

## CAMPEONATO PANAMERICANO DE POWERLIFTING 2011

Fecha: 18 August 2011

Sud Rec World Rec

Division	APELLIDO Y NOMBRE		PESO weigh	SQUATS			BENCH PRESS			DEADLIFT			TOTAL	COEF.
	LIFTER 'S NAMES	Nacion		1°	2°	3°	1°	2°	3°	1°	2°	3°		
<b><u>43 kg</u></b>														
Sub	Rosmary Coello/94	Ecu	42,8	60,0	70,0	.	25,0	30,0	35,0	60,0	-70,0	-70,0	165,0	236,58
<b><u>47 kg</u></b>														
Open	Frankmary Duno/87	Ven	46,7	120,0	130,0	142,5	67,5	75,0	81,0	100,0	112,5	125,0	348,5	471,59
Open	Vallinoto Diana/86	Arg	44,8	90,0	95,0	100,0	45,0	50,0	55,0	100,0	110,0	-125,0	265,0	368,62
Jun	Shirley Pinargote/91	Ecu	45,8	90,0	105,0	115,0	30,0	35,0	40,0	100,0	115,0	-125,0	270,0	369,87
<b><u>52 kg</u></b>														
Open	Mailebis Oquendo/87	Ven	51,8	160,0	167,5	175,0	85,0	90,0	-92,5	170,0	-180,0	180,0	445,0	556,43
Open	Ismary Rojas/80	Ven	51,4	145,0	-155,0	160,0	70,0	77,5	82,5	155,0	167,5	172,5	415,0	521,99
Open	Juanita Najera/81	Usa	51,8	130,0	137,5	142,5	82,5	90,0	92,5	155,0	165,0	-170,0	400,0	500,16
<b><u>57 kg</u></b>														
Open	Adriana Cuta/86	Ven	56,7	175,0	182,5	187,5	90,0	97,5	102,5	180,0	192,5	202,5	492,5	573,86
Open	Vilma Ochoa/80	Ecu	54,6	190,0	197,5	202,5	-95,0	-95,0	95,0	170,0	180,0	-192,5	477,5	573,10
Open	Irani Rodrigues Barbosa/86	Brazil	56,3	172,5	-182,5	190,0	95,0	102,5	110,0	152,5	162,5	170,0	470,0	550,70
Jun	Silmara Cunha Silva/89	Brazil	55,7	147,5	155,0	-160,0	80,0	85,0	-90,0	135,0	142,5	150,0	390,0	460,82
M1	Lisett Buriel/71	Ven	56,3	175,0	182,5	190,0	95,0	102,5	107,5	175,0	187,5	192,5	490,0	574,13
M1	RIVERA P. ROGELIA/68	Peru	56,6	-130,0	130,0	145,0	75,0	82,5	-85,0	125,0	135,0	-137,5	362,5	422,97
M1	Zeballos Ines/70	Arg	55,3	100,0	-120,0	120,0	70,0	75,0	-80,0	130,0	-150,0	-150,0	325,0	386,20

**63 kg**

Open	Yenifer Canelón/87	Ven	63,0	180,0	190,0	-200,0	100,0	110,0	117,5	-185,0	195,0	-207,5	502,5	539,69
Open	Cícera Tavares/76	Brazil	60,4	180,0	-190,0	-190,0	80,0	82,5	85,0	180,0	-187,5	187,5	452,5	501,91
Open	Carmen Perez/86	Ecu	61,6	-165,0	-170,0	170,0	77,5	82,5	85,0	145,0	155,0	160,0	415,0	453,39
Jun	Mery Jativa/91	Ecu	61,3	130,0	140,0	150,0	50,0	57,5	60,0	115,0	125,0	135,0	345,0	378,33
M1	Eva Barilari/70	Brazil	61,6	130,0	140,0	-150,0	-60,0	60,0	67,5	120,0	130,0	140,0	347,5	380,13
M1	Yalile Moreira/63	Ecu	62,4	-130,0	-130,0	130,0	50,0	-55,0	55,0	115,0	120,0	125,0	310,0	335,36

**72 kg**

Open	Ana Rosa Castellain/85	Brazil	67,3	207,5	217,5	225,0	-140,0	140,0	152,5	185,0	-200,0	-200,0	562,5	575,33
Open	Judimeire Delago/67	Brazil	71,2	160,0	170,0	-175,0	75,0	82,5	87,5	160,0	170,0	180,0	437,5	430,63
M2	Susana Rodriguez/55	Uru	67,9	135,0	-145,0	-145,0	-80,0	80,0	-82,5	140,0	145,0	150,0	365,0	370,95

**84 kg**

Open	Karol Jimenez/85	Ven	73,5	185,0	-192,5	192,5	120,0	130,0	137,5	175,0	187,5	195,0	525,0	506,00
Open	Patricia Candido/76	Brazil	78,0	195,0	205,0	-210,0	100,0	105,0	110,0	180,0	190,0	-212,0	505,0	468,79
Open	HERNANDEZ ALICIA/76	Arg	79,5	170,0	-185,0	-185,0	80,0	110,0	-117,5	140,0	150,0	160,0	440,0	404,01
Jun	Malu de Sousa/90	Brazil	72,1	-140,0	140,0	150,0	85,0	90,0	-95,0	145,0	155,0	160,0	400,0	390,04
Jun	Torres, Flavia/89	Arg	81,1	-135,0	-135,0	135,0	37,5	70,0	75,0	130,0	-140,0	-140,0	340,0	308,79

**84 kg +**

Open	Zita Pérez/79	Ven	97,9	215,0	225,0	232,5	130,0	140,0	147,5	175,0	185,0	195,0	575,0	481,85
Open	Judith Reitmann/67	Uru	85,4	200,0	-215,0	-230,0	112,5	-117,5	120,0	160,0	-170,0		480,0	424,61
Jun	Pong, Claudia/89	Arg	84,2	-135,0	135,0	-140,0	60,0	65,0	72,5	140,0	-160,0	160,0	367,5	327,33
Sub	Kellen Larissa de Souza/93	Brazil	122,2	200,0	-215,0	215,0	100,0	115,0	122,5	130,0	150,0	-160,0	487,5	388,64

**Mejor Atleta Open**

1	Ana Rosa Castellani	Brasil	575,3
2	Adriana Cuta	Ven	573,9
3	Vilma Ochoa	Ecu	573,1

**Mejor Atleta Master 1**

1	Liset buriel	Ven	574,1
2	Rojelia Rivera	Peru	423,0
3	Ines Zeballos	Arg	386,2

**Mejor Atleta Master 2**

1	Susana Rodriguez	Uru	
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**Mejor Atleta Junior**

1	Silmara Silva	Jun	460,0
2	Malu de Sousa	Brasil	390,0
3	Meri Jativa	Ecu	378,0

**Mejor Atleta Subjunior**

1	Kellen de Sousa	Brasil	388,0
2	Rosmary Coello	Ecu	236,0

**Mejor Equipo Open**

Venezuela	72,0
Brasil	47,0
Ecuador	17,0
Argentina	17,0
Uruguay	9,0
Usa	8,0

**Mejor Equipo Master**

Venezuela	12,0
Brasil	12,0
Uruguay	12,0
Peru	9,0
Ecuador	9,0
Argentina	8,0

**Mejor Equipo Junior**

Brasil	36,0
Ecuador	36,0
Argentina	21,0

## CAMPEONATO PANAMERICANO DE POWERLIFTING 2011

Fecha: 17 AL 20 DE AGOSTO

Sud Rec World Rec

Cat	APELLIDO Y NOMBRE	Nacion	PESO	SQUATS			BENCH PRESS			DEADLIFT			TOTAL	COEF.
	LIFTER 'S NAMES	Nacion	weigth	1°	2°	3°	1°	2°	3°	1°	2°	3°		
	<b><u>53 kg</u></b>													
Jun	Angel Chávez/90	Ecu	52,6	155,0	165,0	175,0	50,0	60,0	67,5	-155,0	155,0	-170,0	397,5	385,4
	<b><u>59 kg</u></b>													
Open	Carlos García/80	Ven	57,5	230,0	237,5	245,0	155,0	162,5	167,5	225,0	235,0	245,0	657,5	584,5
Open	Franklin León/83	Ecu	58,9	225,0	240,0	247,5	157,5	165,0	170,0	210,0	220,0	-232,5	637,5	553,9
Open	Patrick Cuba Delgado/87	Peru	59,0	180,0	205,0	-225,0	117,5	130,0	-140,0	180,0	195,0	205,0	540,0	467,7
Jun	Anfora Rodrigo A/88	Arg	59,0	-160,0	160,0	-170,0	100,0	-105,0	110,0	185,0	-195,0	195,0	465,0	402,8
M1	Ieso Nagata/70	Brazil	56,9	-190,0	190,0	-195,0	115,0	-122,5	-122,5	-195,0	200,0	205,0	510,0	457,9
M4	Sardinez Oscar/40	Arg	56,1	-140,0	140,0	-167,5	35,0	0,0	0,0	-150,0	150,0	157,5	332,5	302,2

**66 kg**

Open	Eric Oishi/79	Brazil	65,4	275,0	290,0	300,0	175,0	-182,5	185,0	255,0	265,0	-270,0	750,0	593,3
Open	Lenin La Rosa/85	Ven	66,0	245,0	262,5	272,5	175,0	-185,0	185,0	245,0	260,0	267,5	725,0	570,0
Open	Villagra Sebastian/86	Arg	65,0	255,0	-265,0	-265,0	-175,0	175,0	182,5	-240,0	240,0	-250,0	677,5	538,7
Open	André Garcia/82	Brazil	65,9	235,0	-245,0	245,0	175,0	182,5	-187,5	220,0	227,5	-252,5	655,0	515,6
Open	Gabriel Quispe Loayza/81	Peru	65,3	-232,5	232,5	-245,0	-147,5	147,5	-155,0	215,0	-227,5	-230,0	595,0	471,4
Open	Pascual Ricardo/73	Arg	61,2	160,0	170,0	180,0	135,0	140,0	-145,0	-200,0	200,0	-210,0	520,0	435,7
Jun	Alex Ochoa/90	Ecu	65,0	205,0	220,0	232,5	125,0	132,5	140,0	205,0	220,0	230,0	602,5	479,1
Jun	Eduardo Mosquera/89	Ecu	64,9	207,5	225,0	-230,0	132,5	140,0	147,5	200,0	-215,0	-230,0	572,5	456,5
Jun	Guilherme Moreno Gadeas/89	Brazil	64,1	200,0	-207,5	207,5	125,0	140,0	-145,0	-200,0	200,0	220,0	567,5	457,2
Sub	Paulo Guilherme de Campos/94	Brazil	65,7	180,0	195,0	202,5	-120,0	120,0	132,5	175,0	190,0	-195,0	525,0	414,3
M1	Jorge Wanghon/67	Brazil	64,7	180,0	-200,0	200,0	110,0	-120,0	120,0	180,0	200,0	220,0	540,0	431,1
M1	Daniel Decia/70	Uru	63,5	195,0	202,5	-212,5	127,5	132,5	-137,5	185,0	195,0	202,5	537,5	436,0
M1	Pedro Tasaico/65	Peru	65,1	190,0	-200,0	-200,0	125,0	127,5	130,0	190,0	-200,0	200,0	520,0	413,0
M2	Carlos Palombo/56	Uru	65,5	190,0	-200,0	-200,0	110,0	-115,0	115,0	-200,0	200,0	-215,0	505,0	399,0
M2	Gimenez Pablino/60	Arg	63,5	175,0	187,5	195,0	95,0	105,0	110,0	160,0	-175,0	175,0	480,0	389,3
M3	JULIO CESAR CHURA/46	Peru	64,6	100,0	-120,0	120,0	100,0	-120,0	-120,0	135,0	140,0	145,0	365,0	291,7
M4	MATA,JOSE/41	Arg	63,2	120,0	130,0	-140,0	-70,0	75,0	-85,0	140,0	155,0	-170,0	360,0	293,6

**74 kg**

Open	Rafael Ramos/87	Brazil	73,5	270,0	285,0	-295,0	150,0	-162,5	-165,0	265,0	275,0	-277,5	710,0	513,2
Open	Miguel Curipoma/87	Ecu	72,8	260,0	-275,0	-275,0	155,0	162,5	167,5	260,0	270,0	275,0	702,5	511,3
Open	Oros Omar/87	Arg	72,6	-245,0	-245,0	265,0	170,0	180,0	187,5	230,0	-240,0	245,0	697,5	508,7
Open	Giovanni F. Medina/76	Peru	73,0	-260,0	-260,0	260,0	140,0	-150,0	150,0	250,0	-252,5	-262,5	660,0	479,9
Open	Ariel Arias	Arg	72,5	200,0	210,0	-220,0	-155,0	155,0	-160,0	210,0	225,0	-230,0	590,0	430,7
Jun	Jimenez Diego/89	Arg	73,3	252,5	265,0	-270,0	170,0	180,0	187,5	240,0	247,5	252,5	705,0	510,6
Sub	Marcos Paulo Oliveira/94	Brazil	67,7	165,0	175,0	200,0	90,0	100,0	112,5	195,0	215,0	227,5	540,0	415,4
Sub	BENTANCUR,ALEJANDRO/93	Arg	68,8	145,0	160,0	175,0	90,0	100,0	-105,0	160,0	175,0	-190,0	450,0	341,8
M1	Rivera Pablo/71	Arg	72,7	160,0	170,0	175,0	115,0	120,0	125,0	200,0	-210,0	-210,0	500,0	364,3
M2	João Pedroso da Rocha/57	Brazil	72,9	175,0	177,5	200,0	105,0	-115,0	115,0	170,0	180,0	-185,0	495,0	359,9
M2	Julio Ticona Nieto/59	Peru	73,2	150,0	160,0	-170,0	125,0	132,5	137,5	160,0	170,0	175,0	472,5	342,8
M2	Mario Blanco/59	Uru	66,4	150,0	-167,5	-167,5	80,0	-90,0	-95,0	165,0	172,5	-177,5	402,5	314,5

**83 kg**

Open	Jaider Espinoza/82	Ven	82,7	330,0	345,0	-352,5	-230,0	230,0	237,5	290,0	-300,0	300,0	882,5	590,3
Open	Marroquin Mauricio/75	Arg	82,0	275,0	290,0	295,0	235,0	245,0	250,0	295,0	-302,5	302,5	847,5	569,9
Open	Marcelo da Silva/84	Brazil	83,0	270,0	280,0	-290,0	220,0	230,0	-237,5	260,0	270,0	-282,5	780,0	520,7
Open	Dammert E. R. Romero/85	Peru	83,0	250,0	-270,0	272,5	-140,0	140,0	-150,0	260,0	-275,0	275,0	687,5	459,3
Open	Jose Castillo/86	Ecu	82,7	325,0	340,0	-355,0	210,0	222,5	-227,5	-290,0	-290,0	-290,0	Desc	Desc
Jun	Miranda Nicolas/91	Arg	81,5	250,0	270,0	-282,5	135,0	-152,5	152,5	270,0	287,5	300,0	722,5	487,6
Jun	Fernando Intriago/88	Ecu	81,3	247,5	-267,5	267,5	180,0	-187,5	-187,5	230,0	245,0	-260,0	692,5	468,1
Jun	Bruno de Vicenzo/88	Brazil	82,2	255,0	-265,0	-265,0	150,0	-165,0	165,0	230,0	-240,0	247,5	667,5	448,2
Jun	Enrique M Sanchez/88	Peru	81,5	235,0	245,0	-255,0	155,0	-165,0	-172,5	190,0	-205,0	-210,0	590,0	398,2
Jun	Pablo Read/89	Uru	82,5	200,0	220,0	-235,0	140,0	150,0	-155,0	-200,0	200,0	-220,0	570,0	381,8
M1	Sandro Ueno/67	Brazil	77,6	-230,0	230,0	250,0	170,0	180,0	185,0	220,0	230,0	-240,0	665,0	463,0
M1	Palomas Miguel/67	Arg	80,6	220,0	230,0	240,0	150,0	160,0	-170,0	220,0	230,0	-240,0	630,0	428,1
M1	Cesar A Bautista/70	Peru	81,2	145,0	165,0	-175,0	130,0	-140,0	-140,0	185,0	210,0	-225,0	505,0	341,6
M3	Olício dos Santos Filho/44	Brazil	82,8	170,0	190,0	215,0	115,0	-125,0	-125,0	260,0	-295,0	-295,0	590,0	394,4
M4	Dan Martin/40	Usa	80,6	105,0	145,0	-210,0	60,0	-75,0	75,0	-175,0	175,0	205,0	425,0	288,8



**93 kg**

Open	David Coimbra/83	Brazil	91,2	285,0	-305,0	307,5	197,5	210,0	215,0	290,0	310,0	317,5	840,0	532,7
Open	Cabezas Marcos/78	Arg	86,0	-240,0	240,0	250,0	160,0	170,0	-175,0	240,0	-252,5	-252,5	660,0	431,6
Jun	Jorge Prado V. Leite/91	Brazil	86,5	230,0	-255,0	255,0	145,0	155,0	-160,0	230,0	-255,0	-255,0	640,0	417,2
Jun	Gomez Leandro/90	Arg	84,6	200,0	210,0	-235,0	135,0	150,0	-155,0	200,0	-215,0	215,0	575,0	379,6
M1	Castaño Cesar/64	Arg	92,2	210,0	220,0	230,0	80,0	-90,0	90,0	230,0	240,0	250,0	570,0	359,6
M2	Aparecido da Silva/59	Brazil	85,4	220,0	-240,0	240,0	140,0	-155,0	155,0	200,0	215,0	225,0	620,0	407,1
M3	Julio Lezama/49	Uru	92,3	-200,0	-210,0	210,0	125,0	130,0	135,0	230,0	-240,0	0,0	575,0	362,5

**105 kg**

Open	José Mencias/87	Ven	104,4	330,0	350,0	-360,0	235,0	245,0	250,0	322,5	332,5	340,0	940,0	562,9
Open	Edgard Pérez/81	Ven	103,9	360,0	-372,5	-372,5	255,0	265,0	270,0	280,0	292,5	-302,5	922,5	553,3
Open	Lucero Martin/78	Arg	105,0	305,0	320,0	-325,0	225,0	-235,0	-235,0	300,0	-315,0	-315,0	845,0	505,0
Open	Jefferson Cuaglio/76	Brazil	103,7	320,0	-330,0	330,0	210,0	-225,0	-225,0	270,0	290,0	-305,0	830,0	498,2
Jun	Soria facundo/91	Arg	104,3	280,0	290,0	-300,0	200,0	210,0	-217,5	255,0	265,0	272,5	772,5	462,7
Jun	Edison Santos /88	Ecu	98,8	275,0	285,0	-292,5	195,0	205,0	215,0	245,0	260,0	-270,0	760,0	464,8
Jun	Raul Dantas/91	Brazil	103,5	265,0	285,0	300,0	-170,0	170,0	-200,0	240,0	260,0	-292,5	730,0	438,4
Jun	Agustin Canepa/91	Uru	97,2	250,0	-270,0	-270,0	100,0	0,0	0,0	245,0	260,0	267,5	617,5	380,3
M1	Barrionuevo Enrique/68	Arg	102,2	220,0	240,0	-250,0	-160,0	160,0	175,0	200,0	230,0	-240,0	645,0	389,3
M1	Eduardo Rodriguez/62	Uru	98,8	170,0	-190,0	0,0	130,0	140,0	-145,0	160,0	180,0	0,0	490,0	299,7
M2	Alessio Roberto/58	Arg	103,9	-240,0	250,0	270,0	120,0	150,0	-160,0	235,0	250,0	-270,0	670,0	401,9
M2	Daniel Giacobone	Arg	102,1	220,0	230,0	-240,0	150,0	-155,0	155,0	-220,0	220,0	230,0	615,0	371,3
M3	Bill Helmich/42	Usa	102,4	185,0	195,0	-200,0	130,0	140,0	147,5	235,0	245,0	250,0	592,5	357,3

**120 kg**

Open	Miguel Pérez/83	Ven	118,5	365,0	390,0	-405,0	220,0	-225,0	-240,0	325,0	340,0	350,0	960,0	553,5
Open	Claudemiro Batista/70 (master)	Brazil	118,9	330,0	345,0	-352,5	170,0	-185,0	190,0	310,0	330,0	-340,0	865,0	498,4
Open	Heber Sena/73	Uru	108,5	275,0	-295,0	297,5	-185,0	190,0	-200,0	275,0	-282,5	282,5	770,0	455,1
Open	Maidana claudio/72	Arg	110,7	-295,0	295,0	-310,0	190,0	-200,0	-202,5	260,0	-270,0	-277,5	745,0	437,6
Jun	Romel Salgado/89	Ecu	112,5	315,0	-330,0	-340,0	185,0	192,5	197,5	240,0	250,0	255,0	767,5	448,7
Jun	Renato Rosa/88	Brazil	116,4	300,0	315,0	-320,0	160,0	170,0	175,0	250,0	-272,5	-280,0	740,0	428,6
M1	Francisco Teles/68	Brazil	109,3	-310,0	310,0	-320,0	165,0	-175,0	180,0	235,0	250,0	262,5	752,5	443,7
M1	GOMEZ, Horacio/63	Arg	113,8	300,0	-315,0	320,0	120,0	135,0	150,0	240,0	-260,0	-285,0	710,0	413,7
M2	Curtis Wainright/54	Usa	117,6	237,5	247,5	257,5	170,0	180,0	185,0	230,0	237,5	242,5	685,0	395,7

**120 kg +**

Open	Eumenes L. Sousa Junior/72	Brazil	162,6	350,0	-370,0	-380,0	230,0	245,0	-255,0	260,0	280,0	-300,0	875,0	478,5
M1	Julio Cesar Conrado/65	Brazil	122,5	300,0	315,0	-320,0	170,0	-177,5	0,0	230,0	-240,0	0,0	715,0	409,2

**Mejor Atleta Open**

1	Eric Oishi/79	Brazil	593,3
2	Jaider Espinoza/82	Ven	590,3
3	Carlos García/80	Ven	584,5

**Mejor Atleta Junior**

1	Jimenez Diego/89	Arg	510,6
2	Miranda Nicolas/91	Arg	487,6
3	Alex Ochoa/90	Ecu	479,1

**Mejor Atleta Subjunior**

1	Marcos Paulo Oliveira/94	Brazil	415,4
2	Paulo Guilherme de Campos/94	Brazil	414,3
3	Bentancur Alejandro/93	Arg	341,8

**Mejor Atleta Master 1**

1	Sandro Ueno/67	Brazil	463,0
2	Ieso Nagata/70	Brazil	457,9
3	Francisco Teles/68	Brazil	443,7

**Mejor Atleta Master 2**

1	Aparecido da Silva/59	Brazil	407,1
2	Alessio Roberto/58	Arg	401,9
3	Carlos Palombo/56	Uru	399,0

**Mejor Atleta Master 3**

1	Olício dos Santos Filho/44	Brazil	394,4
2	Julio Lezama/49	Uru	362,5
3	Bill Helmich/42	Usa	357,3

**Mejor Atleta Master 4**

1	Sardinez Oscar/40	Arg	302,2
2	Mata Jose/41	Arg	293,6
3	Dan Martin/40	Usa	288,8

**Mejor Equipo Open**

Venezuela	66,0
Brasil	65,0
Argentina	49,0
Peru	28,0
Ecuador	18,0

**Mejor Equipo Junior**

Ecuador	66,0
Argentina	63,0
Brasil	61,0
Uruguay	13,0
Peru	7,0

**Mejor Equipo Master**

Brasil	72,0
Argentina	72,0
Uruguay	50,0
Peru	37,0
Usa	36,0