

RECORDS SUDAMERICANOS - Diciembre DE 2010

CABALLEROS OPEN

SQUAT

52,0	RIVERA WALTER/81	ECUADOR	200,0	4-Sep-04
56,0	RIVERA WALTER/81	ECUADOR	245,0	7-Ago-10
60,0	RON ERASMO	VENEZUELA	250,0	09-Sep-04
67,5	Oishi Eric/79	BRASIL	290,0	07-Ago-09
75,0	Castillo Jose/86	ECUADOR	330,0	13-Nov-10
82,5	Espinoza Jaider/82	VENEZUELA	345,0	07-Ago-10
90,0	Celis Oscar/75	VENEZUELA	337,5	07-Ago-10
100	Benedictti Fernando	URUGUAY	350,5	19-Dic-10
110	JEFFERSON F.CUAGLIO/76	BRASIL	370,0	10-Ago-07
125	Ramirez Jhosmer/88	VENEZUELA	385,0	3-Sep-10
125+	Leite Eumenes	BRASIL	390,0	10-Jun-07

BENCH PRESS

52,0	LEON EDUARDO/83	ECUADOR	117,5	18-Ago-06
56,0	Leon Franklin/83	ECUADOR	147,5	7-Ago-10
60,0	Garcia Carlos/80	VENEZUELA	170,0	7-Ago-10
67,5	INGUANTI JOSE/63	ARGENTINA	203,5	30-Oct-10
75,0	Castillo Jose/86	ECUADOR	207,5	13-Nov-10
82,5	Marroqui Mauricio/75	ARGENTINA	230,0	07-Ago-10
90,0	Grahl Thiago/87	BRASIL	235,0	7-Ago-10
100	LOPEZ VALDECIR	BRASIL	255,0	10-Ago-07
110	ALCARAZ EDUARDO	ARGENTINA	272,5	9-Sep-07
125	SAN MIGUEL WALTER/71	ARGENTINA	300,0	30-Oct-10
125+	SAN MIGUEL WALTER/71	ARGENTINA	300,5	19-Sep-10

DEADLIFT

52,0	SOMMA GUSTAVO	ARGENTINA	200,5	11-Jul-92
56,0	DE VEGA ALFONSO	COLOMBIA	250,0	3-Ago-90
60,0	DE ALMEIDA JOAO	BRASIL	240,0	7-Oct-82
67,5	Oishi Eric/79	BRASIL	275,0	4-Nov-08
75,0	Castillo Jose/86	BRASIL	292,5	7-Ago-10
82,5	Espinoza Jaider/82	VENEZUELA	310,0	05-Nov-08
90,0	LAURENCE DE MIRANDA	BRASIL	325,0	9-Jul-05
100	LOPEZ VALDECIR	BRASIL	325,0	10-Ago-07
110	Spinardi Mauro/80	ARGENTINA	340,0	20-Jul-08
125	ALONSO FEDERICO/79	ARGENTINA	362,5	7-Dic-02
125+	ALONSO FEDERICO/79	ARGENTINA	360,0	27-Jul-03

TOTAL

52,0	MERIZALDE MARVIN/83	ECUADOR	487,5	5-Sep-03
56,0	RIVERA WALTER/81	ECUADOR	597,5	7-Ago-10
60,0	Garcia Carlos/80	VENEZUELA	650,0	7-Ago-10
67,5	Oishi Eric/79	BRASIL	735,0	7-Ago-09
75,0	Castillo Jose/86	ECUADOR	830,0	13-Nov-10
82,5	Espinoza Jaider/82	VENEZUELA	860,0	07-Ago-10
90,0	Celis Oscar/75	VENEZUELA	840,0	07-Ago-10
100	LOPEZ VALDECIR	BRASIL	910,0	10-Ago-07
110	Spinardi Mauro/80	ARGENTINA	910,0	20-Jul-08
125	Ramirez Jhosmer/88	VENEZUELA	930,0	4-Sep-10
125+	BARREZUETA JAIME/69	ECUADOR	950,0	20-Jul-08

CABALLEROS JUNIOR

SQUAT

52,0	WALTER RIVERA /81	ECUADOR	200,0	4-Sep-04
56,0	MERIZALDE MARVIN/83	ECUADOR	210,0	18-Ago-06
60,0	RON ERASMO	VENEZUELA	250,0	09-Sep-04
67,5	CEVALLOS CARLOS/83	ECUADOR	260,5	09-Sep-05
75,0	RON HERNAN/81	VENEZUELA	313,0	10-Sep-02
82,5	RON HERNAN/81	VENEZUELA	325,0	10-Sep-04
90,0	Almiron Mauro/88	ARGENTINA	296,0	30-Oct-10
100	Mencias Jose/87	VENEZUELA	332,5	3-Sep-10
110	UBE JOE	ECUADOR	313,0	7-Jun-03
125	Ramirez Jhosmer/88	VENEZUELA	385,0	3-Sep-10
125+	Hadad Thiago/86	BRASIL	350,0	12-Sep-09

BENCH PRESS

52,0	LEON EDUARDO/83	ECUADOR	117,5	18-Ago-06
56,0	Arismendi Edward/86	ECUADOR	135,0	2-Sep-08
60,0	FERNANDEZ DANIEL	URUGUAY	152,5	28-Nov-92
67,5	La Rosa Lenin/85	ECUADOR	182,5	2-Sep-08
75,0	Oros Omar/87	ARGENTINA	188,0	19-Sep-10
82,5	RON HERNAN/81	VENEZUELA	200,0	10-Sep-04
90,0	Grahl Thiago/87	BRASIL	235,0	7-Ago-10
100	Mencias Jose/87	VENEZUELA	235,0	3-Sep-10
110	Luna Cristian/87	ARGENTINA	250,0	19-Sep-10
125	Luna Cristian/87	ARGENTINA	250,0	30-Oct-10
125+	Hadad Thiago/86	BRASIL	250,0	12-Sep-09

DEADLIFT

52,0	MERIZALDE MARVIN/83	ECUADOR	200,0	7-Jun-03
56,0	DE VEGA ALFONSO	COLOMBIA	250,0	17-Sep-87
60,0	RON ERASMO	VENEZUELA	235,0	9-Sep-04
67,5	La Rosa Lenin/85	VENEZUELA	265,0	2-Sep-08
75,0	Castillo Jose/86	ECUADOR	290,0	13-Sep-09
82,5	RON HERNAN/81	VENEZUELA	285,0	10-Sep-04
90,0	RIVERO MARCELO D.	BRASIL	312,5	25-May-02
100	Mencias Jose/87	VENEZUELA	325,0	4-Sep-08
110	ALONSO FEDERICO/79	ARGENTINA	315,5	11-Ago-01
125	ALONSO FEDERICO/79	ARGENTINA	362,5	7-Dic-02
125+	ALONSO FEDERICO/79	ARGENTINA	340,0	31-Ago-02

TOTAL

52,0	MERIZALDE MARVIN/83	ECUADOR	485,0	7-Jun-03
56,0	Arismendi Edward/86	ECUADOR	582,5	2-Sep-08
60,0	RON ERASMO	VENEZUELA	635,0	9-Sep-04
67,5	La Rosa Lenin/85	VENEZUELA	702,5	2-Sep-08
75,0	Castillo Jose/86	ECUADOR	790,0	13-Sep-09
82,5	RON HERNAN/81	VENEZUELA	810,0	10-Sep-04
90,0	Almiron Mauro/88	ARGENTINA	785,0	30-Oct-10
100	Mencias Jose/87	VENEZUELA	887,5	3-Sep-10
110	ALONSO FEDERICO/79	ARGENTINA	795,0	11-Ago-01
125	Ramirez Jhosmer/88	VENEZUELA	930,0	4-Sep-10
125+	FARNETANI LUIS A.	BRASIL	882,5	28-Sep-90

CABALLEROS SUBJUNIOR

SQUAT

52,0	GOMEZ WALTER/89	ECUADOR	147,5	18-Ago-06
56,0	TOMALÁ MIGUEL/88	ECUADOR	177,5	18-Ago-06
60,0	MOLINA EDGAR/89	ECUADOR	210,0	18-Ago-06
67,5	Sanchez Hector/90	ECUADOR	237,5	19-Jul-08
75,0	GUERRA PAOLO/89	ECUADOR	240,0	19-Ago-06
82,5	Lemos Ramiro/92	URUGUAY	230,0	19-Dic-10
90,0	OBANDO JONATHAN/88	ECUADOR	260,0	9-Sep-06
100	Leguizamon Mauricio/89	ARGENTINA	262,5	9-Sep-07
110	GABUS DE MELO TACIO/89	BRASIL	280,0	10-Jun-07
125	Sinihur Henrique/92	BRASIL	280,0	8-Ago-10

125+

BENCH PRESS

52,0	GOMEZ WALTER/89	ECUADOR	102,5	18-Ago-06
56,0	TOMALÁ MIGUEL/88	ECUADOR	107,5	18-Ago-06
60,0	GOMEZ GABRIEL/90	URUGUAY	120,0	8-Dic-07
67,5	GUADALUPE CARLOS/86	URUGUAY	132,5	13-Nov-04
75,0	Leite Jorge/91	BRASIL	135,0	7-Ago-09
82,5	Lemos Ramiro/92	URUGUAY	140,0	19-Dic-10
90,0	Gonçalves Marcel/88	BRASIL	175,0	10-Sep-06
100	Guilguer dos Santos L.	BRASIL	200,0	9-Jul-05
110	Soria Facundo/91	ARGENTINA	160,0	11-Sep-09
125	BEUMER TIAGO	BRASIL	175,0	13-Jun-04

125+

DEADLIFT

52,0	GOMEZ WALTER/89	ECUADOR	180,0	18-Ago-06
56,0	Danilo F. B. Costa	BRASIL	210,0	1-Sep-08
60,0	Costa Danilo/91	BRASIL	222,5	8-Sep-09
67,5	Bruno Dos Santos/92	BRASIL	230,0	7-Ago-10
75,0	Suarez Cesar/92	ECUADOR	235,0	7-Ago-10
82,5	Lemos Ramiro/92	URUGUAY	228,0	19-Dic-10
90,0	AQUINO MARCELO/88	ARGENTINA	250,5	25-Nov-06
100	Correa Wesley/92	BRASIL	260,0	11-Sep-09
110	Brotto Nicolas /87	ARGENTINA	255,0	11-Sep-05
125	Sinihur Henrique/92	BRASIL	282,5	8-Ago-10

125+

TOTAL

52,0	GOMEZ WALTER/89	ECUADOR	425,0	18-Ago-06
56,0	TOMALÁ MIGUEL/88	ECUADOR	465,0	18-Ago-06
60,0	Costa Danilo/91	BRASIL	525,0	8-Sep-09
67,5	Suarez Cesar/92	ECUADOR	600,0	7-Ago-10
75,0	Leite Jorge/91	BRASIL	577,5	9-Sep-09
82,5	Lemos Ramiro/92	URUGUAY	598,0	19-Dic-10
90,0	GONÇALVES MARCEL/88	BRASIL	630,0	10-Sep-06
100	Leguizamon Mauricio/89	ARGENTINA	642,5	9-Sep-07
110	GABUS DE MELO TACIO/89	BRASIL	632,5	10-Jun-07
125	Sinihur Henrique/92	BRASIL	682,5	8-Ago-10

125+

CABALLEROS MASTER 1

SQUAT

52,0	QUIRINO JAIR FELIPE	BRASIL	191,0	16-Jun-06
56,0	GIMENEZ PABLINO	ARGENTINA	200,5	1-Dic-01
60,0	DORADO DAVID/63	ECUADOR	240,0	18-Jul-08
67,5	CARRASCO JACOB/66	Peru	235,5	9-Sep-06
75,0	TELECHEA JORGE/65	ARGENTINA	280,0	2-Jul-05
82,5	LEZAMA JULIO	URUGUAY	275,0	23-Jul-94
90,0	Da Silva Lazaro/65	BRASIL	320,0	7-Ago-10
100	PACHECO JACINTO/60	ECUADOR	340,0	20-Ago-06
110	PACHECO JACINTO/60	ECUADOR	345,0	4-Sep-04
125	Conrado Júlio César	BRASIL	335,0	18-Jun-06
125+	SORIA OSCAR	ARGENTINA	380,0	28-Nov-92

BENCH PRESS

52,0	ANZULEZ ALFREDO	ECUADOR	105,0	4-Sep-04
56,0	Villao Gregorio	ECUADOR	110,0	9-Sep-05
60,0	GONZALEZ CARLOS	URUGUAY	122,5	27-Jun-98
67,5	INGUANTI JOSE/63	ARGENTINA	203,5	30-Oct-10
75,0	TELECHEA JORGE/65	ARGENTINA	200,0	2-Jul-05
82,5	INGUANTI JOSE/63	ARGENTINA	190,0	8-Sep-07
90,0	Da Silva Lazaro/65	BRASIL	195,0	7-Ago-10
100	JACINTO PACHECO /59	ECUADOR	215,0	7-Sep-03
110	PACHECO JACINTO/60	ECUADOR	220,0	4-Sep-04
125	MENDEZ ANTONIO	BRASIL	212,5	13-Jun-04
125+	SORIA OSCAR	ARGENTINA	220,0	4-Dic-92

DEADLIFT

52,0	QUIRINO JAIR FELIPE	BRASIL	195,0	9-Sep-06
56,0	QUIRINO JAIR FELIPE	BRASIL	195,0	8-Jun-07
60,0	Avolio Alberto/64	ARGENTINA	202,5	19-Sep-09
67,5	CARRASCO JACOB/66	Peru	245,0	7-Ago-10
75,0	SANGIACOMO CARLOS	ARGENTINA	267,5	4-Dic-93
82,5	LEZAMA JULIO	URUGUAY	283,0	15-Ago-92
90,0	ALESSIO ROBERTO/58	ARGENTINA	305,0	27-Nov-99
100	ALESSIO ROBERTO/58	ARGENTINA	312,5	21-Dic-03
110	ALESSIO ROBERTO/58	ARGENTINA	313,0	5-Ago-00
125	Claudemiro Nascimento/70	BRASIL	315,0	8-Ago-10
125+	SORIA OSCAR	ARGENTINA	325,0	22-Jun-91

TOTAL

52,0	QUIRINO JAIR	BRASIL	470,0	21-Ago-99
56,0	GIMENEZ PABLINO	ARGENTINA	472,5	1-Dic-01
60,0	DORADO DAVID/63	ECUADOR	562,5	18-Jul-08
67,5	INGUANTI JOSE/63	ARGENTINA	630,0	29-Oct-05
75,0	TELECHEA JORGE/65	ARGENTINA	705,0	2-Jul-05
82,5	LEZAMA JULIO	URUGUAY	680,0	23-Jul-94
90,0	Da Silva Lazaro/65	BRASIL	805,0	7-Ago-10
100	ALESSIO ROBERTO/58	ARGENTINA	812,5	21-Dic-03
110	PACHECO JACINTO/60	ECUADOR	840,0	4-Sep-04
125	MENDEZ ANTONIO	BRASIL	832,5	13-Jun-04
125+	SORIA OSCAR	ARGENTINA	900,0	18-Oct-92

CABALLEROS MASTER 2

SQUAT

52,0	SARDINES OSCAR	ARGENTINA	125,0	12-Sep-98
56,0	SARDINES OSCAR	ARGENTINA	140,5	16-Oct-99
60,0	Pablino Gimenez/60	ARGENTINA	185,0	18-Sep-10
67,5	GAMBETTA JORGE	ARGENTINA	205,0	17-Oct-92
75,0	PEREYRA JUAN	ARGENTINA	225,0	28-Nov-98
82,5	CASAS JOSE/54	ARGENTINA	250,0	25-Nov-06
90,0	MONTENEGRO MANUEL	ARGENTINA	253,0	22-Sep-01
100	Alessio Roberto/58	ARGENTINA	285,0	18-Sep-10
110	Alessio Roberto/58	ARGENTINA	330,0	7-Nov-09
125	Loprete Oscar/57	URUGUAY	266,0	8-Ago-10
125+	SORIA OSCAR	ARGENTINA	333,5	25-Nov-00

BENCH PRESS

52,0	SARDINES OSCAR	ARGENTINA	80,0	12-Sep-98
56,0	ALBERTO PAYE/50	ECUADOR	95,0	22-May-04
60,0	Pablino Gimenez/60	ARGENTINA	103,0	7-Ago-10
67,5	GAMBETTA JORGE	ARGENTINA	115,0	12-Dic-92
75,0	CAMPAGNA CARLOS D/56	ARGENTINA	160,0	18-Nov-06
82,5	CASAS JOSE/54	ARGENTINA	175,0	7-Ago-10
90,0	NARDINI MIGUEL	ARGENTINA	177,5	4-Dic-93
100	NARDINI MIGUEL	ARGENTINA	192,5	1-Nov-97
110	SOARES LOPES C.	BRASIL	215,0	19-Jul-98
125	Falcone Antonio/58	URUGUAY	220,0	30-Oct-10
125+	SORIA OSCAR	ARGENTINA	202,5	28-Nov-98

DEADLIFT

52,0	SARDINES OSCAR	ARGENTINA	150,0	1-Ago-98
56,0	SARDINES OSCAR	ARGENTINA	165,0	25-Nov-00
60,0	ARBUELLO JOSE	ARGENTINA	185,0	1-Dic-01
67,5	GAMBETTA JORGE	ARGENTINA	238,0	12-Dic-92
75,0	CAMPAGNA CARLOS D/56	ARGENTINA	241,0	19-Ago-06
82,5	DOS SANTOS OLICIO	BRASIL	305,0	20-Oct-99
90,0	DOS SANTOS OLICIO	BRASIL	305,0	12-Jun-04
100	ESPINELLO OSCAR/39	ARGENTINA	292,5	29-Oct-05
110	Alessio Roberto/58	ARGENTINA	292,5	7-Nov-09
125	Falcone Antonio/58	URUGUAY	265,0	30-Oct-10
125+	SORIA OSCAR	ARGENTINA	300,0	16-Sep-00

TOTAL

52,0	SARDINES OSCAR	ARGENTINA	345,0	1-Ago-98
56,0	MORALES ROCA SAUL	BOLIVIA	385,0	17-Oct-92
60,0	Pablino Gimenez/60	ARGENTINA	450,5	7-Ago-10
67,5	GAMBETTA JORGE	ARGENTINA	545,0	12-Dic-92
75,0	CAMPAGNA CARLOS D/56	ARGENTINA	600,0	19-Ago-06
82,5	DOS SANTOS OLICIO	BRASIL	675,0	22-Ago-99
90,0	DOS SANTOS OLICIO	BRASIL	700,0	3-Ago-02
100	Alessio Roberto/58	ARGENTINA	710,0	18-Sep-10
110	Alessio Roberto/58	ARGENTINA	805,0	7-Nov-09
125	Falcone Antonio/58	URUGUAY	675,0	30-Oct-10
125+	SORIA OSCAR	ARGENTINA	805,0	16-Sep-00

CABALLEROS MASTER 3

SQUAT

52,0	Sardines Oscar/42	ARGENTINA	130,0	17-Sep-05
56,0	Sardines Oscar/42	ARGENTINA	157,5	30-Oct-10
60,0	Sardines Oscar/42	ARGENTINA	160,0	18-Sep-10
67,5	Mata Jose/41	ARGENTINA	145,0	29-Oct-10
75,0	Hernandez Oscar/46	CUBB	192,5	8-Sep-07
82,5	Hernández Oscar/46	ARGENTINA	180,0	20-Ago-06
90,0	Espinello Oscar/39	ARGENTINA	245,0	9-Sep-07
100	LEZAMA JULIO/49	URUGUAY	235,0	9-Ago-09
110	Soares Lopes Claudir	BRASIL	250,0	22-Jun-03
125	SERGIO M. ANTONIO /47	BRASIL	170,0	11-Ago-07

125+

BENCH PRESS

52,0	Sardines Oscar/42	ARGENTINA	80,0	17-Sep-05
56,0	Sardines Oscar/42	ARGENTINA	85,0	29-Oct-05
60,0	Sardines Oscar/42	ARGENTINA	80,0	19-Ago-06
67,5	Mata Jose/41	ARGENTINA	90,0	29-Oct-10
75,0	Pereyra Juan/46	ARGENTINA	143,0	25-Nov-06
82,5	Pereyra Juan/46	ARGENTINA	140,0	8-Sep-07
90,0	Dos Santos Olicio/44	BRASIL	160,0	10-Sep-05
100	Espinello Oscar/39	ARGENTINA	162,5	29-Oct-05
110	Soares Lopes Claudir	BRASIL	190,0	20-Abr-03
125	SERGIO M. ANTONIO /47	BRASIL	115,0	11-Ago-07

125+

DEADLIFT

52,0	Sardines Oscar/42	ARGENTINA	155,0	17-Sep-05
56,0	Sardines Oscar/42	ARGENTINA	175,0	30-Oct-10
60,0	Sardines Oscar/42	ARGENTINA	165,0	19-Ago-06
67,5	Mata Jose/41	ARGENTINA	162,5	29-Oct-10
75,0	Hernandez Oscar/46	ARGENTINA	230,0	18-Sep-10
82,5	Dos Santos Olicio/44	BRASIL	265,0	7-Ago-10
90,0	Dos Santos Olicio/44	BRASIL	305,0	12-Jun-04
100	Dos Santos Olicio/44	ARGENTINA	300,0	12-Nov-05
110	Chaim Tamer	BRASIL	222,5	10-Jul-05
125	SERGIO M. ANTONIO /47	BRASIL	200,0	11-Ago-07

125+

TOTAL

52,0	Sardines Oscar/42	ARGENTINA	365,0	17-Sep-05
56,0	Sardines Oscar/42	ARGENTINA	360,0	29-Oct-05
60,0	Sardines Oscar/42	ARGENTINA	410,0	18-Sep-10
67,5	Mata Jose/41	ARGENTINA	397,5	29-Oct-10
75,0	Pereyra Juan/46	ARGENTINA	522,5	25-Nov-06
82,5	Dos Santos Olicio/44	BRASIL	570,0	7-Ago-10
90,0	Dos Santos Olicio/44	BRASIL	692,5	10-Sep-05
100	Dos Santos Olicio/44	BRASIL	692,5	12-Nov-05
110	Soares Lopes Claudir	BRASIL	645,0	20-Abr-03
125	SERGIO M. ANTONIO /47	BRASIL	485,0	11-Ago-07

125+