

RECORDS NACIONALES EQUIPADO - Noviembre 2023

CABALLEROS OPEN

SENTADILLA

59,0			200,0	
66,0	Villagra Sebastian/86	Ultramar	290,0	3-nov-19
74,0	Jimenez Diego/89	CRDM	300,0	17-sep-19
83,0	Guaquin Adrian/90	Bs As Formas	325,0	10-sep-17
93,0			290,0	
105,0	Lucero Martin/78	CRD	320,0	4-jun-11
120,0	Lucero Martin/78	CRD	340,0	16-ago-12
120+			350,0	

FUERZA EN BANCO

59,0			117,5	
66,0	Villagra Sebastian/86	Ultramar	200,0	12-oct-13
74,0	Jimenez Diego/89	Bs As Formas	212,5	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	250,0	17-ago-11
93,0	Ayala Federico/85	Dimaro	182,5	17-dic-16
105,0	Lucero Martin/78	CRD	230,0	4-jun-11
120,0	Lucero Martin/78	CRD	240,0	16-ago-12
120+			210,0	

DESPEGUE

59,0			200,0	
66,0	Villagra Sebastian/86	Ultramar	252,5	16-ago-12
74,0	Jimenez Diego/89	Bs As Formas	282,5	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	302,5	17-ago-11
93,0			290,0	
105,0	Lucero Martin/78	CRD	325,0	4-jun-11
120,0			340,0	
120+			350,0	

TOTAL

59,0			470,0	
66,0	Villagra Sebastian/86	Ultramar	707,5	12-oct-13
74,0	Jimenez Diego/89	Bs As Formas	775,0	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	847,5	17-ago-11
93,0	Olivera Alejandro/91	Iron World	695,0	20-sep-16
105,0	Lucero Martin/78	CRD	875,0	4-jun-11
120,0	Lucero Martin/78	CRD	895,0	16-ago-12
120+			880,0	

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59,0			117,5	
66,0	Villagra Sebastian/86	Ultramar	200,0	12-oct-13
74,0	Jimenez Diego/89	Bs As Formas	212,5	10-sep-17
83,0	Marroquin Mauricio/75	El Solar	250,0	17-ago-11
93,0	Flego Branko	Alfa	211,0	8-oct-11
105,0	Lucero Martin/78	CRD	230,0	4-jun-11
120,0	Lucero Martin/78	CRD	240,0	16-ago-12
120+	Ayala Federico/85	Dimaro	230,0	7-oct-18

CABALLEROS JUNIOR		Equipado		
SENTADILLA				
53			165,0	
59			180,0	
66	Castillo Guillermo/98	Norte	210,0	1-nov-19
74	Jimenez Diego/89	El Solar	265,0	4-jun-11
83	Miranda Nicolas/91	M.E.F	270,0	17-ago-11
93	Gallardo Federico/95	Grecos	251,0	10-sep-17
105	Soria Facundo/91	Soria	290,0	17-ago-11
120			275,0	
120+			280,0	
FUERZA EN BANCO				
53			95,0	
59	Anfora Rodrigo A/88	Estilo gym	110,0	17-ago-11
66	Castillo Guillermo/98	Norte	157,5	1-nov-19
74	Jimenez Diego/89	El Solar	202,5	13-oct-12
83	Miranda Nicolas/91	M.E.F	152,5	17-ago-11
93	Gallardo Federico/95	Grecos	170,0	10-sep-17
105	Soria Facundo/91	Soria	210,0	17-sep-11
120			190,0	
120+			195,0	
DESPEGUE				
53			165,0	
59	Anfora Rodrigo A/88	Estilo gym	195,0	4-jun-11
66	Castillo Guillermo/98	Norte	235,0	1-nov-19
74	Jimenez Diego/89	El Solar	260,0	14-oct-12
83	Miranda Nicolas/91	M.E.F	300,0	17-ago-11
93			250,0	
105	Soria Facundo/91	Soria	272,5	17-ago-11
120			275,0	
120+			280,0	
TOTAL				
53			385,0	
59	Anfora Rodrigo A/88	Estilo gym	465,0	17-ago-11
66	Castillo Guillermo/98	Norte	602,5	1-nov-19
74	Jimenez Diego/89	El Solar	715,0	14-oct-12
83	Miranda Nicolas/91	M.E.F	772,5	17-ago-11
93	Gallardo Federico/95	Grecos	656,0	10-sep-17
105	Soria Facundo/91	Soria	772,5	17-ago-11
120			705,0	
120+			720,0	
FUERZA EN BANCO SIMPLE LEVANTAMIENTO				
53			95,0	
59	Ezequiel San Vitale/	Fierros Viejos	115,0	8-oct-11
66	Castillo Guillermo/98	Norte	157,5	1-nov-19
74	Jimenez Diego/89	El Solar	202,5	14-oct-12
83	Miranda Nicolas/91	M.E.F	152,5	17-ago-11
93	Barrionuevo, Emiliano	Vulcano	190,0	8-oct-11
105	Soria Facundo/91	Soria	210,0	17-sep-11
120			190,0	
120+			195,0	

CABALLEROS SUBJUNIOR		Equipado	
SENTADILLA			
53			145,0
59			160,0
66			170,0
74			185,0
83	Vespa Gino/05	CUBB	235,0 2-nov-23
93	Vespa Gino/05	CUBB	235,0 6-sep-23
105			230,0
120			235,0
120+			240,0
FUERZA EN BANCO			
53			82,5
59			95,0
66			110,0
74			115,0
83	Vespa Gino/05	CUBB	135,0 2-nov-23
93	Vespa Gino/05	CUBB	140,0 6-sep-23
105			155,0
120			165,0
120+			170,0
DESPEGUE			
53			145,0
59			160,0
66			170,0
74	Bentancur Alejandro/93	Vulcano	187,5 18-sep-11
83	Vespa Gino/05	CUBB	230,0 2-nov-23
93	Vespa Gino/05	CUBB	237,5 6-sep-23
105			230,0
120			235,0
120+			240,0
TOTAL			
53			335,0
59			370,0
66			405,0
74	Bentancur Alejandro/93		457,5 18-sep-11
83	Vespa Gino/05	CUBB	600,0 2-nov-23
93	Vespa Gino/05	CUBB	612,5 6-sep-23
105			590,0
120			605,0
120+			620,0
FUERZA EN BANCO SIMPLE LEVANTAMIENTO			
53			82,5
59			95,0
66			110,0
74			115,0
83	Vespa Gino/05	CUBB	135,0 2-nov-23
93	Vespa Gino/05	CUBB	140,0 6-sep-23
105			155,0
120			165,0
120+			170,0

CABALLEROS MASTER 1 Equipado**SENTADILLA**

59			180,0	
66	Gimenez Pablino/60	C.Reg.Corr	195,5	14-oct-12
74	Burgos Carlos/64	CRC	225,0	6-sep-23
83	Palomas Miguel/67	Grecos	255,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	270,0	14-oct-12
105	Alessio Roberto/58	Toro Competicion	305,5	8-nov-14
120	Gomez Horacio/63	C.Reg.Corr	345,0	18-sep-15
120+	Gomez Horacio/63	Fitness 2000	320,0	21-jun-14

FUERZA EN BANCO

59			110,0	
66	Inguanti Jose/63	Dimaro	160,0	4-jun-11
74	Inguanti Jose/63	Dimaro	205,0	14-oct-12
83	Palomas Miguel/67	Grecos	170,5	15-nov-15
93			160,0	
105	Pagano Claudio/61	Dimaro	185,5	7-dic-13
120			190,0	
120+			195,0	

DESPEGUE

59			180,0	
66	Pascual Ricardo/73	Orion	215,0	11-nov-22
74	Burgos Carlos/64	Regatas Corr	268,0	2-nov-23
83	Palomas Miguel/67	Grecos	260,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	265,0	17-nov-12
105	Alessio Roberto/58	Toro Competicion	271,0	24-nov-13
120	Gomez Horacio/63	C.Reg.Corr	280,0	6-sep-14
120+			280,0	

TOTAL

59			430,0	
66	Pascual Ricardo/73	Orion	530,0	11-nov-22
74	Burgos Carlos/64	CRC	613,0	2-nov-23
83	Palomas Miguel/67	Grecos	655,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	655,5	14-oct-12
105	Alessio Roberto/58	Toro Competicion	731,0	24-nov-13
120	Gomez Horacio/63	C.Reg.Corr	800,0	6-sep-14
120+	Gomez Horacio/63	Fitness 2000	755,0	21-jun-14

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59			110,0	
66	Inguanti Jose/63	Dimaro	175,0	8-oct-11
74	Inguanti Jose/63	Dimaro	205,0	14-oct-12
83	Mendoza Marcelo/77	Olimpic Gym	185,0	10-sep-17
93	Mendoza Marcelo/77	Olimpic Gym	197,5	9-dic-17
105	Heiland Nestor/70	New Life	200,0	11-oct-15
120	Szczygol, Marcelo/67	New Life	240,0	11-dic-14
120+			195,0	

CABALLEROS MASTER 2 Equipado

SENTADILLA

59	Sardinez Oscar/42	Grecos	160,0	12-sep-13
66	Gimenez Pablino/60	C.Reg.Corr	195,5	14-oct-12
74	Burgos Carlos/64	CRC	225,0	6-sep-23
83	Palomas Miguel/67	Grecos	255,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	270,0	14-oct-12
105	Alessio Roberto/58	Toro Competicion	305,5	8-nov-14
120	Gomez Horacio/63	CRC	345,0	18-sep-15
120+	Gomez Horacio/63	Fitness 2000	320,0	21-jun-14

FUERZA EN BANCO

59			80,0	
66	Gimenez Pablino/60	C.Reg.Corr	111,0	12-oct-13
74	Inguanti Jose/63	Dimaro	190,0	12-sep-13
83	Palomas Miguel/67	Grecos	155,0	7-oct-18
93	Pagano Claudio/61	Dimaro	170,0	6-nov-16
105	Pagano Claudio/61	Dimaro	185,5	7-dic-13
120	Gomez Horacio/63	CRC	180,0	6-sep-14
120+	Fasano Miguel/68	Toro Competicion	177,5	11-nov-22

DESPEGUE

59	Avolio Alberto/64	Toro Competicion	176,0	2-nov-23
66	Avolio Alberto/64	Bs As Formas	195,0	10-oct-17
74	Burgos Carlos/64	Regatas Corr	268,0	2-nov-23
83	Palomas Miguel/67	Grecos	260,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	265,0	17-nov-12
105	Alessio Roberto/58	Toro Competicion	271,0	24-nov-13
120	Gomez Horacio/63	CRC	280,0	6-sep-14
120+	Fasano Miguel/68	Toro Competicion	267,5	11-nov-22

TOTAL

59	Sardinez Oscar/42	Grecos	370,5	12-sep-13
66	Gimenez Pablino/60	C.Reg.Corr	481,0	14-oct-12
74	Burgos Carlos/64	CRC	613,0	2-nov-23
83	Palomas Miguel/67	Grecos	655,0	10-sep-17
93	Alessio Roberto/58	Toro Competicion	655,5	14-oct-12
105	Alessio Roberto/58	Toro Competicion	731,0	24-nov-13
120	Gomez Horacio/63	CRC	800,0	6-sep-14
120+	Gomez Horacio/63	Fitness 2000	755,0	21-jun-14

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59			80,0	
66	Gimenez Pablino/60	C.Reg.Corr	110,0	17-ago-11
74	Inguanti Jose/63	Dimaro	197,5	23-nov-13
83	Palomas Miguel/67	Grecos	155,0	7-oct-18
93	Pagano Claudio/61	Dimaro	185,0	17-nov-12
105	Encina Ricardo/64	Cepar	196,0	15-nov-15
120	Szczygol Marcelo/67	New Life	215,0	2-nov-23
120+	Fasano Miguel/68	Toro Competicion	177,5	11-nov-22

CABALLEROS MASTER 3 Equipado

SENTADILLA

59	Sardinez Oscar/42	Grecos	160,0	12-sep-13
66			150,0	
74	Hernandez Oscar/46	CUBB	170,0	4-jun-11
83	Lemarchand Alejandro/61	CUBB	185,0	11-nov-22
93			190,0	
105			200,0	
120			210,0	
120+			220,0	

FUERZA EN BANCO

59			70,0	
66			80,0	
74			105,0	
83			120,0	
93			125,0	
105			130,0	
120			140,0	
120+			150,0	

DESPEGUE

59	Sardinez Oscar/42	Grecos	170,5	12-sep-13
66			150,0	
74	Hernandez Oscar/46	CUBB	232,5	4-jun-11
83	Hernandez Oscar/46	Bushido	226,0	12-oct-13
93	Alessio Roberto/58	Toro Competicion	225,0	17-sep-19
105			200,0	
120	Gomez Horacio/63	CRC	210,0	2-nov-23
120+	Fasano Miguel/68	Toro Competicion	235,0	2-nov-23

TOTAL

59	Sardinez Oscar/42	Grecos	370,5	12-sep-13
66			355,0	
74	Hernandez Oscar/46	CUBB	495,0	4-jun-11
83	Hernandez Oscar/46	Bushido	493,5	12-oct-13
93	Alessio Roberto/58	Toro Competicion	475,0	17-sep-19
105			510,0	
120			540,0	
120+			560,0	

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59			70,0	
66			80,0	
74			105,0	
83			120,0	
93	Pagano Claudio/61	Dimaro	145,0	11-nov-22
105			130,0	
120			140,0	
120+			150,0	

CABALLEROS MASTER 4 Equipado

SENTADILLA

59	Sardinez Oscar/42	Grecos	167,5	21-jun-14
66	Sardinez Oscar/40	Grecos	167,5	6-jul-13
74	Gambeta Jorge	Bs As Formas	150,0	11-oct-15
83	Hernandez Oscar/46	Bushido	165,0	20-ago-16
93			130,0	
105			135,0	
120			140,0	
120+			145,0	

FUERZA EN BANCO

59			60,0	
66	MATA, JOSE/41	Vulcano	85,0	4-jun-11
74			80,0	
83			100,0	
93			110,0	
105			120,0	
120			130,0	
120+			140,0	

DESPEGUE

59	Sardinez Oscar/40	Grecos	180,0	21-jun-14
66	Sardinez Oscar/40	Grecos	177,5	6-jul-13
74	Hernandez Oscar/46	Bushido	180,0	11-nov-22
83	Hernandez Oscar/46	Bushido	210,0	20-ago-16
93			130,0	
105			135,0	
120			140,0	
120+			145,0	

TOTAL

59	Sardinez Oscar/40	Grecos	387,5	21-jun-14
66	Sardinez Oscar/40	Grecos	385,0	6-jul-13
74	Gambeta Jorge	Bs As Formas	385,0	11-oct-15
83	Hernandez Oscar/46	Bushido	455,0	20-ago-16
93			335,0	
105			360,0	
120			390,0	
120+			410,0	

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59			60,0	
66	MATA, JOSE/41	Vulcano	85,0	4-jun-11
74			80,0	
83			100,0	
93			110,0	
105			120,0	
120			130,0	
120+			140,0	