

RECORDS METROPOLITANOS EQUIPADO - Agosto 2023

CABALLEROS OPEN

SENTADILLA

59,0				
66,0	Jorge Telechea	Toro competició	190,0	Clasificatorio AMeLPo - 06/08/2023
74,0				
83,0	Hernán Cesán	Toro Competicio	210,0	Clasificatorio AMeLPo - 24/06/2023
93,0	Cristian Casanova	Dimaro	230,0	Clasificatorio AMeLPo - 06/08/2023
105,0	Franco Rodriguez	Kloster's Gym	215,0	Apertura AMeLPo - 06/05/2023
120,0				
120+	Miguel Fasano	Toro Competicio	220,0	Clasificatorio AMeLPo - 24/06/2023

FUERZA EN BANCO

59,0				
66,0	Jorge Telechea	Toro competició	115,0	Clasificatorio AMeLPo - 06/08/2023
74,0				
83,0	Hernán Cesán	Toro Competicio	140,0	Metropolitano AMeLPo - 06/08/2023
93,0	Olivera Alejandro	Iron World	180,0	Apertura AMeLPo - 06/05/2023
105,0	Franco Rodriguez	Kloster's Gym	105,0	Apertura AMeLPo - 06/05/2023
120,0				
120+	Miguel Fasano	Toro Competicio	165,0	Clasificatorio AMeLPo - 24/06/2023

DESPEGUE

59,0				
66,0	Jorge Telechea	Toro competició	170,0	Clasificatorio AMeLPo - 06/08/2023
74,0				
83,0	Hernán Cesán	Toro Competicio	217,5	Metropolitano AMeLPo - 06/08/2023
93,0	Olivera Alejandro	Iron World	270,0	Apertura AMeLPo - 06/05/2023
105,0	Franco Rodriguez	Kloster's Gym	215,0	Apertura AMeLPo - 06/05/2023
120,0				
120+	Miguel Fasano	Toro Competicio	250,0	Clasificatorio AMeLPo - 24/06/2023

TOTAL

59,0				
66,0	Jorge Telechea	Toro competició	475,0	Clasificatorio AMeLPo - 06/08/2023
74,0				
83,0	Hernán Cesán	Toro Competicio	562,5	Metropolitano AMeLPo - 06/08/2023
93,0	Olivera Alejandro	Iron World	630,0	Apertura AMeLPo - 06/05/2023
105,0	Franco Rodriguez	Kloster's Gym	535,0	Apertura AMeLPo - 06/05/2023
120,0				
120+	Miguel Fasano	Toro Competicio	615,0	Clasificatorio AMeLPo - 24/06/2023

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59,0	Emilio Villegas	Powerlifting Tear	87,5	Clasificatorio AMeLPo - 24/06/2023
66,0	Jorge Telechea	Toro competició	115,0	Clasificatorio AMeLPo - 06/08/2023
74,0				
83,0	Hernán Cesán	Toro Competicio	140,0	Metropolitano AMeLPo - 06/08/2023
93,0	Olivera Alejandro	Iron World	180,0	Apertura AMeLPo - 06/05/2023
105,0	Franco Rodriguez	Kloster's Gym	105,0	Apertura AMeLPo - 06/05/2023
120,0				
120+	Miguel Fasano	Toro Competicio	165,0	Clasificatorio AMeLPo - 24/06/2023

CABALLEROS JUNIOR**Equipado**

SENTADILLA

53				
59				
66				
74				
83				
93	Nadir Blanco	Kloster's Gym	165,0	Clasificatorio AMeLPo - 06/08/2023
105	Franco Rodriguez	Kloster's Gym	215,0	Apertura AMeLPo - 06/05/2023
120				
120+				

FUERZA EN BANCO

53				
59				
66				
74				
83				
93	Nadir Blanco	Kloster's Gym	110,0	Clasificatorio AMeLPo - 06/08/2023
105	Franco Rodriguez	Kloster's Gym	105,0	Apertura AMeLPo - 06/05/2023
120				
120+				

DESPEGUE

53				
59				
66				
74				
83				
93	Nadir Blanco	Kloster's Gym	195,0	Clasificatorio AMeLPo - 06/08/2023
105	Franco Rodriguez	Kloster's Gym	215,0	Apertura AMeLPo - 06/05/2023
120				
120+				

TOTAL

53				
59				
66				
74				
83				
93	Nadir Blanco	Kloster's Gym	470,0	Clasificatorio AMeLPo - 06/08/2023
105	Franco Rodriguez	Kloster's Gym	535,0	Apertura AMeLPo - 06/05/2023
120				
120+				

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

53				
59				
66				
74				
83				
93	Nadir Blanco	Kloster's Gym	110,0	Clasificatorio AMeLPo - 06/08/2023
105	Franco Rodriguez	Kloster's Gym	105,0	Apertura AMeLPo - 06/05/2023
120				
120+				

CABALLEROS SUBJUNIOR**Equipado**

SENTADILLA

53
59
66
74
83
93
105
120
120+

FUERZA EN BANCO

53
59
66
74
83
93
105
120
120+

DESPEGUE

53
59
66
74
83
93
105
120
120+

TOTAL

53
59
66
74
83
93
105
120
120+**FUERZA EN BANCO SIMPLE LEVANTAMIENTO**53
59
66
74
83
93
105
120
120+

CABALLEROS MASTER 1		Equipado		
SENTADILLA				
59				
66	Jorge Telechea	Toro competiciór	190,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Hernán Cesán	Toro Competicio	210,0	Clasificatorio AMeLPo - 24/06/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	220,0	Clasificatorio AMeLPo - 24/06/2023
FUERZA EN BANCO				
59				
66	Jorge Telechea	Toro competiciór	115,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Hernán Cesán	Toro Competicio	135,0	Clasificatorio AMeLPo - 24/06/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	165,0	Clasificatorio AMeLPo - 24/06/2023
DESPEGUE				
59				
66	Jorge Telechea	Toro competiciór	170,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Hernán Cesán	Toro Competicio	215,0	Clasificatorio AMeLPo - 24/06/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	250,0	Clasificatorio AMeLPo - 24/06/2023
TOTAL				
59				
66	Jorge Telechea	Toro competiciór	475,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Hernán Cesán	Toro Competicio	560,0	Clasificatorio AMeLPo - 24/06/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	615,0	Clasificatorio AMeLPo - 24/06/2023
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
59				
66	Jorge Telechea	Toro competiciór	115,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Hernán Cesán	Toro Competicio	135,0	Clasificatorio AMeLPo - 24/06/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	165,0	Clasificatorio AMeLPo - 24/06/2023

CABALLEROS MASTER 2		Equipado		
SENTADILLA				
59				
66	Jorge Telechea	Toro competiciór	190,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Roberto Alessio	Toro Competicio	100,0	Apertura AMeLPo - 06/05/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	200,0	Clasificatorio AMeLPo - 24/06/2023
FUERZA EN BANCO				
59				
66	Jorge Telechea	Toro competiciór	115,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Roberto Alessio	Toro Competicio	65,0	Apertura AMeLPo - 06/05/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	165,0	Clasificatorio AMeLPo - 24/06/2023
DESPEGUE				
59				
66	Jorge Telechea	Toro competiciór	180,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Roberto Alessio	Toro Competicio	200,0	Apertura AMeLPo - 06/05/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	250,0	Clasificatorio AMeLPo - 24/06/2023
TOTAL				
59				
66	Jorge Telechea	Toro competiciór	475,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Roberto Alessio	Toro Competicio	365,0	Apertura AMeLPo - 06/05/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	615,0	Clasificatorio AMeLPo - 24/06/2023
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
59				
66	Jorge Telechea	Toro competiciór	115,0	Clasificatorio AMeLPo - 06/08/2023
74				
83	Roberto Alessio	Toro Competicio	65,0	Apertura AMeLPo - 06/05/2023
93				
105				
120				
120+	Miguel Fasano	Toro Competicio	165,0	Clasificatorio AMeLPo - 24/06/2023

CABALLEROS MASTER 3**Equipado**

SENTADILLA

59

66

74

83 Roberto Alessio

Toro Competicio

100,0

Apertura AMeLPo - 06/05/2023

93

105

120

120+

FUERZA EN BANCO

59

66

74

83 Roberto Alessio

Toro Competicio

65,0

Apertura AMeLPo - 06/05/2023

93

105

120

120+

DESPEGUE

59

66

74

83 Roberto Alessio

Toro Competicio

200,0

Apertura AMeLPo - 06/05/2023

93

105

120

120+

TOTAL

59

66

74

83 Roberto Alessio

Toro Competicio

365,0

Apertura AMeLPo - 06/05/2023

93

105

120

120+

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59

66

74

83 Roberto Alessio

Toro Competicio

65,0

Apertura AMeLPo - 06/05/2023

93

105

120

120+

CABALLEROS MASTER 4**Equipado**

SENTADILLA

59
66
74
83
93
105
120
120+

FUERZA EN BANCO

59
66
74
83
93
105
120
120+

DESPEGUE

59
66
74
83
93
105
120
120+

TOTAL

59
66
74
83
93
105
120
120+

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59
66
74
83
93
105
120
120+

RECORDS METROPOLITANOS EQUIPADO - Agosto 2023

DAMAS OPEN		Equipado		
SENTADILLA				
47,0				
52,0				
57,0				
63,0	Guadalupe Cabral	S&C Coaches	117,5	Clasificatorio AMeLPo - 24/06/2023
69,0				
76,0				
84,0				
84 +				
FUERZA EN BANCO				
47,0				
52,0				
57,0				
63,0	Guadalupe Cabral	S&C Coaches	85,0	Clasificatorio AMeLPo - 24/06/2023
69,0				
76,0				
84,0				
84 +				
DESPEGUE				
47,0				
52,0				
57,0				
63,0	Guadalupe Cabral	S&C Coaches	160,0	Clasificatorio AMeLPo - 24/06/2023
69,0				
76,0				
84,0				
84 +				
TOTAL				
47,0				
52,0				
57,0				
63,0	Guadalupe Cabral	S&C Coaches	362,5	Clasificatorio AMeLPo - 24/06/2023
69,0				
76,0				
84,0				
84 +				
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
47,0				
52,0				
57,0				
63,0	Guadalupe Cabral	S&C Coaches	85,0	Clasificatorio AMeLPo - 24/06/2023
69,0				
76,0				
84,0				
84 +	Flavia Torres	Powerlifting Team	85,0	Arnold S.A. 14-04-2023

DAMAS JUNIOR**Equipado**

SENTADILLA

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

DESPEGUE

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

TOTAL

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

DAMAS SUBJUNIOR**Equipado**

SENTADILLA

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

DESPEGUE

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

TOTAL

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

43,0

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

DAMAS MASTER 1**Equipado**

SENTADILLA

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

DESPEGUE

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

TOTAL

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

DAMAS MASTER 2**Equipado**

SENTADILLA

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

DESPEGUE

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

TOTAL

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0

52,0

57,0

63,0

69,0

76,0

84,0

84 +