	16-ago-12	Cali
84 +	Judith Reitmann/67	Uruguay	180,0	02-nov-12	Aguadilla

TOTAL

47			255,0		
52			332,5		
57	Lisett Buriel/71	Venezuela	490,0	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	575,0	14-nov-16	Orlando-Usa
72	Tavares Cicera/76	Brazil	562,5	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	502,5	16-ago-12	Cali
84 +	Judith Reitmann/67	Uruguay	527,5	02-nov-15	Aguadilla

BENCH PRESS SINGLE LIFT

47			52,5		
52			72,5		
57	Lisett Buriel/71	Ven	107,5	18-ago-11	Argentina
63	Tavares Cicera/76	Brazil	130,0	14-nov-16	Orlando-Usa
72	Tavares Cicera/76	Brazil	125,0	14-jul-16	San Pablo-Brasil
84	Judith Reitmann/67	Uruguay	120,0	16-ago-12	Cali
84 +	Judith Reitmann/67	Uruguay	149,0	11-dic-14	Lima-Peru

DAMAS MASTER 2**SQUAT**

47			80,0		
52	Gandara Maria/64	Ecuador	122,5	01-ago-14	Guayaquil
57	Wender Christine/55	Brazil	150,0	16-ago-12	Cali
63	Portilho Catia/66	Brazil	130,0	14-jul-16	San Pablo-Brasil
72	Susana Rodriguez/55	Uruguay	137,5	16-ago-12	Cali
84			135,0		
84 +			137,5		

BENCH PRESS

47			45,0		
52	Gandara Maria/64	Ecuador	70,0	18-sep-15	Ribeirao Preto
57	Wender Christine/55	Brazil	77,5	24-sep-13	Usa/Orlando
63	Portilho Catia/66	Brazil	72,5	14-jul-16	San Pablo-Brasil
72	Susana Rodriguez/55	Uruguay	80,0	18-ago-11	Argentina
84			70,0		
84 +			72,5		

DEADLIFT

47			95,0		
52	Gandara Maria/64	Ecuador	140,0	01-ago-14	Guayaquil
57	Wender Christine/55	Brazil	150,0	16-ago-12	Cali
63	Portilho Catia/66	Brazil	170,0	14-jul-16	San Pablo-Brasil
72	Susana Rodriguez/55	Uruguay	150,0	18-ago-11	Argentina
84			135,0		
84 +			150,0		

TOTAL

47			220,0		
52	Gandara Maria/64	Ecuador	330,0	01-ago-14	Guayaquil
57	Wender Christine/55	Brazil	375,0	16-ago-12	Cali
63	Portilho Catia/66	Brazil	372,5	14-jul-16	San Pablo-Brasil
72	Susana Rodriguez/55	Uruguay	365,0	18-ago-11	Argentina
84			322,5		
84 +			345,0		

BENCH PRESS SINGLE LIFT

47			45,0		
52	Gandara Maria/64	Ecuador	70,0	18-sep-15	Ribeirao Preto
57	Christine Suzan W./55	Brazil	80,0	25-nov-11	Brasil
63	Portilho Catia/66	Brazil	72,5	14-jul-16	San Pablo-Brasil
72	Susana Rodriguez/55	Uruguay	80,0	18-ago-11	Argentina
84			70,0		
84 +			72,5		

DAMAS MASTER 3

SQUAT

47
52
57
63
72 Martins Marilene/55 Brazil 130,5 14-jul-16 San Pablo-Brasil
84

84 +

BENCH PRESS

47
52
57
63
72 Martins Marilene/55 Brazil 55,0 18-sep-15 Ribeirao Preto
84

84 +

DEADLIFT

47
52
57
63
72 Martins Marilene/55 Brazil 122,5 18-sep-15 Ribeirao Preto
84

84 +

TOTAL

47
52
57
63
72 Martins Marilene/55 Brazil 307,5 18-sep-15 Ribeirao Preto
84

84 +

BENCH PRESS SINGLE LIFT

47
52
57
63
72 Martins Marilene/55 Brazil 55,0 18-sep-15 Ribeirao Preto
84 Gatina Ana Maria/52 Brazil 90,0 23-nov-13 Uruguay
84 +