

FEDERACION SUDAMERICANA DE POTENCIA. F. E. S. U. P. O.

I CAMPEONATO RIOPLATENSE DE POWERLIFTING

LUJAN - ARGENTINA - DEL 29 AL 31 DE OCTUBRE DE 2010

**DAMAS**

Division	NOMBRE	Nacion	Peso		Squat			Bench			Deadlift		TOTAL	WILK'S
M1	Reitman Judith/67	Uruguay	84,6	170,0	190,0	208,0	80,0	112,5	-120,5	140,0	-170,0	-170,0	460,5	416,54

**Caballeros**

<b>56 kg</b>														
M4	Sardinez Oscar/40	Arg	54,7	-152,5	152,5	157,5	25,0	-70,0	-70,0	160,0	171,0	175,0	357,5	333,08
<b>67,5 kg</b>														
Subjunior	BENTANCUR, ALEJANDRO/93	Arg	65,3	100,0	120,0	122,0	75,0	80,0	-90,0	150,0	170,0	-180,0	372,0	294,70
M1	Inguanti Jose/63	Arg	67,0	190,0	-210,0	-220,0	195,0	200,0	203,5	160,0	170,0	180,0	573,5	444,81
M2	Mario Blanco/59	Uruguay	66,7	140,0	-150,0	160,0	60,0	80,0	92,5	155,0	165,0	180,0	432,5	336,70
M3	Mata Jose/41	Arg	65,4	135,0	141,0	145,0	80,0	86,0	90,0	-150,0	150,0	162,5	397,5	314,46
<b>82,5 kg</b>														
M1	Palomas Miguel/67	Arg	80,4	220,0	230,0	240,0	150,0	155,0	160,0	220,0	230,0	240,0	640,0	435,58
Subjunior	IRATCABAL, JORGE/92	Arg	77,6	140,0	150,0	-155,0	-120,0	120,0	-130,0	135,0	-145,0	-145,0	405,0	282,00
<b>90 kg</b>														
JUNIOR	Almiron Mauro/88	Arg	87,8	280,0	296,0	305,0	175,0	185,0	-195,0	280,0	295,0	-305,5	785,0	507,66
<b>100 kg</b>														
M4	ESPINELLO OSCAR/39	Arg	91,7	-230,0	-230,0	230,0	-145,0	-145,0	-145,0					Desc
<b>110 kg</b>														
M1-OPEN	BARRIONUEVO, ENRIQUE/68	Arg	107,8	200,0	230,0	240,0	180,0	192,5	-195,0	230,0	-250,0	-270,0	662,5	392,40
<b>125 kg</b>														
OPEN	SAN MIGUEL WALTER/71	Arg	122,7	200,0	220,0	-240,0	-295,0	300,0	-305,0	200,0	240,0	270,0	790,0	451,96
JUNIOR	LUNA, CRISTIAN/87	Arg	110,3	180,0	200,0	-230,0	235,0	250,0	-260,0	180,0	200,0	-220,0	650,0	382,20
M2/Open	Antonio Falcone/58	Uruguay	120,5	200,0	-220,0	-240,0	200,0	210,0	-222,5	240,0	265,0	-272,5	675,0	387,72

**MEJORES LEVANTADORES****Open**

1er	Almiron Mauro/88	507,66
2do	SAN MIGUEL WALTER/71	451,96
3er	BARRIONUEVO, ENRIQUE/68	392,40

**Sub Junior**

1er	BENTANCUR, ALEJANDRO/93	294,70
2do	IRATCABAL, JORGE/92	282,00

**Junior**

1er	LUNA, CRISTIAN/87	382,20
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**Master 1**

1er	Inguanti Jose/63	444,81
2do	BARRIONUEVO, ENRIQUE/68	392,40

**Master 2**

1er	Antonio Falcone/58	387,72
2do	Mario Blanco/59	336,70

**Master 3**

1er	Mata Jose/41	314,46
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**Master 4**

1er	Sardinez Oscar/40	333,9
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I CAMPEONATO RIOPLATENSE DE BENCH PRESS

LUJAN - ARGENTINA - DEL 29 AL 31 DE OCTUBRE DE 2010

**Caballeros**

Division	NOMBRE	Nacion	Peso	Squat	Bench	Deadlift	TOTAL	WILK'S
<b><u>60 kg</u></b>								
M1	Jose Ferrer/65	Arg	60,0	125,0	-130,5	-130,5	125,0	106,6
<b><u>67,5 kg</u></b>								
M3	Mata Jose/41	Arg	66,5	80,0	-90,0	-90,0	80,0	62,4
<b><u>75 kg</u></b>								
OPEN	Julio Mendizabal/81	Uru	74,8	-177,5	177,5	182,5	182,5	130,3
JUNIOR	Yeri Abel	Arg	70,9	120,0	130,0	132,5	132,5	98,3
M3	Zoilo Horacio/41	Arg	74,4	130,0	135,5	-140,0	135,5	97,1
<b><u>82,5 kg</u></b>								
OPEN	FIGUEREDO OSCAR	Arg	81,9	160,0	170,0	180,0	180,0	121,1
JUNIOR	BARRIONUEVO WALTER	Arg	80,2	155,0	-180,0	-184,0	155,0	105,6
M1	Visca Roman	Arg	82,2	160,0	170,0	175,0	175,0	117,5
M3	PEREYRA JUAN	Arg	77,3	125,0	135,0	-140,0	135,0	94,2
<b><u>90 kg</u></b>								
OPEN	Abbet Carlos	Arg	83,0	145,0	-150,0	155,0	155,0	103,5
M1	Godoy Simon	Arg	88,7	-192,5	192,5	200,0	200,0	128,6
M2	QUIROGA ROBERTO	Uru	88,2	125,0	130,0	-140,0	130,0	83,9
<b><u>100 kg</u></b>								
OPEN	OJEDA DIEGO/75	Arg	100,0	261,0	270,0	-275,0	270,0	164,3
JUNIOR	Leguizamon Mauricio/89	Arg	96,9	222,5	235,5	-242,5	235,5	145,2
M1	Pagano Claudio/61	Arg	90,3	-165,0	175,0	-185,0	175,0	111,5
M2	GIACOBONE DANIEL	Arg	98,8	155,0	162,5	-170,0	162,5	99,4
<b><u>110 kg</u></b>								
OPEN	Pato Nicolas/84	Arg	106,0	230,0	240,0	250,0	250,0	148,9
OPEN	Vaschetto German	Arg	108,5	240,0	-250,0	-250,0	240,0	141,8
M1	Rafael Casulo/63	Uru	105,0	200,0	-210,0	-210,0	200,0	119,5
M1	Alvarez Gabriel/61	Arg	101,9	-180,0	180,0	-200,0	180,0	108,7
<b><u>125 kg</u></b>								
M1	Alcaraz Eduardo/68	Arg	110,6	260,0	270,0	280,0	280,0	164,5
M2	Balboa Jorge	Arg	123,5	140,0	150,0	155,0	155,0	88,6
<b><u>125 kg +</u></b>								
OPEN	Cristian Borrea/81	Uru	155,0	285,0	-290,0	-295,0	285,0	156,9
M1	Alfio Comparatore/64	Arg	127,0	210,0	-220,0	-220,0	210,0	119,3

**MEJORES LEVANTADORES****Open**

1er	OJEDA DIEGO	164,32
2do	Cristian Borrea/81	156,95
3er	Pato Nicolas/84	148,90

**Junior**

1er	Leguizamon Mauricio/89	145,21
2do	BARRIONUEVO WALTER	105,65
3er	Yeri Abel	98,34

**Master 1**

1er	Alcaraz Eduardo/68	164,50
2do	Godoy Simon	128,64
3er	Rafael Casulo/63	119,52

**Master 2**

1er	GIACOBONE DANIEL	99,39
2do	Balboa Jorge	88,55
3er	QUIROGA ROBERTO	83,86

**Master 3**

1er	Zoilo Horacio/41	97,10
2do	PEREYRA JUAN	94,24
3er	Mata Jose/41	62,43